PROFESSIONAL INFORMATION

SCHEDULING STATUS: S0
Category D: Complementary medicine.
Discipline: Discipline Specific
33.6 Western Herbal Medicine

PROPRIETARY NAME, STRENGTH, PHARMACEUTICAL FORM -

KAPREX®, 60 Capsules

COMPOSITION

Each one (1) capsule of KAPREX® contain the following actives:

Tetrase [Tetrahydro iso-alpha acids complex (Hops 7:1 extract; *Humulus lupulus L.*)]	200 mg
Rosemary (*Rosmarinus officinalis*) [Leaf 10:1 Extract]	100 mg
Olive (*Olea europaea*) [Leaf 40:1 extract providing oleanolic acid 1 mg]	1,25 mg

Inactive Ingredients: Gelatin, glycerin, olive oil, sodium copper chlorophyllin (colour), water, yellow beeswax.
This product is dairy and gluten free and is non-GMO. (Sugar Free)

PHARMACOLOGICAL CLASSIFICATION
Complementary Medicine

INDICATION & PHARMACOLOGICAL ACTION
KAPREX® is formulated with a unique blend of plant extracts, including compounds from hops, rosemary, and olive leaf, designed to support joint wellness and overall comfort. This combination is crafted with a focus on balanced wellness support for an active lifestyle.

Ingredient	Use for Ingredient
Tetrase [Tetrahydro iso-alpha acids complex	May help reduce inflammation and discomfort in the joints due to its anti-inflammatory properties.
Rosemary (*Rosmarinus officinalis*)	Known for its anti-inflammatory and analgesic properties, which may help alleviate joint pain and stiffness.
Olive (*Olea europaea*)	Contains antioxidants that may help reduce joint inflammation and support joint health by reducing oxidative stress.

CONTRA INDICATIONS:
If you are taking any chronic medication, do not use this product without consulting your healthcare professional. Do not take **KAPREX®** if you are hypersensitive (allergic) to any of the ingredients. If you have allergies, be sure to check with your healthcare professional before taking this supplement. **SURGERY: KAPREX®** should be discontinued at least 2 weeks prior to reduce bleeding risks. **LABORATORY TESTS: KAPREX®** may influence electrolyte and kidney function tests**.** Please tell your healthcare practitioner that you are taking **KAPREX®** before having any laboratory tests. **ANTIBIOTICS**: **KAPREX®** may bind with antibiotics like tetracyclines and fluoroquinolones, reducing their effectiveness. Administer these supplements 2-4 hours before or after taking antibiotics.

INTERACTIONS
Always tell your healthcare professional if you are taking any other medicine. It is possible that exposure of certain supplement ingredients may interfere with certain medications. **(See Warnings & Special precautions)**

DOSAGE AND DIRECTIONS FOR USE
Adults: Take one (1) capsule twice daily with food or as directed by your healthcare practitioner. **Do no take more than the recommended dose.**

KNOWN SYMPTOMS OF OVER DOSAGE AND PARTICULARS OF ITS TREATMENT
See side-effects.
Treatment:
Discontinue use and consult your doctor, pharmacist or other healthcare professional for advice.

WARNING AND SPECIAL PRECAUTIONS
Should you have diagnosed chronic medical conditions, consult with your healthcare professional before use. If you are taking the following medication, please consult with your healthcare professional before taking: May enhance the sedative effects of CNS depressants (e.g., alcohol, benzodiazepines), Possible interaction with medications affecting estrogen levels (e.g., birth control), May interact with anticoagulants (e.g., warfarin) due to potential blood-thinning effects, May interact with antihypertensive drugs (e.g., ACE inhibitors), May enhance effects of diabetic medications (e.g., insulin, metformin).

If any of the following happens, stop using **KAPREX®** and tell your doctor or go to the casualty department at your nearest hospital:

- Allergic reactions— rash, itching/swelling (especially of the face/tongue/throat).

These are all very serious effects. If you have them, you may have had a serious reaction to **KAPREX®.** You may need urgent medical attention or hospitalisation.
Side effects that usually do not require medical attention (report to your healthcare professional if they continue):

- Nausea, headache,upset stomach.

These are all very serious effects. If you have them, you may have had a serious reaction to **KAPREX®**. You may need urgent medical attention or hospitalisation.
Seek advice from a healthcare professional if you have any medical condition.
Discontinue use immediately should any adverse reaction occur. Read this leaflet carefully because it contains important information for you. This product is available without a doctor's prescription.
• Keep this leaflet. You may need to read it again.
• Do not share medication with any other person.
• Ask your pharmacist if you need more information or advice.
• You must consult a doctor should your condition worsen or does not improve.
DO NOT USE THIS PRODUCT:
• If you are hypersensitive (allergic) to any of the ingredients listed.
• Do not accept this package if seals are broken.

STORAGE INSTRUCTION
Store in a cool, dark place, below 25 °C.
Protect from direct sunlight and heat.
Store in the original bottle.
Keep the bottle tightly closed.
Replace the protective cap after each use.
Do not use after the expiry date stated on the bottle.
Do not use **KAPREX®** if you notice visible signs of deterioration.

IDENTIFICATION
Dark green oval gelatine softgel, brown fill.

PRESENTATION
A white 175 ml HDPE bottle with a white cap, induction seal, tamper shrink seal, wadding and silica gel sachet.

SIDE EFFECTS
Should your general health worsen, or if you experience any untoward effects while being exposed to this product, please consult your doctor, pharmacist or other healthcare professional for advice.

REGISTRATION NUMBER - To be allocated by SAHPRA upon registration.
This medicine has not been evaluated by SAHPRA for quality, safety, or intended use.

NAME AND BUSINESS ADDRESS OF APPLICANT
Distributed by:
Amipro Advanced Development Products (Pty) Ltd
Unit 3, Eastgate Business Park, 1 South Road, Eastgate Extension,
Sandton, 2146, Tel: 011-802-8101

DATE OF PUBLICATION
To be allocated by the regulatory authority.

PROFESSIONELE INLIGTINGSBLAD

SKEDULERINGSTATUS: S0

Kategorie D: Komplementêre medisyne.
Dissipline: Dissipline Spesifiek
33.6 Westerse kruiemedisyne

HANDELSNAAM EN DOSEERVORM,

KAPREX®, 60 Kapsules

SAMESTELING

Elke een (1) kapsule van KAPREX® bevat die volgende aktiewe stowwe:

Tetrase [Tetrahydro iso-alfa sure kompleks (Hop 7: 1 uittreksel; *Humulus lupulus L.*)]	200 mg
Roosmaryn (*Rosmarinus officinalis*) [Blaar 10:1 Uittreksel]	100 mg
Olywe (*Olea europaea*) [Blaar 40: 1 uittreksel wat oleanolsuur 1 mg verskaf]	1,25 mg

Onaktiewe bestanddele: Gelatien, gliserien, olyfolie, natriumkoper chlorofillien (kleur), water, geel byewas.
Hierdie produk is suiwel- en glutenvry en is nie-GGO. (Suikervry)

FARMAKOLOGIESE KLASSIFIKASIE
Komplementêre medisyne

AANDUIDING EN FARMAKOLOGIESE WERKING
KAPREX® is geformuleer met 'n unieke mengsel van plantekstrakte, insluitend verbindings van hop, roosmaryn en olyfblaar, wat ontwerp is om gesamentlike welstand en algehele gemak te ondersteun. Hierdie kombinasie is gemaak met 'n fokus op gebalanseerde welstandsondersteuning vir 'n aktiewe leefstyl.

Bestanddeel	Gebruik vir bestanddeel
Tetrase [Tetrahydro iso-alfa sure kompleks	Kan help om inflammasie en ongemak in die gewrigte te verminder as gevolg van sy anti-inflammatoriese eienskappe.
Roosmaryn (*Rosmarinus officinalis*)	Bekend vir sy anti-inflammatoriese en pynstillende eienskappe, wat kan help om gewrigspyn en styfheid te verlig.
Olywe (*Europees*)	Bevat antioksidante wat kan help om gewrigsontsteking te verminder en gewrigsgesondheid te ondersteun deur oksidatiewe stres te verminder.

KONTRA-INDIKASIES:
As jy enige chroniese medisyne neem, moenie hierdie produk gebruik sonder om jou gesondheidsorgpraktisynr te raadpleeg nie. Moenie **KAPREX®** neem as jy hipersensitief (allergies) is vir enige van die bestanddele nie. As jy allergieë het, maak seker dat jy met jou gesondheidsorgpraktisynr gaan voordat jy hierdie aanvulling neem. **CHIRURGIE: KAPREX®** moet ten minste 2 weke voor die tyd gestaak word om bloedingsrisiko's te verminder.
LABORATORIUMTOETSE: KAPREX® kan elektroliet en nierfunksietoetse beïnvloed**.** Vertel asseblief jou gesondheidsorgpraktisyn dat jy **KAPREX® neem** voordat enige laboratoriumtoetse ondergaan word. **ANTIBIOTIKA**: **KAPREX®** kan bind met antibiotika soos tetrasikliene en fluorokinolone, wat hul doeltreffendheid verminder. Dien hierdie aanvullings 2-4 ure toe voor of na die neem van antibiotika.

INTERAKSIES
Vertel altyd jou gesondheidsorgpraktisyn as jy enige ander medisyne gebruik. Dit is moontlik dat blootstelling van sekere aanvullingsbestanddele met sekere medisyne 'n interaksie mag hê. (Sien **Waarskuwings en Spesiale voorsorgmaatreëls**)

DOSIS EN AANWYSINGS VIR GEBRUIK
Volwassenes: Neem een (1) kapsule twee keer per dag saam met kos of soos voorgeskryf deur jou gesondheidspraktisyn.
Moenie meer as die aanbevole dosis neem nie.

DATUM VAN PUBLIKASIE
Om deur die regulerende owerheid toegeken te word.

WAARSKUWING EN SPESIALE VOORSORGMAATREËLS
As jy chroniese mediese toestande gediagnoseer het, raadpleeg jou gesondheidswerker voor gebruik. As jy die volgende medisyne neem, raadpleeg asseblief jou gesondheidspraktisyn voordat jy neem: Kan die kalmerende effekte van SSS-depressante (bv. alkohol, bensodiasepiene) verbeter), Moontlike interaksie met medikasie wat estrogeenvlakke beïnvloed (bv. geboortebeperking), Kan interaksie hê met antikoagulante (bv. warfarin) as gevolg van potensiële bloedverdunnende effekte, Kan interaksie hê met antihipertensiewe middels (bv. ACE-rhibeerders), Kan die effekte van diabetiese medikasie verbeter (bv. insulien, metformien). As enige van die volgende gebeur, hou op om **KAPREX®** te gebruik en vertel jou dokter of gaan na die ongevalle-afdeling by jou naaste hospitaal:

- Allergiese reaksies- uitslag, jeuk / swelling (veral van die gesig / tong / keel),;

Dit is alles baie ernstige gevolge. As jy dit het, het jy dalk 'n ernstige reaksie op **KAPREX®** gehad. Jy sal dalk dringende mediese hulp of hospitalisasie nodig hê.
Newe-effekte wat gewoonlik nie mediese hulp benodig nie (rapporteer aan jou gesondheidsorgpraktisyn as hulle voortduur):

- Naarheid, hoofpyn, omgekrapte maag.

Dit is alles baie ernstige gevolge. As u dit het, het u moontlik 'n ernstige reaksie op **KAPREX®** gehad. Miskien het u dringende mediese hulp of hospitalisasie nodig.
Raadpleeg 'n gesondheidsorgpraktisyn as u enige mediese toestand het. Staak gebruik onmiddellik indien enige nadelige reaksie plaasvind. Lees hierdie inligtingsblad aandagtig deur, want dit bevat belangrike inligting vir u. Hierdie produk is beskikbaar sonder doktersvoorskrif.
• Hou hierdie inligtingsblad. Miskien moet u dit weer lees.
• Moenie medisyne met enige ander persoon deel nie.
• Vra jou apteker of jy meer inligting of advies benodig.
• Jy moet 'n dokter raadpleeg indien jou toestand vererger of nie verbeter nie.
MOENIE HIERDIE PRODUK GEBRUIK NIE:
• As jy hipersensitief (allergies) is vir enige van die bestanddele wat gelys word.
• Jy moet nie hierdie produk aanvaar as seëls gebreek word nie.

NEWE-EFFEKTE
Indien jou algemene gesondheid vererger of as jy enige nadelige effekte ervaar tydens die gebruik van hierdie medisyne, raadpleeg asseblief jou dokter, apteker of ander gesondheidsorgpraktisyn vir raad. As jy enige newe-effekte sien wat nie in hierdie inligtingsblad genoem word nie, stel asseblief jou dokter, apteker of gesondheidsorgpraktisyn in kennis.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN Sien newe-effekte.
Behandeling: Staak gebruik en raadpleeg jou dokter, apteker of ander gesondheidsorgpraktisyn vir advies.
BERGING INSTRUKSIE
Bêre in 'n koel, donker plek, onder 25 °C.
Beskerm teen direkte sonlig en hitte.
Bêre n die oorspronklike bottel.
Hou die bottel styf toe.
Vervang die beskermende dop na elke gebruik.
Moet nie gebruik word na die vervaldatum wat op die bottel aangedui word nie.
Moenie **KAPREX®** gebruik as u sigbare tekens van agteruitgang opmerk nie.

IDENTIFIKASIE
Donkergroen ovaal gelatien softgel, bruin vulsel.

AANBIEDING
'n Wit 175 ml HDPE-bottel met 'n wit dop, induksieseël, peuterkrimpseël, spons en silikagelsakkie.

REGISTRASIE NOMMER
Om by registrasie deur SAHPRA toegeken te word.
Hierdie medisyne is nie deur SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie.

NAAM EN BESIGHEIDSADRES VAN APPLIKANT
Versprei deur:
Amipro Advanced Development Products (Pty) Ltd
Unit 3, Eastgate Business Park, 1 South Road,
Eastgate Extension, Sandton, 2146, Tel: 011- 802-8101