



MetaGlycemX

Advanced Nutritional Support for Healthy Insulin and Glucose Metabolism

MetaGlycemX™ features a unique combination of green tea extract, cinnamon, and alpha-lipoic acid, nutrients that support healthy insulin metabolism when used as part of a healthy diet for maintaining healthy blood sugar levels already in the normal range. Green tea contains epigallocatechin gallate (EGCG), which may support healthy glucose metabolism. Alpha-lipoic acid is a potent antioxidant that acts as a free radical scavenger. MetaGlycemX also features other key supportive nutrients—including methylcobalamin, biotin, chromium, and vitamins C and E—combined in a well-rounded formula.

Why MetaGlycemX?

- May support healthy glucose metabolism with targeted micronutrients
- Cinnamon and alpha-lipoic acid may help support healthy insulin activity
- Features green tea catechins (EGCG), which may protect insulin secreting pancreatic islet cells
- Offers a unique antioxidant profile to reduce oxidative stress and promote healthy insulin metabolism

Form: 60 Tablets
Serving Size: 2 Tablets

Ingredient	Amount Per Serving
Vitamin C (as ascorbic acid).....	300 mg
Vitamin D (as cholecalciferol).....	200 IU
Vitamin E (as d-alpha tocopheryl succinate).....	200 IU
Thiamin (as thiamin mononitrate).....	15 mg
Riboflavin.....	9 mg
Niacin (as niacinamide).....	90 mg
Vitamin B6 (as pyridoxine HCl).....	9 mg
Folate (as calcium L-5-methyltetrahydrofolate) [†]	400 mcg
Vitamin B12 (as methylcobalamin).....	150 mcg
Biotin.....	2,000 mcg
Pantothenic Acid (as D-calcium pantothenate).....	30 mg
Zinc (as zinc citrate).....	9 mg
Selenium (as selenomethionine).....	90 mcg
Copper (as copper lysinate HCl).....	0.75 mg
Manganese (as manganese citrate).....	1.2 mg
Chromium (as chromium polynicotinate).....	600 mcg
Alpha-Lipoic Acid.....	100 mg
Chinese Cinnamon (Cinnamomum cassia).....	500 mg
Bark Powder	
Decaffeinated ^{††} Green Tea (Camellia sinensis).....	167 mg
Leaf Extract [standardized to 60% (100 mg) catechins and 40% (67 mg) epigallocatechin gallate (EGCG)].....	50 mg
L-Carnosine.....	300 mg
Taurine.....	300 mg

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, silica, stearic acid (vegetable), calcium silicate, magnesium stearate (vegetable), and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Caution: If pregnant or nursing, or taking medications, consult your healthcare practitioner before use. Keep out of the reach of children.

[†] As Metafolin®, Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany
^{††} Contains no more than 4% caffeine.

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