



Estrovera

Plant-Derived Menopausal Hot Flash Relief

Estrovera’s key ingredient, ERr731, has been used safely and effectively for over 20 years and is supported by clinical studies. Estrovera provides relief for multiple menopausal symptoms, including hot flashes, sleep disturbances, mood swings, irritability, anxiety, and sexual problems.

Why Estrovera?

- Clinically shown to reduce the number of daily menopausal hot flushes for women during menopausal transition
- Clinically demonstrated to relieve a wide range of other menopausal symptoms
- Excellent safety profile supported by 2 years of clinical testing in perimenopausal women
- Clinically effective dose in just 1 tablet daily
- Exclusive, patented formula
- Natural, safe relief that performs as well as low-dose hormone replacement therapy

Form: 30 Tablets
Serving Size: 1 Tablet

Ingredient:	Amount Per Serving
Rhapontic Rhubarb (Rheum rhaponticum L.) Root† Extract (ERr 731®) [Providing 2.2 mg rhaponticin and 1 mg desoxy-rhaponticin].....	4 mg

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and enteric coating (ethyl cellulose, hydroxypropylmethylcellulose, medium-chain triglycerides, ammonium hydroxide, sodium alginate, hydroxypropylcellulose, oleic acid, and stearic acid).

Directions: Take one tablet with food and a glass of water once daily at the same time of day or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Caution: Do not use if pregnant or nursing. This product is contraindicated for individuals with any known or suspected estrogen-dependent cancer. If taking medication, consult your healthcare practitioner before use.

Storage: Keep tightly closed in a cool, dry place.

Certain persons, considered experts, may disagree with one or more of the foregoing statements, but the same are deemed, nevertheless, to be based on sound and reliable authority. No such statements shall be construed as a claim or representation as to Metagenics products, that they are offered for the diagnosis, cure, mitigation, treatment or prevention of any disease.