



Licorice Plus

Support for Cortisol Metabolism

Licorice Plus is designed for individuals who have been exposed to moderate or prolonged stress and have difficulty achieving an adaptive response, which may be due to physically exhausted reserves.

Why Licorice Plus?

- Supports healthy cortisol metabolism, which is associated with a healthy physiological response to stress
- Promotes healthy adrenal function and vitality.
- Provides ashwagandha, an Ayurvedic herb with adaptogenic properties—often referred to as "Indian ginseng"
- Standardized to assure controlled delivery of glycyrrhizic acid—a key active ingredient from licorice
- Ideal for those who are "stressed and hot."

Form: 60 Tablets
Serving Size: 1 Tablet

Ingredient:	Amount Per Serving
Licorice (Glycyrrhiza glabra) Root Extract.....	300 mg
[standardized to 25% (75 mg) glycyrrhizic acid].....	50 mg
Ashwagandha (Withania somnifera) Root 15:1 Extract (containing withanolides)	
A 4:1† Herbal Extract Blend of:	250 mg
Rehmannia (Rehmannia glutinosa) Root	
Chinese Yam (Dioscorea oppositifolia) Root	

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets one to two times daily or as directed.

Warning: Do not use if pregnant or nursing or if you have heart disease or hypertension. Do not exceed 600 mg of glycyrrhizic acid daily. Extended use at these levels may elevate blood pressure.

Caution: If taking medication, consult your healthcare practitioner before use.
†Equivalent to 3000 mg raw, dried, unprocessed herbs.

This product is non-GMO, gluten free and vegetarian.

Certain persons, considered experts, may disagree with one or more of the foregoing statements, but the same are deemed, nevertheless, to be based on sound and reliable authority. No such statements shall be construed as a claim or representation as to Metagenics products, that they are offered for the diagnosis, cure, mitigation, treatment or prevention of any disease.