



# HerSynergy<sup>®</sup>

## Female Libido Support

HerSynergy<sup>®</sup> is formulated to promote libido in women with a special, concentrated extract of fenugreek, which may support multiple key markers of sexual function. This novel formula also supplies targeted vitamins and minerals to help maintain estrogen metabolism and other factors related to libido, such as emotional health and relaxation.

### Why HerSynergy?

- Features fenugreek, a safe and effective botanical to help improve libido in women
- Supplies a unique combination of vitamins and minerals to help address mood, stress, and overall health
- Provides L-5-methyltetrahydrofolate (L-5-MTHF) to support estrogen metabolism

**Form:** 60 Tablets  
**Serving Size:** 1 Tablet

Ingredient	Amount Per Serving
Vitamin B <sub>6</sub> (as pyridoxine HCl).....	0.5 mg
Folate (as calcium L-5-methyltetrahydrofolate) <sup>†</sup> .....	200 mcg
Vitamin B <sub>12</sub> (as methylcobalamin).....	1 mcg
Magnesium (as magnesium citrate).....	50 mg
Zinc (as zinc citrate).....	2.5 mg
Fenugreek (Trigonella foenum-graecum).....	300 mg
Seed Extract <sup>††</sup> [standardized to 150 mg saponin glycosides]	
Betaine HCl.....	100 mg

**Other Ingredients:** Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, maltodextrin, and polyethylene glycol).

**Directions:** Take one tablet twice daily with food or as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** Consult your healthcare practitioner if taking other nutritional supplements or medications.

**Storage:** Keep tightly closed in a cool, dry place.

<sup>†</sup>As Metafolin<sup>®</sup>. Metafolin<sup>®</sup> is a registered trademark of Merck KGaA, Darmstadt Germany.

<sup>††</sup>As Libifem<sup>®</sup>. Libifem<sup>®</sup> is a registered trademark of Gencor.

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