



## Exhilarin® **Energy and Stress Tolerance Support**

Exhilarin® is designed based on Ayurvedic traditions to help support energy and stress tolerance.

## Why Exhilarin?

- A proprietary blend of adaptogenic ingredients to help support stress resilience and the downstream consequences of impaired stress tolerance
- Holy Basil provides immunomodulatory properties
- Ashwagandha. helps adaptability to both physical and chemical stress
- Bacopa monnieri is used to revitalize nerves and strengthen the adrenals

Form: 60 Tablets Serving Size: 2 Tablets	
Ingredient:	Amount Per Serving
A Proprietary Blend of Herbal Extracts: Holy Basil (Ocimum sanctum) Leaf 8:1 Extract (com Ashwagandha (Withania somnifera) Root 15:1 Extra Amla (Emblica officinalis) Fruit 5:1 Extract (containi Bacopa (Bacopa monniera) whole plant 8:1 Extract	aining ursolic acid) ct (containing withanolides) ng tannins)
Other Ingredients: Microcrystalline cellulose, cellulose, and coating (hypromellose, medium-chain triglycerides,	
Directions: Take two tablets daily or as directed by you	healthcare practitioner.
This product is non-GMO, gluten-free, and vegetarian.	

Caution: Do not use if pregnant or nursing. If taking medication, consult your healthcare practitioner before use

Certain persons, considered experts, may disagree with one or more of the foregoing statements, but the same are deemed, nevertheless, to be based on sound and reliable authority. No such statements shall be construed as a claim or representation as to Metagenics products, that they are offered for the diagnosis, cure, mitigation, treatment or prevention of any disease.



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