

Cognitive Decline



Multi-system approach to a 21st century complex problem

Dr Golding is chief medical advisor in private practice in Johannesburg, South Africa, practicing Integrative and Functional Medicine, combining natural medicines, nutraceuticals, bio-identical hormones, intravenous treatments, allopathic medicine, and other medical biotechnologies to enhance the health of his clients.

He established the Golding Institute: www.goldinginstitute.com for the purpose of training and educating medical practitioners in Functional, Preventive, Anti-aging, and Integrative Medicine, equipping them with expert knowledge, tools and resources to practice personalized lifestyle medicine, making this modality the standard practice of medicine. He has recently completed the *Reversing Cognitive Decline: Advanced Clinical Training in Treating MCI and Early Alzheimer's Disease*, a collaboration between the Institute of Functional Medicine and MPI Cognition, an initiative founded by Dale Bredesen, MD.

Credentials: MBChB (Cum Laude, Pretoria)/ FCP(SA) Specialist Physician/Internist/ ABAARM: Board Certified Anti-Aging Physician/ American Board of Anti-Aging and Regenerative Medicine/ FAARFM: Advanced Fellowship in Anti-Aging/ Regenerative and Functional Medicine/ FICT: Fellowship in Integrative Cancer Therapies/ ACAM: Certified Chelation Therapist/ MS USF: Masters in Medical Sciences University of South Florida Magna Cum Laude/ NUGO (European Nutrigenomics Organization): Full Certification in Nutrigenomics/ Proteomics, Metabolomics/ FAIM : Board of directors chairman/ AAAM Diplomate in Aesthetics Medicine / Faculty Member AAAM (American Academy of Aesthetics Medicine) : International Lecturer



The Program includes

- Basic principles and foundations of approach to Cognitive Decline (CD) including basic classification of types
- Infections relevant to Cognitive Decline
- Diagnostics, functional imaging, mental Cognitive Decline testing
- Laboratories suggested for CD, including conventional labs and functional lab tests
- Genetics
- Nutritional and lifestyle approaches to Cognitive Decline
- Therapeutics in Cognitive Decline
- Hormones and Cognitive Decline and memory improvement/ trophic support
- Toxicity states, metals, mould and detoxification strategies
- Mitochondrial health and microbiome health and the gut brain connection
- Medications and Alzheimer dementia as well as micronutrient repletions



The Golding Institute
Personalised Medicine Today

in collaboration with



This 8 week online course and workshop has been designed to analyse and apply the volume of information related to cognitive decline in a structured fashion. The implementation and incorporation of these clinical and investigative techniques will be covered extensively in this course.

Recognition, identification, treatment and prevention of Cognitive Decline.

During this course, delegates from all disciplines will learn, as part of the Collaborative Care Team, to implement a comprehensive multi-modality treatment strategy using a Functional Medicine and Systems Biology approach. Delegates will learn to evaluate patients, classify them based on the underlying causes of their dysfunction, and then apply a multi-dimensional protocol to individualize treatment for each patient. This integrative approach has demonstrated to arrest Cognitive Decline, and even reverse it.

Name & Surname: _____

Phone: _____

Email: _____

Qualification: _____

Physical Address: _____

Please click [here](#) to register or fill in this document and email it as an attachment to info@functionalmedicinesa.co.za

**FMSA reserves the right to refuse entry to any person.*

Please register before Friday 25th January 2019



8 week online course & workshop



R6500 (online) + R1000 (workshop) = Total R7500 (excl VAT)



01 Feb - 30 March 2019



8 weeks



Applicants must be a graduate of an accredited medical, nutritional, osteopathic, chiropractic, nursing, naturopathic, homeopathic, dietetic, acupuncture, pharmacy, physiotherapy, nutritional therapy or other program.

CPD Accreditation :

21 SAMA

21 AHPCSA