MGK001

Metagenics® Mg/K Aspartate

PROFESSIONAL INFORMATION

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

SCHEDULING STATUS: S0

1. NAME OF THE MEDICINE: MG/K ASPARTATE

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Serving Size 2 tablets
Servings Per Container: 60 pack size 30

Magnesium (as magnesium aspartate)	100 mg
Potassium (as potassium aspartate)	160 mg

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), and croscarmellose sodium.

For full list of excipients, see section 6.1
This product is non-GMO, gluten-free, and vegetarian.

3. PHARMACEUTICAL FORM
Off-white uncoated tablet

4. CLINICAL PARTICULARS

4.1 Therapeutic indications
Mg/K Aspartate features magnesium and potassium in the form of true mineral aspartates to enhance absorption. Magnesium plays an important role in energy production, and potassium is a key electrolyte in cellular function. *

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4.2 Posology and method of administration
Take two tablets daily or as directed by your healthcare practitioner.

4.3 Contraindications
None known.

4.4 Special warnings and precautions for use
Keep out of the reach of children.

4.5 Interaction with other medicines and other forms of interaction
None known.

4.6 Fertility, pregnancy and lactation
There are no adequate data from the use of **Mg/K Aspartate** in pregnant or breast-feeding woman

4.7 Effects on ability to drive and use machines
There are no adequate data from the use of **Mg/K Aspartate** on the ability to drive and use machines.

4.8 Undesirable effects
None known.

4.9 Overdose
Treatment is symptomatic and supportive.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties
Category of medicine: D (Complementary Medicine)
Class of medicine: 34.13 Health supplements - Other

5.2 Pharmacokinetic properties
Pharmacokinetic studies have not been conducted on **Mg/K Aspartate** product

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Microcrystalline cellulose
Cellulose
Stearic acid (vegetable)
Croscarmellose sodium

6.2 Incompatibilities
None known.

6.3 Shelf Life
24 Months.

6.4 Special precautions for storage
Keep tightly closed in a cool, dry place
Keep tablets in original container until required for use.
KEEP OUT OF REACH OF CHILDREN.

6.5 Nature and contents of container
Packs of 60 tablets in amber glass bottles.
Pack-size: 60 tablets

6.6 Special precautions for disposal
No special requirements.

7. HOLDER OF CERTIFICATE OF REGISTRATION
Amipro Advanced Development Products (pty) Ltd
Unit 3 Eastgate Business Park, 1 South Road, Marlboro, Sandton, Johannesburg 2063
Tel: 011 802 8101

8. REGISTRATION NUMBER
Will be allocated by SAHPRA upon registration.

9. DATE OF FIRST AUTHORISATION
Will be allocated by SAHPRA upon registration.