



Fibroplex® Plus

**Powerful Support for Energy Metabolism
and Muscle Tenderness♦**



Patient Benefits

- ▶ Fibroplex Plus is a highly specialized formula that provides nutrition for soft tissues in those with muscle tenderness and discomfort.♦
- ▶ Delivers a blend of specific vitamins, minerals, and amino acids to support healthy cellular energy production and muscular and nervous system function.♦
 - Features magnesium glycinate—our fully reacted magnesium amino acid chelate designed to maximize absorption and reduce the likelihood of GI discomfort.♦
(In the U.S., nearly 70% of adults have magnesium intakes below the recommended levels.)
 - Provides an extensive range of targeted nutrients including taurine, L-glutamine, L-carnitine, calcium, potassium, and malic acid.♦
- ▶ Delicious citrus fruit punch flavor in a convenient powdered form enhances patient compliance.



Our best-selling professional formula from Australia is now available in the U.S. —exclusively through Metagenics!

How Fibroplex Plus Can Help Your Patients



Fibroplex Plus features a blend of key nutrients that support cellular energy production and mitochondrial function with just 1 serving daily!♦

Mitochondria are structures found in muscle tissue that are often referred to as the “powerhouses” of cells due to their role in the production of adenosine triphosphate (ATP)—the molecule that is the source of energy for most metabolic processes.

In order for mitochondria to produce ATP and create energy, specific nutrients are required. Deficiencies or imbalances in these nutrients may contribute to an accumulation of lactic acid as the result of even basic, everyday activities, frequently leading to muscle tenderness and discomfort.

“I was first exposed to this formula during my teachings throughout Australia and New Zealand, where practitioners repeatedly praised its effectiveness in addressing elevated levels of stress, anxiety, and minor pain.

After testing it in my own practice, I was so pleased with the results that I suggested that Metagenics consider its production in North America, so practitioners here have the opportunity to integrate the formula into their protocols when addressing muscle tenderness and discomfort.

I highly recommend Fibroplex Plus.”

— Kristi Hughes, ND

Key Nutrients for Fatigue and Muscle Tenderness

- ▶ **Magnesium** supports multiple aspects of energy production, including ATP synthesis.♦
- ▶ **L-Carnitine** supports transport of fat into the mitochondria for energy production.♦
- ▶ **L-Glutamine** is a vital metabolic fuel.♦
- ▶ **Malic acid** supports continuity of the Krebs’s cycle of energy production.♦

Formula

One Scoop Supplies:

Calories 45, Total Carbohydrate 7 g, Protein 4 g, Vitamin C (as ascorbic acid) 300 mg, Thiamin (as thiamin mononitrate) 30 mg, Riboflavin 1.9 mg, Niacin (as niacinamide) 50 mg, Vitamin B₆ (as pyridoxine HCl) 50 mg, Folate (as folic acid) 150 mcg, Vitamin B₁₂ (as cyanocobalamin) 150 mcg, Calcium (as dicalcium phosphate) 62 mg, Phosphorus (as dicalcium and dipotassium phosphate) 70 mg, Iodine 9 mcg, Magnesium (as magnesium glycinate¹) 300 mg, Selenium (as selenomethionine) 25 mcg, Chromium (as chromium polynicotinate) 50 mcg, Potassium (as dipotassium phosphate) 55 mg, Malic Acid 760 mg, Taurine 600 mg, L-Glutamine 500 mg, L-Carnitine 100 mg

Other Ingredients: Fructose, citric acid, natural flavors, silica, natural raspberry flavor, natural strawberry flavor, and beet powder (color).

Recommendations: Blend, shake, or briskly stir 1 level scoop (13 g) into 4-6 oz of chilled water.

Form: 9.6 oz. (273 g) Powder Container (Citrus Fruit Punch) (21 servings)

Serving Size: 1 scoop (13 g)

¹U.S. Patent No. 5,516,925 **Albion**®.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Genetic Potential Through Nutrition

www.metagenics.com

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MET1490 6/07 Rev 2/09

These certifications for Good Manufacturing Practices demonstrate the Metagenics commitment to purity and quality.