

PROFESSIONAL INFORMATION

SCHEDULING STATUS: **S0**

Category D: Complementary medicine.

Discipline: Discipline Specific

33.7 Combination Product

PROPRIETARY NAME, STRENGTH, PHARMACEUTICAL FORM –

CITRICIDAL PLUS, 100 Capsules

COMPOSITION

Each one (1) capsule of CITRICIDAL PLUS contains the following actives:

| | |
|---|--------|
| Citricidal® standardized extract of Grapefruit (<i>Citrus paraisii</i>) [Seed and Pulp Extract] | 375 mg |
| Artemisia annua (Chinese wormwood) | 375 mg |
| Berberine HCL (<i>Berberis aristata</i>) | 75 mg |

Inactive Ingredients: : Hydroxypropyl methylcellulose and magnesium stearate.

This product is suitable for Vegetarians and non-GMO. (Sugar Free)

PHARMACOLOGICAL CLASSIFICATION

Complementary Medicine

INDICATION & PHARMACOLOGICAL ACTION

CITRICIDAL PLUS contributes to the microbial balance in the body organs and tissues, supports a healthy immune system and aids in digestion.



These are all very serious effects. If you have them, you may have had a serious reaction to **CITRICIDAL PLUS**. You may need urgent medical attention or hospitalisation.

Side effects that usually do not require medical attention (report to your healthcare professional if they continue):

- nausea/vomiting, constipation, loss of appetite, mental/mood changes, unusual tiredness.

These are all very serious effects. If you have them, you may have had a serious reaction to **CITRICIDAL PLUS**. You may need urgent medical attention or hospitalisation.

Seek advice from a healthcare professional if you have any medical condition. Discontinue use immediately should any adverse reaction occur.

Read this leaflet carefully because it contains important information for you. This product is available without a doctor's prescription.

- Keep this leaflet. You may need to read it again.
- Do not share medication with any other person.
- Ask your pharmacist if you need more information or advice.
- You must consult a doctor should your condition worsen or does not improve.

DO NOT USE THIS PRODUCT:

- If you are hypersensitive (allergic) to any of the ingredients listed.
- Do not accept this package if seals are broken.

INTERACTIONS

Always tell your healthcare professional if you are taking any other medicine. It is possible that exposure of certain supplement ingredients may interfere with certain medications. (See **Warnings & Special precautions**)

DOSAGE AND DIRECTIONS FOR USE

Adults: Take two (2) capsules, one to two times daily or as directed by your healthcare practitioner.

Do not take more than the recommended dose.

SIDE EFFECTS

Should your general health worsen, or if you experience any untoward effects while being exposed to this product, please consult your doctor, pharmacist or other healthcare professional for advice.

KNOWN SYMPTOMS OF OVER DOSAGE AND PARTICULARS OF ITS TREATMENT

See side-effects.

Treatment:

Discontinue use and consult your doctor, pharmacist or other healthcare professional for advice.

STORAGE INSTRUCTION

Store in a cool, dark place, below 25 °C.

Protect from direct sunlight and heat.

Store in the original bottle.

Keep the bottle tightly closed.

Replace the protective cap after each use.

Do not use after the expiry date stated on the bottle.

Do not use **CITRICIDAL PLUS** if you notice visible signs of deterioration.

IDENTIFICATION

Capsule.

PRESENTATION

A white 250 ml HDPE bottle with a white cap, induction seal, tamper shrink seal, wadding and silica gel sachet.

REGISTRATION NUMBER

To be allocated by SAHPRA upon registration.

This medicine has not been evaluated by SAHPRA for quality, safety, or intended use.

NAME AND BUSINESS ADDRESS OF APPLICANT

Distributed by:

Amipro Advanced Development Products (Pty) Ltd

Unit 3, Eastgate Business Park, 1 South Road, Eastgate Extension,

Sandton, 2146

Tel: 011-802-8101

DATE OF PUBLICATION

To be allocated by the regulatory authority.

| Ingredients | Uses for ingredient |
|------------------------------------|---|
| Citricidal® | Contains bioactive compounds which are associated with therapeutic properties including antiallergic, antiatherogenic, anti-inflammatory, antimicrobial, anticarcinogenic, antithrombotic, cardioprotective, and vasodilatory effects |
| Artemisia annua (Chinese wormwood) | Artemisia annua is also described to have anti-hyperlipidemic, anti-plasmodial, anti-convulsant, anti-inflammatory, anti-microbial, anti-cholesterolemic and antiviral properties |
| Berberine HCL (Berberis aristata) | Berberine has been shown to assist with lowering blood sugar, assist with weight loss, and improve heart health. |

CONTRA INDICATIONS:

If you are taking any chronic medication, do not use this product without consulting your healthcare professional. Do not take **CITRICIDAL PLUS** if you are hypersensitive (allergic) to any of the ingredients. If you have allergies, be sure to check with your healthcare professional before taking this supplement. Wormwood that contains thujone. Thujone can cause seizures, kidney failure, vomiting, and other serious side effects. **Allergy to ragweed and related plants:** Wormwood may cause an allergic reaction in people who are sensitive to the Asteraceae/Compositae family. Members of this family include ragweed, chrysanthemums, marigolds, daisies. Avoid use if you have this allergy.

WARNING AND SPECIAL PRECAUTIONS

Should you have any of the following diagnosed conditions, consult with your healthcare professional before use: : heart muscle disorder (cardiomyopathy), Hormone sensitive cancers and conditions, Irregular heartbeat, Postmenopausal adults, A rare inherited blood condition called porphyria, Kidney disorders, Seizure disorders, including epilepsy, High bilirubin levels in the blood. If you are taking the following medication, please consult with your healthcare practitioner before taking: Artemether (Arteman, Paluther), Busiprone (BuSpar), Carbamazepine (Tegretol), Carvedilol (Coreg), Estrogen, high blood pressure (Calcium channel blockers), Quinidine, Sedative medications (Benzodiazepines), Methadone (Dolophine), Medications used for lowering cholesterol (Statins), Caffeine, Warfarin (Coumadin), Medications used to prevent seizures (Anticonvulsants), Sedative medications (CNS depressants). If you are taking the following medication, please consult with your healthcare professional before taking: digoxin, sodium polystyrene sulfonate, tetracycline/quinolone antibiotics (such as tetracycline, ciprofloxacin). If any of the following happens, stop using **CITRICIDAL PLUS** and tell your doctor or go to the casualty department at your nearest hospital:

- Allergic reactions— rash, itching/swelling (especially of the face/tongue/throat), severe dizziness, trouble breathing;

PROFESSIONELE INLIGTINGSBLAD

SKEDULERINGSSTATUS: S0

Kategorie D: Komplementêre medisyne.

Dissipline: Dissipline Spesifiek

33.7 Kombinasie produk

HANDELSNAAM EN DOSEERVORM,

CITRICIDAL PLUS, 100 kapsules

SAMESTELING

Elke (1) kapsule CITRICIDAL PLUS bevat die volgende aktiewe stowwe:

| | |
|--|--------|
| Sitroedodende* gestandaardiseerde uittreksel van pomelo (<i>Citrus parasisi</i>) [Saa- en pulpekstrak] | 375 mg |
| Artemesia annua (<i>Chinese als</i>) | 375 mg |
| Berberien HCL (<i>Berberis aristata</i>) | 75 mg |

Onaktiewe bestanddele: Hydroxypropyl methylcellulose en magnesium stearaat.

Hierdie produk is geskik vir vegetariërs en nie-GGO. (Suikervry)

FARMAKOLOGIESE KLASSIFIKASIE

Komplementêre medisyne

AANDUIDING EN FARMAKOLOGIESE WERKING

CITRICIDAL PLUS dra by tot die mikrobiële balans in die liggaamsorgane en weefsels, ondersteun 'n gesonde immuunstelsel en help met vertering.

Dit is alles baie ernstige gevolge. As jy dit het, het jy dalk 'n ernstige reaksie op **CITRICIDAL PLUS** gehad. Jy sal dalk dringende mediese hulp of hospitalisasie nodig hê.

Neuwe-effekte wat gewoonlik nie mediese hulp benodig nie (rapporteer aan jou gesondheidsorgpraktisyn as hulle voortduur):

- naarheid / braking, hardlywigheid, verlies aan eetlus, geestelike / gemoedsveranderinge, ongewone moegheid.

Dit is alles baie ernstige gevolge. As u dit het, het u moontlik 'n ernstige reaksie op **CITRICIDAL PLUS** gehad. Miskien het u dringende mediese hulp of hospitalisasie nodig.

Raadpleeg 'n gesondheidsorgpraktisyn as u enige mediese toestand het. Staak gebruik onmiddellik indien enige nadelige reaksie plaasvind. Lees hierdie inligtingsblad aandagtig deur, want dit bevat belangrike inligting vir u. Hierdie produk is beskikbaar sonder doktersvoorskrif.

- Hou hierdie inligtingsblad. Miskien moet u dit weer lees.
- Moenie medisyne met enige ander persoon deel nie.
- Vra jou apteker of jy meer inligting of advies benodig.
- Jy moet 'n dokter raadpleeg indien jou toestand vererger of nie verbeter nie.

MOENIE HIERDIE PRODUK GEBRUIK NIE:

- As jy hipersensitief (allergies) is vir enige van die bestanddele wat gelys word.
- Jy moet nie hierdie produk aanvaar as seëls gebreek word nie.

INTERAKSIE

Vertel altyd jou gesondheidsorgpraktisyn as jy enige ander medisyne gebruik. Dit is moontlik dat blootstelling van sekere aanvallingsbestanddele met sekere medisyne 'n interaksie mag hê. (Sien **Waarskuwings en Spesiale voorsorgmaatreëls**)

DOSIS EN AANWYSYNGS VIR GEBRUIK

Volwasse: Neem twee (2) kapsules, een tot twee keer per dag of soos voorgeskryf deur jou gesondheidsorgpraktisyn

Moenie meer as die aanbevole dosis neem nie.

NEWE-EFFEKTE

Indien jou algemene gesondheid vererger of as jy enige nadelige effekte ervaar tydens die gebruik van hierdie medisyne, raadpleeg asseblief jou dokter, apteker of ander gesondheidsorgpraktisyn vir raad. As jy enige nuwe-effekte sien wat nie in hierdie inligtingsblad genoem word nie, stel asseblief jou dokter, apteker of gesondheidsorgpraktisyn in kennis.

BEKENE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN

Sien nuwe-effekte.

Behandeling:

Staak gebruik en raadpleeg jou dokter, apteker of ander gesondheidsorgpraktisyn vir advies.

BERGING INSTRUKSIE

Bêre in 'n koel, donker plek, onder 25 °C.

Beskerm teen direkte sonlig en hitte.

Bêre n die oorspronklike bottel.

Hou die bottel styf toe.

Vervang die beskermerende dop na elke gebruik.

Moet nie gebruik word na die vervaldatum wat op die bottel aangedui word nie.

Moenie **CITRICIDAL PLUS** gebruik as u sigbare tekens van agteruitgang opmerk nie.

IDENTIFIKASIE

Kapsule.

AANBIEDING

'n Wit 250 ml HDPE-bottel met 'n wit dop, induksieseël, peuterkrimpseël, spons en silikagakkakke.

REGISTRASIE NOMMER

Om by registrasie deur SAHPRA toegeken te word.

Hierdie medisyne is nie deur SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie.

NAAM EN BESIGHEIDSADRES VAN APPLIKANT

Versprei deur: Amipro Advanced Development Products (Pty) Ltd
Unit 3, Eastgate Business Park, 1 South Road,
Eastgate Extension,
Sandton, 2146,
Tel: 011- 802-8101

DATUM VAN PUBLIKASIE

Om deur die regulerende owerheid toegeken te word.

| Bestanddele | Gebruik vir bestanddeel |
|-----------------------------------|---|
| Sitroedodend* | Bevat bioaktiewe verbindings wat geassosieer word met terapeutiese eienskappe, insluitend anti-allergene, anti-atroge, anti-inflammatoriese, antimikrobiese, antikarsinogene, antitumorotiese, kardiobeskermerende en vasodilerende effekte |
| Artemesia annua (Chinese als) | Artemesia annua word ook beskryf as anti-hiperlipidemiese, anti-plasmodiale, anti-convulsiewe, anti-inflammatoriese, antimikrobiese, anti-cholesterolemiese en antivirale eienskappe |
| Berberien HCL (Berberis aristata) | Daar is getoon dat berberien help met die verlag van bloedsuiker, help met gewigsverlies en die verbetering van hartgesondheid. |

KONTRA-INDIKASIE:

As jy enige chroniese medisyne neem, moenie hierdie produk gebruik sonder om jou gesondheidsorgpraktisyn te raadpleeg nie. Moenie **CITRICIDAL PLUS** neem as jy hipersensitief (allergies) is vir enige van die bestanddele nie. As jy allergieë het, maak seker dat jy met jou gesondheidsorgpraktisyn gaan voordat jy hierdie aanvulling neem. Artemesia annua wat thujone bevat. Thujone kan aanvalle, nierversaking, braking en ander ernstige nuwe-effekte veroorsaak. Allergie vir ragweed en verwante plante: Alsem kan 'n allergiese reaksie veroorsaak by mense wat sensitief is vir die Asteraceae/Compositae-familie. Lede van hierdie familie sluit in ragweed, krisante, gousblomme, madeliefies. Vermoë gebruik as jy hierdie allergie het.

WAARSKUWING EN SPESIALE VOORSORGMAATREËLS

Indien jy enige van die volgende gediagnoseerde toestande het, raadpleeg jou gesondheidsorgpraktisyn voor gebruik: hartspierversteuring (kardiomiopatie), Hormoonsensitiewe kankers en toestande, Onreëlmatige hartklop, Postmenopousale volwasse, 'n Seldsame oorerflikke bloedtoestand genaamd porfirie, Nierafwykings, Beslagleggingsversteurings, insluitend epilepsie, Hoë bilirubienvlakke in die bloed.

As jy die volgende medisyne neem, raadpleeg asseblief jou gesondheidspraktisyn voordat jy neem: Artemether (Artemam, Paluther), Buspiron (BuSpar), Carbamazepine (Tegretol), Carvedilol (Coreg), Estrogeen, hoë bloeddruk (Kalsiumkanaalblokkers), Quinidine, Kalmerende medikasie (Bensodiasepiene), Metadoon (Dolophine), medisyne wat gebruik word vir die verlag van cholesterol (Statiene), Kafieien, Warfarin (Coumadin), medisyne wat gebruik word om aanvalle te voorkom (Antikonvulsante), Kalmerende medisyne (SSS-depressante). As enige van die volgende gebeur, hou op om **CITRICIDAL PLUS** te gebruik en vertel jou dokter of gaan na die ongevalle-afdeling by jou naaste hospitaal:

- Allergiese reaksies-uitslag, jeuk / swelling (veral van die gesig / tong / keel), erge duiseligheid, probleme met asemhaling.;