

PROFESSIONAL INFORMATION

SCHEDULING STATUS:[S0](#)

Category D: Complementary medicine.
Discipline: Health Supplement
33.7 Combination Product

PROPRIETARY NAME, STRENGTH, PHARMACEUTICAL FORM - ULTRA POTENT-C® VITAMIN C, 90 Chewable Tablets

COMPOSITION

Each one (1) tablet of ULTRA POTENT-C® VITAMIN C contains the following actives:

Vitamin C (as Ultra Potent-C®)	250 mg
Vitamin B3 (Niacin)	17,5 mg
L-lysine	8 mg
Citrus Bioflavanoid Complex	8 mg
D-ribose	3 mg
Tetrasodium Pyrophosphate	3 mg
L-Cysteine	2 mg
Glutathion	1 mg

Inactive Ingredients: Fructose (1044,17 mg), sorbitol (549 mg), xylitol (344,49 mg), stearic acid, natural flavours, citric acid, silica.

This product is suitable for Vegetarians. MSG Free, Gluten free (Sugar Free)

PHARMACOLOGICAL CLASSIFICATION - Complementary Medicine

INDICATION & PHARMACOLOGICAL ACTION

ULTRA POTENT-C® VITAMIN C is a proprietary formulation designed to be gentle on the stomach and well-tolerated at high doses. Our vitamin C has been scientifically developed to enhance the absorption of vitamin C by white blood cells, a vital part of your immune system, when compared to ascorbic acid. One great-tasting tablet provides the same amount of vitamin C found in four oranges.

Ingredient	Benefit for inclusion
Vitamin C (as Ultra Potent-C®)	Vitamin C is an antioxidant that helps protect your cells against the effects of free radicals
Vitamin B3 (Niacin)	Niacin is a B vitamin that's made and used by your body to turn food into energy. It helps keep your nervous system, digestive system and skin healthy
L-Lysine	Lysine is important for proper growth, and it plays an essential role in the production of carnitine, a nutrient responsible for converting fatty acids into energy and helping lower cholesterol
Citrus Bioflavanoid Complex	Citrus bioflavonoids have known anti-inflammatory properties and help combat free radicals.
D-Ribose	Is a natural sugar produced by the body and commonly used to enhance energy production
Tetrasodium Pyrophosphate	It is important for the healthy function of connective tissues such as bones, cartilage, and joints
L-Cysteine	It's the body's most important antioxidant because it is within the cell, making it essential for maintaining a healthy immune system and fighting cellular damage.
Glutathione	Glutathione is an antioxidant present in almost every cell in the body, playing a role in the detoxification of drugs and xenobiotics

- Keep this leaflet. You may need to read it again.
- Do not share medication with any other person.
- Ask your pharmacist if you need more information or advice.
- You must consult a doctor should your condition worsen or does not improve.

DO NOT USE THIS PRODUCT:

- If you are hypersensitive (allergic) to any of the ingredients listed.
- Do not accept this package if seals are broken.

INTERACTIONS

Always tell your healthcare professional if you are taking any other medicine. It is possible that exposure of certain supplement ingredients may interfere with certain medications. (See **Warnings & Special precautions**)

DOSAGE AND DIRECTIONS FOR USE

Adult: Take one (1) tablet, one to two times per day or as directed by your healthcare professional. Please consult your healthcare professional for use in children under 18 years. **Do not take more than the recommended dose.**

SIDE EFFECTS

Should your general health worsen, or if you experience any untoward effects while being exposed to this product, please consult your doctor, pharmacist or other healthcare professional for advice.

KNOWN SYMPTOMS OF OVER DOSAGE AND PARTICULARS OF ITS TREATMENT

See side-effects. **Treatment:** Discontinue use and consult your doctor, pharmacist or other healthcare professional for advice.



CONTRA INDICATIONS:

If you are taking any chronic medication, do not use this product without consulting your healthcare professional. Do not take **ULTRA POTENT-C® VITAMIN C** if you are hypersensitive (allergic) to any of the ingredients. If you have allergies, be sure to check with your healthcare professional before taking this supplement. **Surgery: ULTRA POTENT-C® VITAMIN C** might increase the risk of bleeding during surgery. Stop taking **ULTRA POTENT-C® VITAMIN C** 2 weeks before surgery.

WARNING AND SPECIAL PRECAUTIONS

Should you have any of the following diagnosed conditions, consult with your healthcare professional before use: Kidney disease, Kidney stones, Diabetes, Angina, Gallbladder disorder, Gout, Liver disease, Low blood pressure, Thyroid disorders, Asthma. If you are taking the following medication, please consult with your healthcare professional before taking: Cancer medication, Anticoagulants (Warfarin), Aspirin, Cholesterol medication (statins), insulin. If any of the following happens, stop using **ULTRA POTENT-C® VITAMIN C** and tell your doctor or go to the casualty department at your nearest hospital:

- Allergic reactions— rash, itching/swelling (especially of the face/tongue/throat), severe dizziness, trouble breathing.

These are all very serious effects. If you have them, you may have had a serious reaction to **ULTRA POTENT-C® VITAMIN C**. You may need urgent medical attention or hospitalisation. Side effects that usually do not require medical attention (report to your healthcare professional if they continue):

- Stomach discomfort, Diarrhoea, flushing.

These are all very serious effects. If you have them, you may have had a serious reaction to **ULTRA POTENT-C® VITAMIN C**. You may need urgent medical attention or hospitalisation. Seek advice from a health care practitioner if you have any medical condition. Discontinue use immediately should any adverse reaction occur. Read this leaflet carefully because it contains important information for you. This product is available without a doctor's prescription.

IDENTIFICATION

Oblong, chewable tablet.

PRESENTATION

A white 250 ml HDPE bottle with a white cap, induction seal, tamper shrink seal, wadding and silica gel sachet.

STORAGE INSTRUCTION

Store in a cool, dark place, below 25 °C.

Protect from direct sunlight and heat.

Store in the original bottle.

Keep the bottle tightly closed.

Replace the protective cap after each use.

Do not use after the expiry date stated on the bottle.

Do not use **ULTRA POTENT-C® VITAMIN C** if you notice visible signs of deterioration.

REGISTRATION NUMBER

To be allocated by SAHPRA upon registration.

This medicine has not been evaluated by SAHPRA for quality, safety, or intended use.

NAME AND BUSINESS ADDRESS OF APPLICANT

Distributed by:

Amipro Advanced Development Products (Pty) Ltd
Unit 3, Eastgate Business Park, 1 South Road, Eastgate Extension,
Sandton, 2146, Tel: 011-802-8101

DATE OF PUBLICATION

To be allocated by the regulatory authority.

PROFESIONELE INLIGTING

SKEDULERINGSSTATUS: S0

Kategorie D: Komplementêre medisyne.
Dissipline: Gesondheidsaanvulling
33.7 Kombinasie Produkt

HANDELSNAAM EN DOSEERVORM,

ULTRA POTENT-C® VITAMIN C, 90 koubare tablette

SAMESTELING

Elke (1) tablet ULTRA POTENT-C® VITAMIN C bevat die volgende aktiewe stowwe:

Vitamiën C (as Ultra Potent-C®)	250 mg
Vitamiën B3 (Niasien)	17,5 mg
L-lysien	8 mg
Sitrus Bioflavonoïed Kompleks	8 mg
D-ribose	3 mg
Tetranatrium Pyrofosfaat	3 mg
L-sisteien	2 mg
Glutathion	1 mg

Onaktiewe bestanddele: Fruktose (1044,17 mg), sorbitol (549 mg), xylitol (344,49 mg), steariensuur, natuurlike geure, sjiroensuur, silika.

Hierdie produk is geskik vir vegetariërs. MSG-vry, glutenvry (suikervry)

FARMAKOLOGIESE KLASSEKASIE - Komplementêre medisyne

AANDUIDING EN FARMAKOLOGIESE WERKING

ULTRA POTENT-C® VITAMIN C is 'n eie formulering wat ontwerp is om sag op die maag te wees en goed verdra teen hoë dosisse. Ons vitamien C is wetenskaplik ontwikkel om die opname van vitamien C deur witbloedselle, 'n belangrike deel van jou immuunstelsel, te verbeter in vergelyking met askorbiensuur. Een heerlike tablet verskaf dieselfde hoeveelheid vitamien C wat in vier lemoene voorkom.

INTERAKSIES

Vertel altyd jou gesondheidsorgpraktisyn as jy enige ander medisyne gebruik. Dit is moontlik dat blootstelling van sekere aanvullingsbestanddele met sekere medisyne kan interefer. (**Sien Waarskuwings en Spesiale voorsorgmaatreëls**).

MOENIE HIERDIE PRODUK GEBRUIK NIE:

- As jy hipersensitief (allergies) is vir enige van die bestanddele wat gelys word.
- Jy moet nie hierdie produk aanvaar as seëls gebreek word nie.

DOSSIS EN AANWYSINGS VIR GEBRUIK

Volwasse: Neem een (1) tablet, een tot twee keer per dag of soos voorgeskryf deur jou gesondheidsorgpraktisyn. Raadpleeg asseblief jou gesondheidsorgpraktisyn vir gebruik by kinders jonger as 18 jaar. **Moenie meer as die aanbevole dosis neem nie.**

NEWE-EFFEKTE

Indien jou algemene gesondheid vererger, of as jy enige nadelige effekte ervaar terwyl jy aan hierdie produk blootgestel word, raadpleeg asseblief jou dokter, apteker of ander gesondheidsorgpraktisyn vir raad.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING

DAARVAN sien newe-effekte.

Behandeling: Staak gebruik en raadpleeg jou dokter, apteker of ander gesondheidsorgpraktisyn vir advies.

Bestanddeel	Voordeel vir insluiting
Vitamiën C (as Ultra Potent-C®)	Vitamiën C is 'n antioksidant wat help om jou selle te beskerm teen die gevolge van vrye radikale
Vitamiën B3 (Niasien)	Niasien is 'n B-vitamiën wat deur jou liggaam gemaak en gebruik word om kos in energie te omskep. Dit help om jou senuweestelsel, spysverteringstelsel en vel gesond te hou
L-lysien	Lysien is belangrik vir behoorlike groei, en dit speel 'n noodsaaklike rol in die produksie van karnities, 'n voedingstof wat verantwoordelik is vir die omskakeling van vetsure in energie en help om cholesterol te verlaag
Sitrus Bioflavonoïed Kompleks	Sitrus bioflavonoïede het bekende anti-inflammatoriese eienskappe en help om vrye radikale te bestry.
D-ribose	Is 'n natuurlike suiker wat deur die liggaam geproduseer word en algemeen gebruik word om energieproduksie te verbeter
Tetranatrium Pyrofosfaat	Dit is belangrik vir die gesonde funksie van bindweefsel soos bene, kraakbeen en gewigte
L-sisteien	Dit is die liggaam se belangrikste antioksidant omdat dit binne die sel is, wat dit noodsaaklik maak vir die handhawing van 'n gesonde immuunstelsel en die bestryding van sellulêre skade.
Glutathion	Glutathione is 'n antioksidant wat in byna elke sel in die liggaam voorkom, wat 'n rol speel in die ontgifting van dwelms en xenobiotika

KONTRA-INDIKASIES:

As jy enige chroniese medisyne neem, moenie hierdie produk gebruik sonder om jou gesondheidsorgpraktisyn te raadpleeg nie. Moenie **ULTRA POTENT-C® VITAMIN C** neem as jy hipersensitief (allergies) is vir enige van die bestanddele nie. As jy allergieë het, maak seker dat jy met jou gesondheidsorgpraktisyn gaan voordat jy hierdie medisyne neem. **Chirurgie:** **ULTRA POTENT-C® VITAMIN C** kan die risiko van bloeding tydens die operasie verhoog. Hou op om **ULTRA POTENT-C® VITAMIN C** 2 weke voor die operasie te neem.

WAARSKUWING EN SPESIALE VOORSORGMAATREËLS

As jy enige van die volgende gediagnoseerde toestande het, raadpleeg jou gesondheidsorgpraktisyn voor gebruik: Niersiekte, Nierstene, Diabetes, Angina, Galblaasversteuring, Jig, Lewersiekte, Lae bloeddruk, Skildklierafwykings, Asma. As jy die volgende medisyne neem, raadpleeg asseblief jou gesondheidswerker voordat jy neem: Kankermedisyne, Antikoagulanse (Warfarin), Aspirien, Cholesterolmedisyne (statiene), Insulien. As enige van die volgende gebeur, hou op om **ULTRA POTENT-C® VITAMIN C** te gebruik en vertel jou dokter of gaan na die ongevalle-afdeling by jou naaste hospitaal:

- Allergiese reaksie-uitslag, jeuk/swelling (veral van die gesig/tong/keel), erge duiseligheid, probleme met asemhaling.

Dit is alles baie ernstige gevolge. As jy dit het, jyk hier, jyk 'n ernstige reaksie op **ULTRA POTENT-C® VITAMIN C** gehad. Jy sal dalk dringende mediese hulp of hospitalisasie nodig hê.

Nuwe-effekte wat gewoonlik nie mediese hulp benodig nie (rapporteer aan jou gesondheidsorgpraktisyn as hulle voortduur):

- Maagongemak, diarree, blos

Dit is alles baie ernstige gevolge. As u dit het, het u moontlik 'n ernstige reaksie op **ULTRA POTENT-C® VITAMIN C** gehad. Miskien het u dringende mediese hulp of hospitalisasie nodig.

Raadpleeg 'n gesondheidsorgpraktisyn as u enige mediese toestand het. Staak gebruik onmiddellik indien enige nadelige reaksie plaasvind. Lees hierdie voublijft aandagdig deur, want dit bevat belangrike inligting vir u. Hierdie produk is beskikbaar sonder doktersvoorskif.

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- Hou hierdie voublijft. Miskien moet u dit wees lees.
- Moenie medisyne met enige ander persoon deel nie.
- Vra jou apteker of jy meer inligting of advies benodig.
- Jy moet 'n dokter raadpleeg indien jou toestand vererger of nie verbeter nie.

IDENTIFIKASIE

Wit, langwerpige onbedekte tablet, ligbruin.

AANBIEDING

'n Wit 250 ml HDPE-bottel met 'n wit dop, induksiesêel, peuterkrimpseël, spons en silikagelsakkie.

BERGING INSTRUKSIE

Hou in 'n koel, donker plek, onder 25 °C.

Beskerm teen direkte sonlig en hitte.

Stoor in die oorspronklike bottel. Hou die bottel styf toe.

Vervang die beskermende dop na elke gebruik.

Moet nie gebruik word na die vervaldatum wat op die bottel aangedui word nie.

Moenie **ULTRA POTENT-C® VITAMIN C** gebruik as u sigbare tekens van agteruitgang opmerk nie.

REGISTRASIE NOMMER

Om by registrasie deur SAHPRA toegeken te word. Hierdie medisyne is nie deur SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie.

NAAM EN BESIGHEIDSAADRES VAN AANSOEKER

Versprei deur:

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