



Metagenics® PhytoMulti with Iron

PROFESSIONAL INFORMATION

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

SCHEDULING STATUS: S0

1. NAME OF THE MEDICINE: PHYTOMULTI WITH IRON

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Serving Size	1 tablet	
Servings Per Container: 30T pack size		30
60T pack size		60
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Vitamin A (from mixed carotenoids and retinyl acetate)		1500 mcg
Vitamin C (as ascorbic acid and ascorbyl palmitate)		60 mg
Vitamin D (as cholecalciferol)	12.5 mcg (500 IU)	
Vitamin E (as d-alpha tocopheryl succinate)		33 mg
Vitamin K (as phytonadione USP)		60 mcg
Thiamin (as thiamin mononitrate)		12.5 mg
Riboflavin		7.5 mg
Niacin (as niacinamide and niacin)		25 mg
Vitamin B6 (as pyridoxine HCl)		12.5 mg
Folate (as calcium L-5-methyltetrahydrofolate)		680 mcg DFE
Vitamin B12 (as methylcobalamin)		100 mcg
Biotin		250 mcg
Pantothenic Acid (as calcium D-pantothenate)		36.5 mg
Choline (as choline bitartrate)		12.5 mg
Iron (as ferrous bis-glycinate)		9 mg
Iodine (as potassium iodide)		75 mcg
Magnesium (as magnesium citrate)		20 mg
Zinc (as zinc citrate)		7.5 mg
Selenium (as selenium aspartate)		50 mcg
Copper (as copper citrate)		0.5 mg
Manganese (as manganese citrate)		0.25 mg
Chromium (as chromium polynicotinate)		100 mcg
Molybdenum (as molybdenum aspartate complex)		25 mcg
Proprietary Phytonutrient Blend of: Citrus bioflavonoid complex [standardized to 45 % hesperidin], green coffee bean extract [standardized to 45 % chlorogenic acid], pomegranate whole fruit extract [standardized to 43.2 mg gallic acid equivalents (GAE)], grape seed extract [standardized to 85 % oligomeric proanthocyanidins], blueberry (Vaccinium spp.) fruit extract [standardized to 20 % total polyphenols and 15 % anthocyanins], green tea leaf extract [standardized to 60 % catechins and 40 % EGCG], bitter melon fruit extract, prune skin extract [standardized to 50 % polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (Cinnamomum cassia) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6 % catechins], rosemary extract [standardized to 7.6 % min sum of carnosol + carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]		200 mg
Myo-Inositol		12.5 mg
Resveratrol (from Polygonum cuspidatum root extract)		5 mg
Lutein		3 mg
Lycopene		3 mg
Zeaxanthin		1 mg

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating [hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (colour)].

For full list of excipients, see section 6.1

This product is non-GMO and gluten-free.

3. PHARMACEUTICAL FORM

Green coated tablets

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

PhytoMulti with Iron has a proprietary blend of 13 concentrated extracts and phytonutrients with scientifically tested biological activity to support cellular health and overall wellness. *

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4.2 Posology and method of administration

Take one to two tablets once daily with food or as directed by your healthcare practitioner.

4.3 Contraindications

Do not use if pregnant or nursing.

4.4 Special warnings and precautions for use

If you are taking medication, or other nutritional supplements consult your healthcare practitioner before use. Keep out of the reach of children.

4.5 Interaction with other medicines and other forms of interaction

None known.

4.6 Fertility, pregnancy and lactation

Do not use if pregnant or nursing. Excess vitamin A may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg of preformed vitamin A (Retinyl acetate) per day.

4.7 Effects on ability to drive and use machines

There are no adequate data from the use of **PhytoMulti with Iron** on the ability to drive and use machines.

4.8 Undesirable effects

None known.

4.9 Overdose

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control centre immediately.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Category of medicine: D (Complementary Medicine)

Class of medicine: 34.13 Health supplements - Other

5.2 Pharmacokinetic properties

Pharmacokinetic studies have not been conducted on **PhytoMulti with Iron** product

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Tablet core:
Microcrystalline cellulose
Croscarmellose sodium
Cellulose
Stearic acid (vegetable)
Silica
Tablet coating:
Hypromellose
Medium-chain triglycerides
Hydroxypropylcellulose
Sodium copper chlorophyllin (colour)

6.2 Incompatibilities

None known.

6.3 Shelf Life

24 Months.

6.4 Special precautions for storage

Keep tightly closed in a cool, dry place
Keep tablets in original container until required for use.
KEEP OUT OF REACH OF CHILDREN.

6.5 Nature and contents of container

Packs of 30 and 60 tablets in PET bottle with PET lid
Pack-size: 30 and 60 tablets.

6.6 Special precautions for disposal

No special requirements.

7. HOLDER OF CERTIFICATE OF REGISTRATION

Amipro Advanced Development Products (pty) Ltd
Unit 3 Eastgate Business Park, 1 South Road, Marlboro, Sandton, Johannesburg 2063
Tel: 011 802 8101

8. REGISTRATION NUMBER

Will be allocated by SAHPRA upon registration.

9. DATE OF FIRST AUTHORISATION

Will be allocated by SAHPRA upon registration.