

PROFESSIONAL INFORMATION

SCHEDULING STATUS: **S0**

Category D: Complementary medicine.

Discipline: Discipline Specific

33.7 Combination Product

PROPRIETARY NAME, STRENGTH, PHARMACEUTICAL

FORM - **ADVACLEAR®**, 60 Capsules

COMPOSITION

Each two (2) capsules of **ADVACLEAR®** contains the following actives:

Artichoke (Cynara scolymus) [Leaf Extract (containing cynarin and chlorogenic acid)]	167 mg
Watercress (Nasturtium officinale) [Aerial Parts 4:1 Extract]	133 mg
Vitamin C (as ascorbic acid)	133 mg
Taurine	117 mg
Pomegranate (Punica granatum L.) [Whole Fruit Extract standardized to 45,8 mg gallic acid equivalent (GAE)]	87,5 mg
L-cysteine (as N-acetyl-L-cysteine)	67 mg
Decaffeinated Green Tea (Camellia sinensis) [Leaf Extract standardized to 60 % (33,6 mg) catechins and 40 % (22,4 mg) epigallocatechin gallate (EGCG)]	56 mg
Silymarin (from milk thistle (Silybum marianum) seed extract)	50 mg
Vitamin E (as d-alpha tocopheryl acid succinate)	44,6 mg
Vitamin B5 (as calcium D-pantothenate)	33,3 mg
Vitamin B6 (as pyridoxine HCl)	16,66 mg
Vitamin B3 (as niacinamide)	13,3 mg
Vitamin B3 (as niacin)	10 mg
Vitamin B1 (as thiamine mononitrate)	10 mg
Zinc (as zinc citrate)	6,5 mg
Vitamin B2 (as riboflavin 5'-phosphate)	5 mg
Manganese (as manganese citrate)	1,66 mg
Copper (as copper citrate)	660 µg
Vitamin A (as mixed carotenoids)	500 µg
Folate (as calcium L-5-methyl-tetrahydrofolate)	267 µg
Vitamin A (as retinyl palmitate)	250 µg
Vitamin H (as biotin)	66 µg
Molybdenum (as molybdenum aspartate complex)	66 µg
Selenium (as selenomethionine)	50 µg
Vitamin B12 (as methylcobalamin)	33,4 µg
Vitamin D (as cholecalciferol)	0,8 µg (33 I.U.)

Inactive Ingredients: Cross-linked sodium carboxymethyl cellulose, dicalcium phosphate, hydroxypropylcellulose, magnesium salts of fatty acids, microcrystalline cellulose, silicon dioxide and stearic acid.

This product is suitable for non-GMO, gluten free (Sugar Free)

PHARMACOLOGICAL CLASSIFICATION - Complementary Medicine

INDICATION & PHARMACOLOGICAL ACTION

ADVACLEAR® provides a high strength blend of vitamins, minerals and botanical extracts to support optimal liver function and daily detoxification support. Its complex formulation supports stages of liver detoxification (Phase I and II) with specific co-factors and conjugation elements. Key herbal ingredients support the normal liver function, whilst antioxidant nutrients protect against oxidative stress.

Ingredients	Uses for ingredient
Artichoke (Cynara scolymus)	May aid cholesterol levels, blood pressure, liver health, IBS, indigestion, and blood sugar levels. They are responsible for converting the fat soluble toxins stored in your body into water soluble toxins
Watercress (Nasturtium officinale)	Ascorbic acid helps maintain the health of your cells, immune system, bones and blood vessels.
Vitamin C (as ascorbic acid)	Taurine has been thought to be essential for the development and survival of neural cells and to protect them under cell-damaging conditions.
Taurine	Pomegranate contains strong antioxidant activity and has a high source of ellagitannins, anthocyanins, and hydrolysable tannins.
Pomegranate (Punica granatum L.)	L-cysteine has antioxidant effects and is used to make up antioxidants such as glutathione.
L-cysteine (as N-acetyl-L-cysteine)	Decaffeinated green tea extract can reduce the formation of ROS, which can lower blood pressure.
Decaffeinated Green Tea (Camellia sinensis)	Silymarin is believed to have antioxidant properties.
Silymarin (milk thistle (Silybum marianum))	It helps keep the immune system strong against viruses and bacteria. It helps form red blood cells and widen blood vessels to keep blood from clotting inside them.
Vitamin E (as d-alpha tocopheryl acid succinate)	It is important for the secretion of hormones, such as cortisone because of the role it plays in supporting the adrenal gland.
Vitamin B5 (as calcium D-pantothenate)	It is needed to maintain the health of nerves, skin, and red blood cells.
Vitamin B6 (as pyridoxine HCl)	Therapeutic, protective, and hydrating properties that reduce the impact of environmental damage.
Vitamin B3 (as niacinamide)	Plays an important role in maintaining the health of your heart, blood vessels, and metabolism.
Vitamin B3 (as niacin)	

CONTRA INDICATIONS:

If you are taking any chronic medication, do not use this product without consulting your healthcare professional. Do not take **ADVACLEAR®** if you are hypersensitive (allergic) to any of the ingredients. If you have allergies, be sure to check with your healthcare professional before taking this supplement. **Surgery:** **ADVACLEAR®** might increase the risk of bleeding during and after surgery. Stop using **ADVACLEAR®** at least 2 weeks before a scheduled surgery.

INTERACTIONS

Always tell your healthcare professional if you are taking any other medicine. It is possible that exposure of certain supplement ingredients may interfere with certain medications. (See Warnings & Special precautions)

DOSE AND DIRECTIONS FOR USE

Adults: Take two (2) capsules daily or as directed by your healthcare practitioner. Do not take more than the recommended dose.



KNOWN SYMPTOMS OF OVER DOSAGE AND PARTICULARS OF ITS TREATMENT

See side-effects. **Treatment:** Discontinue use and consult your doctor, pharmacist or other healthcare professional for advice.

WARNING AND SPECIAL PRECAUTIONS

You should have any of the following diagnosed conditions, consult with your healthcare professional before use: Bleeding disorders, Heart disease, Diabetes, Head and neck cancer, Weak and brittle bones (osteoporosis), Prostate cancer, An inherited eye condition that causes poor night vision and loss of side vision (retinitis pigmentosa), Stroke, Liver disease, Post-surgical stent placement, Weight loss surgery, Procedures to widen narrowed arteries (angioplasty), Seizure disorder. If you are taking the following medication, please consult with your healthcare professional before taking: Medications changed by the liver, Medications for cancer (Chemotherapy), blood clotting (Anticoagulant / Antiplatelet drugs), Warfarin (Coumadin), Antibiotics for Cancer (Antitumor Antibiotics), Antibiotics (Tetracycline antibiotics), Amiodarone (Cardarone), Phenobarbital (Luminal), Medications for high blood pressure (antihypertensive drugs), 5-Fluorouracil, Medications for diabetes (Antidiabetes drugs) If any of the following happens, stop using **ADVACLEAR®** and tell your doctor or go to the casualty department at your nearest hospital:

- Allergic reactions— rash, itching/swelling (especially of the face/throat), severe dizziness, trouble breathing:
- These are all very serious effects. If you have them, you may have had a serious reaction to **ADVACLEAR®**. You may need urgent medical attention or hospitalisation.

Side effects that usually do not require medical attention (report to your healthcare professional if they continue):

- nausea/vomiting.
- These are all very serious effects. If you have them, you may have had a serious reaction to **ADVACLEAR®**. You may need urgent medical attention or hospitalisation. Seek advice from a healthcare professional if you have any medical condition. Discontinue use immediately should any adverse reaction occur. Read this leaflet carefully because it contains important information for you. This product is available without a doctor's prescription.
- Keep this leaflet. You may need to read it again.
 - Do not share medication with any other person.
 - Ask your pharmacist if you need more information or advice.
 - You must consult a doctor should your condition worsen or does not improve.

DO NOT USE THIS PRODUCT:

- If you are hypersensitive (allergic) to any of the ingredients listed.

- Do not accept this package if seals are broken.

STORAGE INSTRUCTION

Store in a cool, dark place, below 25 °C. Protect from direct sunlight and heat.

Store in the original bottle. Keep the bottle tightly closed.

Replace the protective cap after each use. Do not use after the expiry date stated on the bottle. Do not use **ADVACLEAR®** if you notice visible signs of deterioration.

IDENTIFICATION - Clear, vegetable capsule, with a tan fill.

PRESENTATION - A white 250 ml HDPE bottle with a white cap, induction seal, tamper shrink seal, wadding and silica gel sachet.

SIDE EFFECTS

Should your general health worsen, or if you experience any untoward effects while being exposed to this product, please consult your doctor, pharmacist or other healthcare professional for advice.

Ingredients	Uses for ingredient
Vitamin B1 (as thiamine mononitrate)	Thiamine helps to turn food into energy and to keep the nervous system healthy.
Zinc (as zinc citrate)	Helps your immune system and metabolism function.
Vitamin B2 (as riboflavin 5'-phosphate)	It's required for the proper development of the skin, lining of the digestive tract, blood cells, and brain function.
Manganese (as manganese citrate)	Benefits of manganese include bone health support, antioxidant activity, healthy blood sugar level management, and metabolic support.
Copper (as copper citrate)	It is important for nerve function, bone growth, and to help your body use sugar.
Vitamin A (as mixed carotenoids)	Essential for growth, cellular differentiation and reproduction, vision and proper immune function.
Folate (as calcium L-5-methyl-tetrahydrofolate)	Important in red blood cell formation and for healthy cell growth and function.
Vitamin A (as retinyl palmitate)	Vitamin A helps form and maintain healthy teeth, skeletal and soft tissue, mucus membranes, and skin.
Vitamin H (as biotin)	Your body needs biotin to metabolize carbohydrates, fats, and amino acids, the building blocks of protein.
Molybdenum (as molybdenum aspartate complex)	Your body uses molybdenum to process proteins and genetic material like DNA.
Selenium (as selenomethionine)	Selenium is an essential component of various enzymes and proteins, called selenoproteins, that help to make DNA and protect against cell damage and infections.
Vitamin B12 (as methylcobalamin)	Plays an essential role in red blood cell formation, cell metabolism, nerve function and the production of DNA.
Vitamin D (as cholecalciferol)	It is needed by the body for healthy bones, muscles, nerves, and to support the immune system.

REGISTRATION NUMBER - To be allocated by SAHPRA upon registration.

This medicine has not been evaluated by SAHPRA for quality, safety, or intended use.

NAME AND BUSINESS ADDRESS OF APPLICANT

Distributed by: Ampiro Advanced Development Products (Pty) Ltd
Unit 3, Eastgate Business Park, 1 South Road, Eastgate Extension, Sandton, 2146, Tel: 011-802-8101

DATE OF PUBLICATION

To be allocated by the regulatory authority.

PROFESIONELE INLIGTINGSBLAD

SKEDULERINGSSTATUS: S0

Kategorie D: Komplementêre medisyne.

Dissipline: Dissiplinespesifiek

33.7 Kombinasie produk

HANDELSNAAM EN DOSEERVORM,

ADVACLEAR® , 60 Kapsules

SAMESTELING

Elke twee (2) kapsules ADVACLEAR® bevat die volgende aktiewe stowwe:

Artisjok (Cynara scolymus) [Blaarekstrakt (bevat sinarien en chlorogene suur)]	167 mg
Waterkers (Nasturtium officinale) [Lugdele 4: 1 Uittreksel]	133 mg
Vitamiën C (as askorbien-suur)	133 mg
Taurine	117 mg
Granaat (Punica granatum L.) [Hele vrugte uittreksel gestandaardiseer tot 45,8 mg galliensuurekwiwatent (GAE)]	87,5 mg
L-sisteien (as N-asietiel-l-sisteien)	67 mg
Kafeïenrye groen tee (Camellia sinensis) [Blaarekstrakt gestandaardiseer tot 60% (33,6 mg) katechine en 40% (22,4 mg) epigallocatechin gallate (EGCG)]	56 mg
Silymarin [van melkdistel (Silybum marianum) saad uittreksel]	50 mg
Vitamiën E (as d-alfa-tokoferylsuursuksinaat)	44,6 mg
Vitamiën B5 (as kalsium D-pantothenaat)	33,3 mg
Vitamiën B6 (as piridoksien HCl)	16,66 mg
Vitamiën B3 (as niacinamide)	13,3 mg
Vitamiën B3 (as niasien)	10 mg
Vitamiën B1 (as tiamienmonitraat)	10 mg
Sink (as sinkstriaat)	6,5 mg
Vitamiën B2 (as riboflavin 5'-fosfaat)	5 mg
Mangaan (as mangaansitriaat)	1,66 mg
Koper (as koperstriaat)	660 µg
Vitamiën A (as gemengde karotenoïede)	500 µg
Folaat (as kalsium L-5-metiel-tetrahidrofolaat)	267 µg
Vitamiën A (as retinylpalmitaat)	250 µg
Vitamiën H (as biotien)	66 µg
Molibdeen (as molibdeen aspartaatskompleks)	66 µg
Selenium (as selenomonietien)	50 µg
Vitamiën B12 (as metielkobalamien)	33,4 µg
Vitamiën D (as cholecalciferol)	0,8 µg (33 IE)

Onaktiewe bestanddele: Kruisgekoppelde natriumkarboksietelsellulose, dikalsiumfosfaat, hidroksiopropylselulose, magnesiumsoute van versure, mikrokristallyne selulose, silikondioksied en steariensuur.

Hierdie produk is geskik vir nie-GO, glutenvry (suikervry)

FARMAKOLOGIESE KLASSIFIKASIE - Komplementêre medisyne

AANDUIDING EN FARMAKOLOGIESE WERKING

ADVACLEAR® bied 'n hoë sterkte mengsel van vitamene, minerale en botaniese ekstrakte om optimale lewerfunksie en daaglikse ontgiftingsondersteuning te ondersteun. Die komplekse formulering daarvan ondersteun stadiums van lewerontgifting (Fase I en II) met spesifieke faktore en vervoegingselemente. Belangrike kriebestanddele ondersteun die normale lewerfunksie, terwyl antioksidante voedingstowwe beskerm teen oksidatiewe stres.

Bestanddele	Gebruik vir bestanddele
Artisjok (Cynara scolymus)	Kan cholesterolvlakke, bloeddruk, lewersonheid, iBS, spyvertering en bloedsuikervlakke help. Hulle is verantwoordelik vir die omskakeling van die vetoplosbare gifstowwe wat in jou liggaam gestoor word in wateroplosbare gifstowwe.
Waterkers (Nasturtium officinale)	Askoriesuur help om die gesondheid van jou selle, immuunstelsel, bene en bloedvate te handhaaf.
Vitamiën C (as askorbien-suur)	Daar word gedink dat taurine noodsaaklik is vir die ontwikkeling en oorlewing van neurale selle en om hulle onder seksadellike toestande te beskerm.
Taurine	Granaat bevat sterk antioksidantkwaliteite en het 'n hoë bron van ellagtaniene, antiosianiene en hidroliseerbare tanniene.
Granaat (Punica granatum L.)	L-sisteien het antioksidante effekte en word gebruik om antioksidante soos glutathion op te maak.
L-sisteien (as N-asietiel-l-sisteien)	Kafeïenrye groen tee uittreksel kan die vorming van ROS verminder, wat bloeddruk kan verlaag.
Kafeïenrye groen tee (Camellia sinensis)	Daar word geglo dat Silymarin antioksidante eienskappe het.
Silymarin (melkdistel (Silybum marianum))	Di help om die immuunstelsel sterk te hou teen virusse en bakterieë. Dit help om rooilboelstele te vorm en bloedvate te verbreed om te verhoed dat bloed daarin stol.
Vitamiën E (as d-alfa-tokoferylsuursuksinaat)	L-sisteien is belangrik vir die afskeiding van hormone, soos kortison as gevolg van die rol wat dit speel in die ondersteuning van die biotien.
Vitamiën B5 (as kalsium D-pantothenaat)	Dit is nodig om die gesondheid van senuwees, vel en rooilboelstele te handhaaf.
Vitamiën B6 (as piridoksien HCl)	Terapeutiese, beskermende en hidrerende eienskappe wat die impak van omgewingskade verminder.
Vitamiën B3 (as niacinamide)	Speel 'n belangrike rol in die handhaving van die gesondheid van jou hart, bloedvate en metabolisme.
Vitamiën B3 (as niasien)	

KONTRA-INDIKASIES:

As jy enige chroniese medisyne neem, moenie hierdie produk gebruik sonder om jou gesondheidsorgpraktisyn te raadpleeg nie. Moenie ADVACLEAR® neem as jy hipersensitief (allergies) is vir enige van die bestanddele nie. As jy allergieë het, maak seker dat jy met jou gesondheidsorgpraktisyn gaan voordat jy hierdie aanvulling neem. **Chirurgie:** ADVACLEAR® kan die risiko van bloeding tydens en na die operasie verhoog. Hou op om ADVACLEAR® ten minste 2 weke voor 'n geskeduleerde operasie te gebruik.

DATUM VAN PUBLIKASIE

Om deur die regulerende owerheid toegeken te word.

INTERAKSIE

Vertel altyd jou gesondheidsorgpraktisyn as jy enige ander medisyne gebruik. Dit is moontlik dat blootstelling van sekere aanvullingsbestanddele met sekere medisyne 'n interaksie mag hê. (Sien **Waarskuwings en Spesiale voorsorgmaatreëls**)

DOSES EN AANWYSINGS VIR GEBRUIK

Volwassenes: Neem daaglik twee (2) kapsules of soos voorgeskryf deur jou gesondheidsorgpraktisyn.

Moenie meer as die aanbevole dosis neem nie.

WAARSKUWING EN SPESIALE VOORSORGMAATREËLS

Indien jy enige van die volgende gedignoseerde toestande het, raadpleeg jou gesondheidsorgpraktisyn voor gebruik: bloedingversteurings, hartskietes, diabetes, kop- en nekkanke, swak en bros bene (osteoporose), prostaatkanker, 'n oorgeërfde oogtoestand wat swak nagsig en verlies aan visie (retinitis pigmentosa) veroorsaak, beroerte, lewersiekte, post-chirurgiese stentplasing, Gewigsverlieschirurgie, prosedures om vernoude are (angioplastie) te verbreed, beslagleggingsversteuring. As jy die volgende medisyne neem, raadpleeg asseblief jou gesondheidsorgpraktisyn voordat jy neem: medisyne vir kanker (Chemoterapie), bloedstolling (Antikoagulant / Antiplaatjie-middels), Warfarin (Coumadin), Antibiotika vir Kanker (Antitumor Antibiotika), Antibiotika (Tetraskliën antibiotika), Amiodarone (Cordarone), Fenobarbital (Luminal), medisyne vir hoë bloeddruk (antihypertensiewe middels), 5-Fluorouracil, medisyne vir diabetes (Antidiabetes dwelms). As enige van die volgende gebeur, hou op om ADVACLEAR® te gebruik en vertel jou dokter of gaan na die ongevalle-afdeling by jou naaste hospitaal:

- Allergiese reaksies- uitslag, jeuk / swelling (veral van die gesig / tong / keel), erge duiseligheid, probleme met asemhaling;

Dit is alles baie ernstige gevolge. As jy dit het, het jy dalk 'n ernstige reaksie op ADVACLEAR® gehad. Jy sal dalk dringende mediese hulp of hospitalisasie nodig hê. Nuwe-effekte wat gewoonlik nie mediese hulp benodig nie (rapporteer aan jou gesondheidsorgpraktisyn as hulle voortduur):

- naarheid / braking,

Dit is alles baie ernstige gevolge. As u dit het, het u moontlik 'n ernstige reaksie op ADVACLEAR® gehad. Miskien het u dringende mediese hulp of hospitalisasie nodig.

Raadpleeg 'n gesondheidsorgpraktisyn as u enige mediese toestande het. Staak gebruik onmiddellik indien enige nadelige reaksie plaasvind. Lees hierdie inligtingsblad aandagdig deur, want dit bevat belangrike inligting vir u. Hierdie produk is beskikbaar sonder doktersvoorskrif.

- Hou hierdie inligtingsblad. Miskien moet u dit weer lees.

- Moenie medisyne met enige ander persoon deel nie.
- Vra jou apteker of jy meer inligting of advies benodig.

- Jy moet 'n dokter raadpleeg indien jou toestand vererger of nie verbeter nie.

MOENIE HIERDIE PRODUK GEBRUIK NIE:

- As jy hipersensitief (allergies) is vir enige van die bestanddele wat gelys word.
- Jy moet nie hierdie produk aanvaar as seëls gebreek word nie.

NEWE-EFFEKTE

Indien jou algemene gesondheid vererger of as jy enige nadelige effekte ervaar tydens die gebruik van hierdie medisyne, raadpleeg asseblief jou dokter, apteker of ander gesondheidsorgpraktisyn vir raad. As jy enige nuwe-effekte sien wat nie in hierdie inligtingsblad genoem word nie, stel asseblief jou dokter, apteker of gesondheidsorgpraktisyn in kennis.

BEKENDE SIMPTOME VAN OORDOSEERING EN BESONDERHEDE VAN DIE

BEHANDELING DAARVAN

Sien newe-effekte.

Behandeling: Staak gebruik en raadpleeg jou dokter, apteker of ander gesondheidsorgpraktisyn vir advies.

Bestanddele	Gebruik vir bestanddele
Vitamiën B1 (as tiamienmonitraat)	Tiamien help om voedsel in energie te verander om die senuweestelsel gesond te hou.
Sink (as sinkstriaat)	Help jou immuunstelsel en metabolisme funksioneer.
Vitamiën B2 (as riboflavin 5'-fosfaat)	Dit is nodig vir die beoorkeelingsontkalking van die vel, wording van die spyverteringskanaal, bloedselle en breinfunksie.
Mangaan (as mangaansitriaat)	Voorede van mangaan sluit in beengesondheidsondersteuning, antioksidantkwaliteite, gesonde bloedsuikervlakbestuur en metaboolse ondersteuning.
Koper (as koperstriaat)	Dit is belangrik vir senuweefunksie, beengeroen om jou liggaam te help om suiker te gebruik.
Vitamiën A (as gemengde karotenoïede)	Noodsaaklik vir groei, sellulêre differensiasie en voortplanting, visie en beoorkeelingsfunksie.
Folaat (as kalsium L-5-metiel-tetrahidrofolaat)	Belangrik in rooilboelverlorming en vir gesonde selgroei en funksie.
Vitamiën A (as retinylpalmitaat)	Vitamiën A help om gesonde tande, skelet- en saggeweefsel, slymvliese en vel te vorm en in stand te hou.
Vitamiën H (as biotien)	Jou liggaam het biotien nodig om kooldiater, vette en aminosure, die boustone van proteïene, te metaboliseer.
Molibdeen (as molibdeen aspartaatskompleks)	Jou liggaam gebruik molibdeen om proteïene en genetiese materiaal soos DNA te verwerk.
Selenium (as selenomonietien)	Selenium is 'n noodsaaklike komponent van verskeie ensieme en proteïene, genaamd selenoproteïene, wat help om DNA te maak en te beskerm teen selkade en infeksies.
Vitamiën B12 (as metielkobalamien)	Speel 'n noodsaaklike rol in rooilboelverlorming, selmetabolisme, senuweefunksie en die produksie van DNA.
Vitamiën D (as cholecalciferol)	word deur die liggaam benodig vir gesonde bene, spiere, senuwees en om die immuunstelsel te ondersteun.

BERGING INSTRUKSIE

Bêre in 'n koel, donker plek, onder 25 ° C. Beskerm teen direkte sonlig en hitte. Bêre n die oorspronklike bottel. Hou die bottel styf toe. Vervang die beskermende dop na elke gebruik. Moet nie gebruik word na die vervaldatum wat op die bottel aangedui word nie. Moenie ADVACLEAR® gebruik as u sigbare tekens van agteruitgang opmerk nie.

IDENTIFIKASIE - Duidelike, groentekapsule, met 'n bruin vuisel.

AANBIEDING - 'n Wit 250 ml HDPE-bottel met 'n wit dop, induksieseël, peuterkrimpseël, spons en silikagelsakke.

REGISTRASIE NOMMER

Om by registrasie deur SAHPRA toegeken te word.

Hierdie medisyne is nie deur SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie.

NAAM EN BESIGHEIDSDRAGERS VAN APPLIKANT

Versprei deur: Amipro Advanced Development Products (Pty) Ltd
Unit 3, Eastgate Business Park, 1 South Road,
Eastgate Extension, Sandton, 2146, Tel: 011-802-8101

