

**S0 MamaPlus**

 Before, during and after  
pregnancy

<b>Doseringsvorm</b>	30 Kapsules	
<b>Elke kapsule bevat</b>	Omega 3 DHA (Dokosaheksaensuur)	250 mg
	Yster (as ysterbisglisinaat)	21 mg
	Vitamiën E (as D-Alfa-tokoferol)	12 mg
	Sink (as sinkbisglisinaat)	10 mg
	Foliensuur (as kalsium L-5-metieltehtrahidrofolaat)	400 µg
	Jodium (as kaliumjodied)	125 µg
	Vitamiën B12 (as metielkobalamien)	25 µg
	Vitamiën D3 (as cholecalciferol)	25 µg (1000 I.U.)
<b>Ander bestandele</b>	Byewas, rooi ysteroksied, gelatien, gliserol, sojalesitien en water	
<b>Suiker inhoud</b>	Sorbitol 11,9 mg	
<b>Waarvoor word dit gebruik</b>	MamaPlus <sup>®</sup> verskaf omvattende voedingstowwe om vroue te ondersteun van voor bevrugting tot borsvoeding. Dit bevat die belangrikste mikrovoedingstowwe wat nuttig is vir die moeder en haar baba.	
<b>Dosering</b>	Neem 1 kapsule per dag, of soos voorgeskryf deur jou gesondheidsorgpraktisyn.	
<b>Waarskuwings</b>	Hou buite bereik van kinders. Moet nie gebruik indien die veiligheidsseël ontbreek of stukkend is nie.	
<b>Berging instruksies</b>	Vir die beste resultate, bêre op 'n koel droë plek.	
<b>Klas en kategorie</b>	Aanvullende Medisyne: Gesondheidsaanvulling	
<b>Applikant</b>	Amipro Advanced Development Products (Pty) Ltd	
<b>Skedulering</b>	S0	
Hierdie ongeregistreerde medisyne is nie deur SAHPRA vir gehalte, veiligheid of beoogde gebruik geëvalueer nie.		
MamaS30C_V2.0		

METAGENICS.CO.ZA

**MamaPlus®** provides comprehensive nutrients to support women from preconception through nursing. It contains the main micronutrients useful for the mother and her baby.

**Directions:** Take 1 capsule daily or as directed by your healthcare practitioner.

**This product is non-GMO.**

**Caution:** Keep out of the reach of children.

**Tamper Evident:** Do not use if safety seal is missing or broken.

**Storage:** Keep tightly closed in a cool, dry place.



dairy-free



Certified



Corporation



This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use. Complementary Medicine: Combination Product

 **Metagenics®**

PRACTITIONER RECOMMENDED



PREGNANCY SUPPORT

SO **MamaPlus®**

Before, during and after pregnancy

COMPLEMENTARY  
MEDICINE

30 CAPSULES 

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 30

### Amount Per Serving

Omega 3 DHA (Docosahexaenoic acid)	250 mg
Iron (as iron bisglycinate)	21 mg
Vitamin E (as D-Alpha-tocopherol)	12 mg
Zinc (as zinc bisglycinate)	10 mg
Folic Acid (as calcium L-5-methyltetrahydrofolate)	400 µg
Iodine (as potassium iodide)	125 µg
Vitamin B12 (as methylcobalamin)	25 µg
Vitamin D3 (as cholecalciferol)	25 µg (1000 I.U.)

**Other ingredients:** Beeswax, ferric oxide red, gelatin, glycerol, soy lecithin and water  
**Contains Sugar:** Sorbitol 11,9 mg

MANUFACTURED BY:  
METAGENICS EUROPE [WWW.METAGENICS.EU](http://WWW.METAGENICS.EU)

DISTRIBUTED BY: METAGENICS SOUTH AFRICA, TEL: 011 802 8101  
APPLICANT: AMPRO ADVANCED DEVELOPMENT PRODUCTS (PTY) LTD