

## PATIENT INFORMATION LEAFLET

### SCHEDULING STATUS: S0

Category D: Complementary medicine.

Discipline: Health Supplement

33.121 Multiple Substance Formulation

PROPRIETARY NAME, STRENGTH, PHARMACEUTICAL FORM –

## IMMUNE ACTIVE™, 60 Capsules

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

- **IMMUNE ACTIVE™** is available without a doctor's prescription.
- Nevertheless, you still need to use **IMMUNE ACTIVE™** carefully to get the best results from it.
- Keep this leaflet. You may need to read it again.
- Do not share **IMMUNE ACTIVE™** with any other person.
- Ask your pharmacist or healthcare professional if you need more information or advice.

### WHAT IS IN THIS LEAFLET

- What **IMMUNE ACTIVE™** is and what it is used for.
- What you need to know before you take **IMMUNE ACTIVE™**.
- How to take **IMMUNE ACTIVE™**.
- Possible side effects.
- How to store **IMMUNE ACTIVE™**.
- Contents of the pack and other information.

### WHAT IMMUNE ACTIVE™ CONTAINS

Each one (1) capsule of **IMMUNE ACTIVE™** contains the following actives:

L-Cysteine (as N-acetyl-L-cysteine)	300 mg
Decaffeinated Green Tea (Camellia sinensis) [Leaf Extract standardized to 60% (112,50 mg) catechins and 40% (75 mg) epigallocatechin gallate (EGCG)]	187,50 mg
Quercetin	125 mg
Vitamin C (as ascorbic acid)	100 mg
Zinc (as zinc bisglycinate)	15 mg

**Inactive Ingredients:** Capsule (hydroxypropylmethylcellulose), magnesium stearate (vegetable), and silica.

**This product is suitable for Vegetarians gluten free, non-GMO and Sugar Free.**

### WHAT IMMUNE ACTIVE™ IS AND WHAT IT IS USED FOR

**IMMUNE ACTIVE™** provides vitamin C and zinc and features quercetin and EGCG to help support a healthy immune response and promote antioxidant processes.

### BEFORE YOU TAKE IMMUNE ACTIVE™

If you are taking any chronic medication, do not use this product without consulting your healthcare practitioner. Do not take **IMMUNE ACTIVE™** if you are hypersensitive (allergic) to any of the ingredients. If you have allergies, be sure to check with your healthcare professional before taking this supplement.

This medicine has not been evaluated by the SAHPRA for quality, safety, or intended use.

### PREGNANCY AND BREASTFEEDING

Safety during pregnancy and breastfeeding has not been established, do not take if you are pregnant or breastfeeding. If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult with your healthcare professional before taking this supplement.

### DRIVING AND USING MACHINES

It is not always possible to predict to what extent **IMMUNE ACTIVE™** may interfere with the daily activities of a patient. Patients should ensure that they do not engage in activities relating to requiring mental alertness, judgement and/or sound co-ordination and vision e.g. driving, riding, flying, sailing, operating machines/equipment, until they are aware of the measure to which **IMMUNE ACTIVE™** may affect you.

### TAKING OTHER MEDICINES WITH IMMUNE ACTIVE™

Complementary medicine products contain ingredients which may interact with some medication. If you are taking any chronic medication, do not use this product without consulting your healthcare practitioner.

### HOW TO TAKE IMMUNE ACTIVE™

Do not share medicines prescribed for you with any other person. Always take **IMMUNE ACTIVE™** exactly as described in this leaflet, or as your doctor, healthcare practitioner has instructed you. You should check with your doctor, pharmacist or healthcare practitioner if you are unsure.

### Directions for use:

**Adults:** Take one (1) capsule daily with food or as directed by your healthcare practitioner

**Do not take more than the recommended dose.**

### IF YOU TAKE MORE IMMUNE ACTIVE™ THAN YOU SHOULD

In the event of overdose, consult your doctor, pharmacist. Should none of these be available, contact the nearest hospital or poison control centre.



### IF YOU FORGET TO TAKE IMMUNE ACTIVE™

Do not take a double dose to make up for a missed dose.

### POSSIBLE SIDE EFFECTS

**IMMUNE ACTIVE™** may have side effects.

Should you have any of the following diagnosed conditions, consult with your healthcare professional before use: Procedures to widen narrowed arteries (angioplasty), Cancer, Seizure disorder, Vitamin B12 deficiency. Taking folic acid supplements might improve certain lab tests in people with low vitamin B12 levels (This may make it seem like vitamin B12 deficiency is improved when it isn't. If left untreated, this could cause permanent nerve damage). If you are taking the following medication, please consult with your healthcare practitioner before taking: Fosphenytoin (Cerebyx), Phenobarbital (Luminal), Phenytoin (Dilantin), Primidone used for seizures, Pyrimethamine used to treat parasite infections, 5-Fluorouracil. If any of the following happens, stop using **IMMUNE ACTIVE™** and tell your doctor or go to the casualty department at your nearest hospital:

- Allergic reactions— rash, itching/swelling (especially of the face/tongue/throat), severe dizziness, trouble breathing.

These are all very serious effects. If you have them, you may have had a serious reaction to **IMMUNE ACTIVE™**. You may need urgent medical attention or hospitalisation.

Side effects that usually do not require medical attention (report to your healthcare professional if they continue):

- Diarrhoea, Fatigue, Headache, Nausea.

Not all side effects and interactions reported for **IMMUNE ACTIVE™** are included in this leaflet.

Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor, pharmacist or healthcare professional.

### REPORTING OF SIDE EFFECTS

If you experience side effects, talk to your doctor, pharmacist or other healthcare professional. You can also report side effects to SAHPRA via "6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications: <https://www.sahpra.org.za/Publications/Index/8>. By reporting side effects, you can help provide more information on the safety of **IMMUNE ACTIVE™**.

### STORAGE AND DISPOSING OF IMMUNE ACTIVE™

Store all medicines out of the reach of children.

Store in a cool, dark place, below 25 °C.

Protect from direct sunlight and heat.

Store in the original packaging.

Do not use after the expiry date stated on the bottle.

Do not use **IMMUNE ACTIVE™** if you notice visible signs of deterioration.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

### PRESENTATION OF IMMUNE ACTIVE™

A white 250 ml HDPE bottle with a white cap, induction seal, tamper shrink seal, wadding and silica gel sachet.

### IDENTIFICATION OF IMMUNE ACTIVE™

Clear vegetable Capsule/Yellow Speckled FILL.

### REGISTRATION NUMBER

To be allocated by SAHPRA upon registration

### ACCESS TO THE CORRESPONDING PROFESSIONAL INFORMATION

Scan QR code.

### THIS LEAFLET WAS LAST REVISED ON

19 November 2024

### NAME AND ADDRESS OF REGISTRATION HOLDER

Distributed by:

Amipro Advanced Development Products (Pty) Ltd  
Unit 3, Eastgate Business Park, 1 South Road, Eastgate Extension,  
Sandton, 2146  
Tel: 011-802-8101



# PASIËNT INLIGTINGSBLAD

SKEDULERINGSSTATUS 50

Kategorie D: Komplementêre medisyne.

Dissipline: Gesondheidsaanvulling

34.12 Meervoudige Bestandeel Formulasie

HANDELSNAAM EN DOSEERVORM,

## IMMUNE ACTIVE™, 60 Kapsules

LEES HIERDIE INLIGTINGSBLAD NOUKEURIG, WANT DIT BEVAT

BELANGRIKE INLIGTING VIR U

- **IMMUNE ACTIVE™** is beskikbaar sonder doktersvoorskrif.
- U moet steeds **IMMUNE ACTIVE™** versigtig gebruik om die beste resultate daaruit te kry.
- Hou hierdie inligtingsblad. Miskien moet u dit weer lees.
- Moenie **IMMUNE ACTIVE™** met enige ander persoon deel nie.
- Vra jou apteker of gesondheidsorgpraktisyn of jy meer inligting of advies benodig.

WAT IS IN HIERDIE INLIGTINGSBLAD

- Wat **IMMUNE ACTIVE™** is en waarvoor dit gebruik word.
- Wat jy moet weet voordat jy **IMMUNE ACTIVE™** neem.
- Hoe om **IMMUNE ACTIVE™** te neem.
- Moontlike nuwe-effekte.
- Hoe om **IMMUNE ACTIVE™** te bère.
- Inhoud van die pak en ander inligting

WATTER IMMUNE ACTIVE™ BEVAT

Elke een (1) kapsule IMMUNE ACTIVE™ bevat die volgende aktiewe:

L-sisteien (as N-asetiel-L-sisteien)	300 mg
Kafeienvrye groen tee (Camellia sinensis)	187,50 mg
[Blaarekstrak gestandaardiseer tot 60% (112,50 mg) katekiene en 40% (75 mg) epigallocatechin gallate (EGCG)]	
Quercetin	125 mg
Vitamiën C (as askorbienuur)	100 mg
Sink (as sinkbisglycinaat)	15 mg

**Onaktiewe bestanddele:** Kapsule (hydroxypropylmethylcellulose), magnesiumstearaat (groente) en silika.

**Hierdie produk is geskik vir vegetariërs glutenvry, nie-GGO en suikervry.**

WAT IS IMMUNE ACTIVE™ KAPSULES EN WAARVOOR WORD DIT GEBRUIK

**IMMUNE ACTIVE™** verskaf vitamien C en sink en kenmerke quercetin en EGCG om 'n gesonde immunrespons te ondersteun en bevorder antioksidantprosesse.

VOORDAT JY IMMUNE ACTIVE™ NEEM

As jy enige chroniese medisyne neem, moenie hierdie produk gebruik sonder om jou gesondheidsorgpraktisyn te raadpleeg nie. Moenie **IMMUNE ACTIVE™** neem as jy hipersensitief (allergies) is vir enige van die bestanddele nie. As jy allergieë het, maak seker dat jy met jou gesondheidsorgpraktisyn gaan voordat jy hierdie aanvulling neem.

**Hierdie medisyne is nie deur SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie.**

SWANGERSKAP EN BORSVOEDING

V Veiligheid tydens swangerskap en borsvoeding is nie vasgestel nie, moenie neem as jy swanger is of borsvoed nie. As u swanger is of borsvoed, dink dat u swanger is of beplan om 'n baba te hê, raadpleeg u gesondheidsorgpraktisyn voordat u hierdie aanvulling neem.

BESTUUR EN GEBRUIK VAN MASIËNE

Dit is nie altyd moontlik om te voorspel in watter mate **IMMUNE ACTIVE™** die daaglikse aktiwiteite van 'n pasiënt kan belemmer nie. Pasiënte moet seker maak dat hulle nie betrokke raak by aktiwiteite wat verband hou met die vereiste van verstandelike waaksamheid, oordeel en/of gesonde koördinasie en visie nie, byvoorbeeld bestuur, ry, vlieg, seil, bedryfsmasjiene/toerusting, totdat hulle bewus is van die mate waartoe **IMMUNE ACTIVE™** jou beïnvloed.

NEEM VAN ANDER MEDISYNE SAAM MET IMMUNE ACTIVE™

Komplementêre medisyne produkte bevat bestanddele wat met sommige medisyne 'n interaksie kan hê. As jy enige chroniese medisyne gebruik, moenie hierdie produk gebruik sonder om jou gesondheidsorgpraktisyn te raadpleeg nie.

HOE OM IMMUNE ACTIVE™ TE NEEM

Moenie medisyne wat vir u voorgeskryf is, met enige ander persoon deel nie. Neem altyd **IMMUNE ACTIVE™** presies soos beskryf in hierdie inligtingsblad, of soos u dokter, gesondheidsorgpraktisyn voorgeskryf het. Raadpleeg jou dokter, apteker of gesondheidsorgpraktisyn as jy onseker is.

**Aanwysings vir gebruik:**

**Volwasse:** Neem daaglik een (1) kapsule saam met kos of soos voorgeskryf deur jou gesondheidsorgpraktisyn.

**Moenie meer as die aanbevole dosis neem nie.**

AS JY MEER IMMUNE ACTIVE™ NEEM AS WAT JY MOET

In die geval van oordosering, raadpleeg u dokter of apteker. Indien nie een hiervan beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

AS JY VERGEET OM IMMUNE ACTIVE™ TE NEEM

Moenie 'n dubbele dosis neem om op te maak vir 'n dosis wat oorgeslaan is nie.

MOONTLIKE NUWE-EFFEKTE

**IMMUNE ACTIVE™** kan nuwe-effekte hê.

Indien jy enige van die volgende gediagnoseerde toestande het, raadpleeg jou gesondheidsorgpraktisyn vir gebruik: angioplastie, kanker, beslagleggingsversteuring, vitamien B12-tekort te verbreed Die neem van foliensuuraanvullings kan sekere laboratoriumtoetse verbeter by mense met lae vitamien B12-vlakke (Dit kan dit laat lyk asof vitamien B12-tekort verbeter word wanneer dit nie is nie. As dit nie behandel word nie, kan dit permanente senuweeskade veroorsaak). As jy die volgende medisyne neem, raadpleeg asseblief jou gesondheidspraktisyn voordat jy neem: Fosfenytoin (Cerebry), Fenobarbital (Luminal), Fentioien (Dilantin), Primidone wat gebruik word vir aanvalle, Pyrimethamine wat gebruik word om parasitiesiektes te behandel, 5-Fluorouracil. As enige van die volgende gebeur, hou op om **IMMUNE ACTIVE™** te gebruik en vertel jou dokter of gaan na die ongevallen-afdeling by jou naaste hospitaal:

- Allergiese reaksies- uitslag, jeuk / swelling (veral van die gesig / tong / keel), erge duiseligheid, probleme met asemhaling;

Dit is alles baie ernstige gevolge. As jy dit het, het jy dalk 'n ernstige reaksie op **IMMUNE ACTIVE™** gehad. Jy mag dalk dringende mediese hulp of hospitalisasie nodig hê.

Nuwe-effekte wat gewoonlik nie mediese hulp benodig nie (rapporteur aan u gesondheidsorgpraktisyn as dit voortduur):

- Diarree, moegheid, hoofpyn, naarheid..

Nie alle nuwe-effekte en interaksies wat vir **IMMUNE ACTIVE™** gerapporteer word, is by hierdie inligtingsblad ingesluit nie. Indien jou algemene gesondheid vererger of as jy enige nadelige effekte ervaar tydens die gebruik van hierdie medisyne, raadpleeg asseblief jou dokter, apteker of ander gesondheidsorgpraktisyn vir raad. As jy enige nuwe-effekte sien wat nie in hierdie inligtingsblad genoem word nie, stel asseblief jou dokter, apteker of gesondheidsorgpraktisyn in kennis.

AANMELDING VAN NUWE-EFFEKTE

As jy nuwe-effekte ervaar, praat met jou dokter, apteker of ander gesondheidsorgpraktisyn. U kan ook nuwe-effekte aan SAHPRA rapporteer via "6.04 Adverse Drug Reaction Reporting Form", wat aanlyn gevind word onder SAHPRA se publikasies:

<https://www.sahpra.org.za/Publications/Index/8>. Deur nuwe-effekte aan te meld, kan u help om meer inligting te verskaf oor die veiligheid van **IMMUNE ACTIVE™**.

HOE OM IMMUNE ACTIVE™ TE BEREË

Hou buite bereik van kinders.

Hou dig toegemaak op 'n koel, droë plek, onder 25 °C.

Beskermt teen direkte sonlig en hitte.

Bêre in die oorspronklike verpakking.

Moet nie gebruik word na die vervaldatum wat op die bottel aangedui word nie.

Moenie **IMMUNE ACTIVE™** gebruik as u sigbare tekens van agteruitgang opmerk nie. Moenie ongebruikte medisyne in dreine of rioolstelsels (bv. toilette) weggooi nie.

AANBIEDING VAN IMMUNE ACTIVE™

'n Wit 250 ml HDPE-bottel met 'n wit dop, induksieseel, peuterkrimpseel, spons en silikagelsakke.

IDENTIFIKASIE VAN IMMUNE ACTIVE™

Duidelike groentekapsule/geel gespikkelde vulsel.

REGISTRASIONOMMER

Om deur SAHPRA toegeken te word by registrasie.

TOEGANG TOT DIE OOREENSTEMMENDE PROFESSIONELE INLIGTING

Skandeer QR-kode.

HIERDIE INLIGTINGSBLAD IS LAAS HERSIEN OP

19 November 2024

NAAM EN ADRES VAN REGISTRASIEHOUER

Versprei deur:

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