

## PATIENT INFORMATION LEAFLET

### SCHEDULING STATUS: S0

Category D: Complementary medicine.

Discipline: Discipline Specific

33.7 Combination Product

PROPRIETARY NAME, STRENGTH, PHARMACEUTICAL FORM –

## ADVACLEAR® , 60 Capsules

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

- **ADVACLEAR®** is available without a doctor's prescription.
- Nevertheless, you still need to use **ADVACLEAR®** carefully to get the best results from it.
- Keep this leaflet. You may need to read it again.
- Do not share **ADVACLEAR®** with any other person.
- Ask your pharmacist or healthcare professional if you need more information or advice.

### WHAT IS IN THIS LEAFLET

- What **ADVACLEAR®** is and what it is used for.
- What you need to know before you take **ADVACLEAR®**.
- How to take **ADVACLEAR®**.
- Possible side effects.
- How to store **ADVACLEAR®**.
- Contents of the pack and other information.

### WHAT ADVACLEAR® CONTAINS

Each two (2) capsules of **ADVACLEAR®** contains the following actives:

Artichoke (Cynara scolymus) [Leaf Extract (containing cynarin and chlorogenic acid)]	167 mg
Watercress (Nasturtium officinale) [Aerial Parts 4:1 Extract]	133 mg
Vitamin C (as ascorbic acid)	133 mg
Taurine	117 mg
Pomegranate (Punica granatum L.) [Whole Fruit Extract standardized to 45,8 mg gallic acid equivalent (GAE)]	87,5 mg
L-cysteine (as N-acetyl-L-cysteine)	67 mg
Decaffeinated Green Tea (Camellia sinensis) [Leaf Extract standardized to 60 % (33,6 mg) catechins and 40 % (22,4 mg) epigallocatechin gallate (EGCG)]	56 mg
Silymarin (from milk thistle [Silybum marianum] seed extract)	50 mg
Vitamin E (as d-alpha tocopheryl acid succinate)	44,6 mg
Vitamin B5 (as calcium D-pantothenate)	33,3 mg
Vitamin B6 (as pyridoxine HCl)	16,66 mg
Vitamin B3 (as niacinamide)	13,3 mg
Vitamin B3 (as niacin)	10 mg
Vitamin B1 (as thiamine mononitrate)	10 mg
Zinc (as zinc citrate)	6,5 mg
Vitamin B2 (as riboflavin 5'-phosphate)	5 mg
Manganese (as manganese citrate)	1,66 mg
Copper (as copper citrate)	660 µg
Vitamin A (as mixed carotenoids)	500 µg
Folate (as calcium L-5-methyl-tetrahydrofolate)	267 µg
Vitamin A (as retinyl palmitate)	250 µg
Vitamin H (as biotin)	66 µg
Molybdenum (as molybdenum aspartate complex)	66 µg
Selenium (as selenomethionine)	50 µg
Vitamin B12 (as methylcobalamin)	33,4 µg
Vitamin D (as cholecalciferol)	0,8 µg (331 I.U.)

**Inactive Ingredients:** Cross-linked sodium carboxymethyl cellulose, dicalcium phosphate, hydroxypropylcellulose, magnesium salts of fatty acids, microcrystalline cellulose, silicon dioxide and stearic acid.

**This product is suitable for non-GMO, gluten free (Sugar Free)**

### WHAT ADVACLEAR® IS AND WHAT IT IS USED FOR

**ADVACLEAR®** provides a high strength blend of vitamins, minerals and botanical extracts to support optimal liver function and daily detoxification support. Its complex formulation supports stages of liver detoxification (Phase I and II) with specific co-factors and conjugation elements. Key herbal ingredients support the normal liver function, whilst antioxidant nutrients protect against oxidative stress.

### BEFORE YOU TAKE ADVACLEAR®

If you are taking any chronic medication, do not use this product without consulting your healthcare provider. Do not take **ADVACLEAR®** if you are hypersensitive (allergic) to any of the ingredients. If you have allergies, be sure to check with your healthcare professional before taking this supplement. **Surgery:** **ADVACLEAR®** might increase the risk of bleeding during and after surgery. Stop using **ADVACLEAR®** at least 2 weeks before a scheduled surgery.

This medicine has not been evaluated by the SAHPRA for quality, safety, or intended use.

### PREGNANCY AND BREASTFEEDING

Safety during pregnancy and breastfeeding has not been established, consult with your healthcare professional before use. If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult with your healthcare professional before taking this supplement.

### DRIVING AND USING MACHINES

It is not always possible to predict to what extent **ADVACLEAR®** may interfere with the daily activities of a patient. Patients should ensure that they do not engage in activities relating to requiring mental alertness, judgement and/or sound co-ordination and vision e.g. driving, riding, flying, sailing, operating machines/equipment, until they are aware of the measure to which **ADVACLEAR®** may affect you.

### TAKING OTHER MEDICINES WITH ADVACLEAR®

Complementary medicine products contain ingredients which may interact with some medication. If you are taking any chronic medication, do not use this product without consulting your medical practitioner.



### HOW TO TAKE ADVACLEAR®

Do not share medicines prescribed for you with any other person. Always take **ADVACLEAR®** exactly as described in this leaflet, or as your doctor, healthcare provider has instructed you. You should check with your doctor, pharmacist or healthcare provider if you are unsure.

#### Directions for use:

**Adults:** Take two (2) capsules daily or as directed by your healthcare practitioner. **Do not take more than the recommended dose.**

#### IF YOU TAKE MORE ADVACLEAR® THAN YOU SHOULD

In the event of overdose, consult your doctor, pharmacist. Should none of these be available, contact the nearest hospital or poison control centre.

#### IF YOU FORGET TO TAKE ADVACLEAR®

Do not take a double dose to make up for a missed dose.

### POSSIBLE SIDE EFFECTS

**ADVACLEAR®** may have side effects.

Should you have any of the following diagnosed conditions, consult with your healthcare professional before use: Bleeding disorders, Heart disease, Diabetes, Head and neck cancer, Weak and brittle bones (osteoporosis), Prostate cancer, An inherited eye condition that causes poor night vision and loss of side vision (retinitis pigmentosa), Stroke, Liver disease, Post-surgical stent placement, Weight loss surgery, Procedures to widen narrowed arteries (angioplasty), Seizure disorder. If you are taking the following medication, please consult with your healthcare practitioner before taking. Medications changed by the liver, Medications for cancer (Chemotherapy), blood clotting (Anticoagulant / Antiplatelet drugs), Warfarin (Coumadin), Antibiotics for Cancer (Antitumor Antibiotics), Antibiotics (Tetracycline antibiotics), Amiodarone (Cordarone), Phenobarbital (Luminal), Medications for high blood pressure (antihypertensive drugs), 5-Fluorouracil, Medications for diabetes (Antidiabetic drugs). If any of the following happens, stop using **ADVACLEAR®** and tell your doctor or go to the casualty department at your nearest hospital:

- Allergic reactions— rash, itching/swelling (especially of the face/tongue/throat), severe dizziness, trouble breathing.

These are all very serious effects. If you have them, you may have had a serious reaction to **ADVACLEAR®**. You may need urgent medical attention or hospitalisation.

Side effects that usually do not require medical attention (report to your healthcare professional if they continue):

- nausea/vomiting.

**Not all side effects and interactions reported for ADVACLEAR®** are included in this leaflet.

Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor, pharmacist or healthcare professional.

### REPORTING OF SIDE EFFECTS

If you experience side effects, talk to your doctor, pharmacist or other healthcare professional. You can also report side effects to SAHPRA via "6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications: <https://www.sahpra.org.za/Publications/index/B>. By reporting side effects, you can help provide more information on the safety of **ADVACLEAR®**.

### STORAGE AND DISPOSING OF ADVACLEAR®

Store all medicines out of the reach of children.

Store in a cool, dark place, below 25 °C.

Protect from direct sunlight and heat.

Store in the original packaging.

Do not use after the expiry date stated on the bottle.

Do not use **ADVACLEAR®** if you notice visible signs of deterioration. Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

### PRESENTATION OF ADVACLEAR®

A white 250 ml HDPE bottle with a white cap, induction seal, tamper shrink seal, wadding and silica gel sachet.

### IDENTIFICATION OF ADVACLEAR®

Clear, vegetable capsule, with a tan fill.

### REGISTRATION NUMBER –

To be allocated by SAHPRA upon registration.

### ACCESS TO THE CORRESPONDING PROFESSIONAL INFORMATION

Scan QR code.

### THIS LEAFLET WAS LAST REVISED ON

19 December 2024

### NAME AND ADDRESS OF REGISTRATION HOLDER

Distributed by:

Amipro Advanced Development Products (Pty) Ltd  
Unit 3, Eastgate Business Park, 1 South Road, Eastgate Extension,  
Sandton, 2146

Tel: 011-802-8101



**PASIËNT INLIGTINGSBLAD****SKEDULERINGSSTATUS** [50]

Kategorie D: Komplementêre medisyne.

Dissipline: Dissiplinespesifiek

33.7 Kombinasie produk

HANDELSNAAM EN DOSEERVORM,

**ADVACLEAR®, 60 Kapsules****LEES HIERDIE INLIGTINGSBLAD NOUKEURIG, WANT DIT BEVAT****BELANGRIKE INLIGTING VIR U**

- **ADVACLEAR®** is beskikbaar sonder doktersvoorskrif.
- U moet steeds **ADVACLEAR®** versigtig gebruik om die beste resultate daaruit te kry.
- Hou hierdie inligtingsblad. Miskien moet u dit weer lees.
- Moenie **ADVACLEAR®** met enige ander persoon deel nie.
- Vra jou apteker of gesondheidsorgpraktisy van jy meer inligting of advies benodig.

**WAT IS IN HIERDIE INLIGTINGSBLAD**

- Wat **ADVACLEAR®** is en waarvoor dit gebruik word.
- Wat jy moet weet voordat jy **ADVACLEAR®** neem.
- Hoe om **ADVACLEAR®** te neem.
- Moontlike nuwe-effekte.
- Hoe om **ADVACLEAR®** te bêre.
- Inhoud van die pak en ander inligting

**WAT IS ADVACLEAR® KAPSULE EN WAARVOOR WORD DIT GEWIK**

**ADVACLEAR®** bevat 'n hoësterkte vitamien D3, die mees bioaktiewe vorm van vitamien D. Vitamien D is belangrik vir die instandhouding van gesonde beensterkte en immuunfunksie.

**BELANGRIKE INLIGTING OOR SOMMIGE VAN DIE BESTANDDELE VAN ADVACLEAR®**

**ADVACLEAR®** bied 'n hoë sterkte mengsel van vitamien, minerale en botaniese ekstrakte om optimale lewerfunksie en daaglikse ontgiftingsondersteuning te ondersteun. Die komplekse formulering daarvan ondersteun stadiums van lewerontgifting (Fase I en II) met spesifieke ko-faktore en vervoegingslemente. Belangrike kriebestanddele ondersteun die normale lewerfunksie, terwyl antioksidante voedingstowwe beskerm teen oksidatiewe stres.

**VOORDAT JY ADVACLEAR® NEEM**

As jy enige chroniese medisyne neem, moenie hierdie produk gebruik sonder om jou gesondheidsorgpraktisy te raadpleeg nie. Moenie **ADVACLEAR®** neem as jy hipersensitief (allergies) is vir enige van die bestanddele nie. As jy allergieë het, maak seker dat jy met jou gesondheidsorgpraktisy gaan voordat jy hierdie aanvulling neem.

**Chirurgie:** **ADVACLEAR®** kan die risiko van bloeding tydens en na die operasie verhoog. Hou op om **ADVACLEAR®** ten minste 2 weke voor 'n geskeduleerde operasie te gebruik.

**Hierdie medisyne is nie deur SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie.**

**BESTUUR EN GEbruik VAN MASJINE**

Dit is nie altyd moontlik om te voorspel in watter mate **ADVACLEAR®** die daaglikse aktiwiteite van 'n pasiënt kan belemmer nie. Pasiënte moet seker maak dat hulle nie betrokke raak by aktiwiteite wat verband hou met die vereiste van verstandelike waaksaamheid, oordeel en/of gesonde koördinasie en visie nie, byvoorbeeld bestuur, ry, vlieg, seil, bedryfsmasjien/toerusting, totdat hulle bewus is van die mate waartoe **ADVACLEAR®** jou beïnvloed.

**WATER ADVACLEAR® BEVAT****Elke twee (2) kapsule ADVACLEAR® bevat die volgende aktiewe:**

Artisjok (Cynara scolymus) [Blaarekstrak (bevat sinariene en chlorogene suur)]	167 mg
Waterkers (Nasturtium officinale) [Lugdele 4: 1 Uittreksel]	133 mg
Vitamien C (as askorbienuur)	133 mg
Taurine	117 mg
Granaat (Punica granatum L.) [Hele vrugte uittreksel gestandaardiseer tot 45,8 mg galliensuurekwaliteit (GAE)]	87,5 mg
L-sisteien (as N-asetiel-L-sisteien)	67 mg
Kafeïenrye groen tee (Camellia sinensis) [Blaarekstrak gestandaardiseer tot 60% (33,6 mg) katekiene en 40% (22,4 mg) epigallocatechin gallate (EGCG)]	56 mg
Silymarin [van melkdistel (Silybum marianum) saad uittreksel]	50 mg
Vitamien E (as d-alfa-tokoferylsuursuksinaat)	44,6 mg
Vitamien B5 (as kalsium D-pantothenaat)	33,3 mg
Vitamien B6 (as piridoksien HCl)	16,66 mg
Vitamien B3 (as niacinamide)	13,3 mg
Vitamien B3 (as niasien)	10 mg
Vitamien B1 (as tiamienmononittraat)	10 mg
Sink (as sinksttraat)	6,5 mg
Vitamien B2 (as riboflavin 5'-fosfaat)	5 mg
Mangaan (as mangaansitraat)	1,66 mg
Koper (as kopersitraat)	660 µg
Vitamien A (as gemengde karotenolede)	500 µg
Folaat (as kalsium L-5-metiel-tetrahidrofolaat)	267 µg
Vitamien A (as retinylpalmitaat)	250 µg
Vitamien H (as biotien)	66 µg
Molibdeen (as molibdeen aspartaatkompleks)	66 µg
Selenium (as selenometionien)	50 µg
Vitamien B12 (as metielkobalamin)	33,4 µg
Vitamien D (as cholecalciferol)	0,8 µg (33 IE)

**Onaktiewe bestanddele:** Kruisgekoppelde natriumkarboksimetielcellulose, dikalsiumfosfaat, hidrokpropylselulose, magnesiumsuout van vetsure, mikrokristallyne selulose, silikondioksied en steariensuur.

**Hierdie produk is geskik vir nie-GGO, glutenvry (suikervry)**

**NEEM VAN ANDER MEDISYNE SAAM MET ADVACLEAR®**

Komplementêre medisyne produkte bevat bestanddele wat met sommige medisyne 'n interaksie kan hê. As jy enige chroniese medisyne gebruik, moenie hierdie produk gebruik sonder om jou gesondheidsorgpraktisy te raadpleeg nie.

**SWANGERSKAP EN BORSVOEDING**

Alhoewel veiligheid tydens swangerskap en borsvoeding vasgestel is, raadpleeg u gesondheidsorgpraktisy vir gebruik. As u swanger is of borsvoed, dink dat u swanger is of beplan om 'n baba te hê, raadpleeg u gesondheidsorgpraktisy voordat u hierdie aanvulling neem.

**HOE OM ADVACLEAR® TE NEEM**

Moenie medisyne wat vir u voorskryf is, met enige ander persoon deel nie. Neem altyd **ADVACLEAR®** presies soos beskryf in hierdie inligtingsblad, of soos u dokter, gesondheidsorgpraktisy voorgeskryf het. Raadpleeg jou dokter, apteker of gesondheidsorgpraktisy as jy onseker is.

**Aanwysings vir gebruik:**

**Volwasse:** Neem daaglik twee (2) kapsule of soos voorgeskryf deur jou gesondheidsorgpraktisy.

**Moenie meer as die aanbevole dosis neem nie.****AS JY MEER ADVACLEAR® NEEM AS WAT JY MOET**

In die geval van oordosering, raadpleeg u dokter of apteker. Indien nie een hiervan beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

**AS JY VERGEET OM ADVACLEAR® TE NEEM**

Moenie 'n dubbele dosis neem om op te maak vir 'n dosis wat oorgeslaan is nie.

**MOONTLIKE NUWE-EFFEKTE**

**ADVACLEAR®** kan nuwe-effekte hê.

Indien jy enige van die volgende diagnoseerbare toestande het, raadpleeg jou gesondheidsorgpraktisy vir gebruik: bloedingsversteurings, hartskietes, diabetes, kop- en nekankar, swak en bros bene (osteoporose), prostaatanker, 'n oorerflike oogtoestand wat swak nagsig en verlies aan syvisie (retinitis pigmentosa) veroorsaak, beroerte, lewersiekte, post-chirurgiese stentplasing, Gewigsverlieschirurgie, prosedures om veroude are (angioplastie) te verbreed, beslagleggingsversteuring. As jy die volgende medisyne neem, raadpleeg asseblief jou gesondheidsorgpraktisy voordat jy neem: medisyne vir kanker (Chemoterapie), bloedstolling (Antikoagulant / Antiplatelet-middels), Warfarin (Coumadin), Antibiotika vir kanker (Antitumor Antibiotika), Antibiotika (Tetrasielien antibiotika), Amiodaron (Cordarone), Fenobarbital (Luminal), medisyne vir hoë bloeddruk (antihypertensiewe middels), 5-Fluorouracil, medisyne vir diabetes (Antidiabetes dwelms). As enige van die volgende gebeur, hou op om **ADVACLEAR®** te gebruik en vertel jou dokter of gaan na die ongevallende afdeling by jou naaste hospitaal:

- Allergiese reaksies-uitslag, jeuk / swelling (veral van die gesig / tong / keel), erge duiseligheid, probleme met asemhaling;

Dit is alles baie ernstige gevalle. As jy dit het, het jy dalk 'n ernstige reaksie op **ADVACLEAR®** gehad. Jy mag dalk dringende mediese hulp of hospitalisasie nodig hê.

Nuwe-effekte wat gewoonlik nie mediese hulp benodig nie (rapporteur aan u gesondheidsorgpraktisy as dit voortduur):

- naarheid / braking.

Nie alle nuwe-effekte en interaksies wat vir **ADVACLEAR®** gerapporteer word, is by hierdie inligtingsblad gesluit nie. Indien jou algemene gesondheid vererger of as jy enige nadelige effekte ervaar tydens die gebruik van hierdie medisyne, raadpleeg asseblief jou dokter, apteker of ander gesondheidsorgpraktisy vir raad. As jy enige nuwe-effekte sien wat nie in hierdie inligtingsblad genoem word nie, stel asseblief jou dokter, apteker of gesondheidsorgpraktisy in kennis.

**AANMELDING VAN NUWE-EFFEKTE**

As jy nuwe-effekte ervaar, praat met jou dokter, apteker of ander gesondheidsorgpraktisy. U kan ook nuwe-effekte aan SAHPRA rapporteer via "6.04 Adverse Drug Reaction Reporting Form", wat aanlyn gevind word onder SAHPRA se publikasies:

<https://www.sahpra.org.za/Publications/Index/8>. Deur nuwe-effekte aan te meld, kan u help om meer inligting te verskaf oor die veiligheid van **ADVACLEAR®**.

**HOE OM ADVACLEAR® TE BEREÏ**

Bêre alle medisyne buite bereik van kinders.

Bêre in 'n koel, donker plek, onder 25 °C.

Beskerm teen direkte sonlig en hitte.

Bêre in die oorspronklike verpakking.

Moet nie gebruik word na die vervaldatum wat op die bottel aangedui word nie.

Moenie **ADVACLEAR®** gebruik as u sigbare tekens van agteruitgang opmerk nie.

Moenie ongebruikte medisyne in dreine of rioolstelsels (bv. toilette) weggooi nie.

**AANBEDIING VAN ADVACLEAR®**

'n Wit 250 ml HDPE-bottel met 'n wit dop, induksiesel, peuterkrimpesel, spons en silikagelsakkie.

**IDENTIFIKASIE VAN ADVACLEAR®**

Duidelike, groentekapsule, met 'n bruin vulsel.

**REGISTRASIE NUMMER**

Om deur SAHPRA toegeken te word by registrasie.

**TOEGANG TOT DIE OOREENSTEMMENDE PROFESSIONELE INLIGTING**

Skandeer QR-kode.

**HIERDIE INLIGTINGSBLAD IS LAAS HERSEEN OP**

19 Desember 2024

**NAAM EN ADRES VAN REGISTRASIEHOUER**

Versprei deur:

Amipro Advanced Development Products (Pty) Ltd  
Unit 3, Eastgate Business Park, 1 South Road, Eastgate  
Extension,  
Sandton, 2146  
Tel: 011-802-8101



