



# AdvaClear®

## Daily Support for Detoxification

AdvaClear supports daily detoxification for optimal vitality and health. This formula provides methylated B12 and folate along with bifunctional nutritional support designed to enhance the activities of several liver detoxification support enzymes. In addition, it supports Phase 1 and Phase 11 detoxification pathways.

### Nutritional Support for Detoxification

- N-Acetylcysteine and Sodium Sulfate promote generation of glutathione, which is a major route for detoxification of heavy metals, and supports Phase II sulfation.
- Activated forms of vitamin B12 and folate promote balanced detoxification by supporting Phase II methylation and healthy homocysteine recycling.
- Ellagic Acid from pomegranate is a bifunctional modulator that can bind some toxins directly, rendering them non-toxic, and can directly bind and protect DNA.
- Catechins from green tea are bifunctional modulators that are strong antioxidants, possessing anti-carcinogenic and anti-mutagenic potential. Catechins promote healthy gastrointestinal function.
- Watercress (*Nasturtium officinale*) contains high levels of glucosinolates. The bifunctional activity of watercress is one of the proposed mechanisms for its chemoprotective effect
- Silymarin from milk thistle is a well-known liver-protectant that may improve liver function in patients with liver disease and toxicity. Silymarin may increase glutathione and is a strong antioxidant.
- Artichoke (*Cynara scolymus*) is a liver protectant. Providing strong anti-oxidant protection and may decrease the loss of glutathione after toxic exposure.

**Form:** 60 Capsules  
**Serving Size:** 2 Capsules

Ingredient:	Amount Per Serving
Vitamin A [67% (1,667 IU) as beta-carotene†† and 33% (834 IU) as retinyl palmitate].....	2500 IU
Vitamin C (as ascorbic acid).....	133 mg
Vitamin D (as cholecalciferol).....	33 IU
Vitamin E (as d-alpha tocopheryl succinate).....	67 IU
Thiamin (as thiamin mononitrate).....	10 mg
Riboflavin.....	5 mg
Niacin (as niacinamide and niacin).....	23 mg
Vitamin B6 (as pyridoxine HCl).....	17 mg
Folate (as calcium L-5-methyl-tetrahydrofolate‡††).....	268 mcg
Vitamin B12 (as methylcobalamin).....	33 mcg
Biotin.....	66 mcg
Pantothenic Acid (as d-calcium pantothenate).....	33 mg
Zinc (as zinc citrate).....	6.5 mg
Selenium (as selenomethionine).....	50 mcg
Copper (as copper citrate).....	0.65 mg
Manganese (as manganese citrate).....	1.65 mg
Molybdenum (as molybdenum aspartate).....	66 mcg
Silymarin (from milk thistle seed extract, <i>Silybum marianum</i> ).....	50 mg
Decaffeinated‡ Green Tea ( <i>Camellia sinensis</i> ) Leaf Extract [standardized to 60% (33.6 mg) catechins and 40% (22.4 mg) epigallocatechin gallate (EGCG)].....	56 mg
Artichoke ( <i>Cynara scolymus</i> ) Leaf Extract (containing cynarin and chlorogenic acid).....	167 mg
Watercress ( <i>Nasturtium officinale</i> ) Aerial Parts 4:1 Extract.....	133 mg
Pomegranate ( <i>Punica granatum</i> L.) Whole Fruit Extract [standardized to 45.8 mg gallic acid equivalent (GAE)].....	87.5 mg
N-Acetyl-L-Cysteine.....	67 mg
Sodium Sulfate.....	100 mg
Taurine.....	117 mg

**Ingredients:** Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, magnesium stearate (vegetable), and silica.

**Directions:** Take two capsules once daily or as directed by your healthcare practitioner.

**This product is non-GMO and gluten-free.**

**Caution:** If pregnant or nursing, taking other nutritional supplements, or taking medications, consult your healthcare practitioner before use. To be taken under supervision of a healthcare provider. Keep out of the reach of children.

**Warning:** Excess vitamin A intake may be toxic, may increase the risk of birth defects, and may contribute to osteoporosis. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day unless directed to do so by a healthcare practitioner.

Certain persons, considered experts, may disagree with one or more of the foregoing statements, but the same are deemed, nevertheless, to be based on sound and reliable authority. No such statements shall be construed as a claim or representation as to Metagenics products, that they are offered for the diagnosis, cure, mitigation, treatment or prevention of any disease.