



# Metagenics® Bone Builder with Magnesium

## PROFESSIONAL INFORMATION

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

### SCHEDULING STATUS: S0

#### 1. NAME OF THE MEDICINE: BONE BUILDER WITH MAGNESIUM

#### 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Serving Size	1 tablet
Servings Per Container:	90 pack size 90
Vitamin D (as cholecalciferol)	55 mcg (200 IU)
Calcium (as MCHC and dicalcium phosphate)	206 mg
Phosphorus (as MCHC and dicalcium phosphate)	116 mg
Magnesium (As magnesium citrate, magnesium aspartate, and magnesium bis-glycinate)	100 mg
Microcrystalline Hydroxyapatite Concentrate (MCHC)	0.5 g

Other Ingredients: Microcrystalline cellulose, sodium starch glycolate, stearic acid (vegetable), silica, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

#### For full list of excipients, see section 6.1

This product is gluten-free and non-GMO.

#### 3. PHARMACEUTICAL FORM

Off-white, clear coated tablet.

#### 4. CLINICAL PARTICULARS

##### 4.1 Therapeutic indications

**Bone Builder with Magnesium** provides bone health support with microcrystalline hydroxyapatite concentrate (MCHC), a highly absorbable crystalline compound comprised of naturally occurring organic components of bone which is backed by over 30 years of research. MCHC contains naturally occurring calcium, phosphorus, and trace amounts of other minerals, bone growth factors, collagen and other vital bone proteins. This well-rounded formula is designed to support bone mineral density and features vitamin D and magnesium for enhanced bone support and healthy muscle function. \*

\* This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use. **Bone Builder with Magnesium** does not intend to prevent or cure any form of illness or disease and should not replace any medication. If you suffer from a chronic medical condition, consult your healthcare practitioner before using this product.

##### 4.2 Posology and method of administration

Take one- two tablets daily or as directed by your healthcare practitioner.

##### 4.3 Contraindications

None known.

##### 4.4 Special warnings and precautions for use

If pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Please keep out of the reach of children

##### 4.5 Interaction with other medicines and other forms of interaction

None known.

##### 4.6 Fertility, pregnancy and lactation

There are no adequate data from the use of **Bone Builder with Magnesium** in pregnant or breast-feeding woman.

##### 4.7 Effects on ability to drive and use machines

There are no adequate data from the use of **Bone Builder with Magnesium** on the ability to drive and use machines.

##### 4.8 Undesirable effects

None known.

##### 4.9 Overdose

Treatment is symptomatic and supportive.

#### 5. PHARMACOLOGICAL PROPERTIES

##### 5.1 Pharmacodynamic properties

Category of medicine: D (Complementary Medicine)  
Class of medicine: 34.13 Health supplements - Other

##### 5.2 Pharmacokinetic properties

Pharmacokinetic studies have not been conducted on **Bone Builder with Magnesium** product

#### 6. PHARMACEUTICAL PARTICULARS

##### 6.1 List of excipients

Tablet core:  
Microcrystalline cellulose  
Sodium starch glycolate  
Stearic acid (vegetable)  
Silica

Tablet coating:  
Hypromellose  
Medium-chain triglycerides  
Hydroxypropylcellulose

##### 6.2 Incompatibilities

None known.

##### 6.3 Shelf Life

24 Months.

##### 6.4 Special precautions for storage

Keep tightly closed in a cool, dry place.  
Keep tablets in original container until required for use.  
KEEP OUT OF REACH OF CHILDREN.

##### 6.5 Nature and contents of container

Packs of 90 tablets in PET bottle with PET lid  
Pack-size: 90.

##### 6.6 Special precautions for disposal

No special requirements.

#### 7. HOLDER OF CERTIFICATE OF REGISTRATION

Amipro Advanced Development Products (pty) Ltd  
Unit 3 Eastgate Business Park, 1 South Road, Marlboro, Sandton, Johannesburg 2063  
Tel: 011 802 8101

#### 8. REGISTRATION NUMBER

Will be allocated by SAHPRA upon registration.

#### 9. DATE OF FIRST AUTHORISATION

Will be allocated by SAHPRA upon registration.