

PROFESSIONAL INFORMATION

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

SCHEDULING STATUS: S0

1. NAME OF THE MEDICINE: MAG CITRATE

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Serving Size	1 tablet	
Servings Per Container:	120 pack size	120
Calcium (as calcium citrate)		20 mg
Magnesium (as magnesium citrate)		100 mg

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

For full list of excipients, see section 6.1

This product is non-GMO, gluten-free, and vegetarian.

3. PHARMACEUTICAL FORM

White, clear coated tablets.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

Mag Citrate is a blend of magnesium citrate and calcium citrate that provides nutritional support for healthy muscle function. *

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4.2 Posology and method of administration

Take three tablets once daily or as directed by your healthcare practitioner.

4.3 Contraindications

None known.

4.4 Special warnings and precautions for use

Consult your healthcare practitioner if taking other nutritional supplements or medications. Keep out of the reach of children. If loose stools occur, stop use and notify your healthcare practitioner

4.5 Interaction with other medicines and other forms of interaction

None known.

4.6 Fertility, pregnancy and lactation

There are no adequate data from the use of **Mag Citrate** in pregnant or breast-feeding woman

4.7 Effects on ability to drive and use machines

There are no adequate data from the use of **Mag Citrate** on the ability to drive and use machines.

4.8 Undesirable effects

None known.

4.9 Overdose

Treatment is symptomatic and supportive.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Category of medicine: D (Complementary Medicine)
Class of medicine: 34.13 Health supplements - Other

5.2 Pharmacokinetic properties

Pharmacokinetic studies have not been conducted on **Mag Citrate** product

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Tablet core:
Microcrystalline cellulose
Croscarmellose sodium
Stearic acid (vegetable)
Tablet coating:
Hypromellose
Medium-chain triglycerides
Hydroxypropylcellulose

6.2 Incompatibilities

None known.

6.3 Shelf Life

24 Months.

6.4 Special precautions for storage

Keep tightly closed in a cool, dry place.
Keep tablets in original container until required for use.
KEEP OUT OF REACH OF CHILDREN.

6.5 Nature and contents of container

Packs of 120 tablets in PET bottle with PET lid.
Pack-size: 120 tablets.

6.6 Special precautions for disposal

No special requirements.

7. HOLDER OF CERTIFICATE OF REGISTRATION

Amipro Advanced Development Products (pty) Ltd
Unit 3 Eastgate Business Park, 1 South Road, Marlboro, Sandton, Johannesburg 2063
Tel: 011 802 8101

8. REGISTRATION NUMBER

Will be allocated by SAHPRA upon registration.

9. DATE OF FIRST AUTHORISATION

Will be allocated by SAHPRA upon registration.