



NuSera

Relief for Stressful Moments

NuSera is formulated in a great-tasting, chocolate chewable to help promote a feeling of calmness and relaxation during times of stress. This science-based formula features a clinically effective dosage of LactiumPure—a patented, bioactive decapeptide—which research suggests promotes a healthy response to stress. In clinical studies, this unique ingredient was shown to boost the body’s ability to manage stress, which is important for maintaining a healthy lifestyle.

Why NuSera?

- Clinical studies suggest LactiumPure†—the patented, active ingredient in NuSera—improves stress response measures, including physical and emotional reactions
- Research suggests LactiumPure may influence the metabolism of cortisol, the stress hormone.
- In vitro studies suggest LactiumPure positively influences the activity of gamma-aminobutyric acid (GABA)—a calming neurotransmitter
- Clinically effective dose
- Ideal for those who are "occasionally stressed"

Form: 30 Chewable Tablets
Serving Size: 1 Chewable Tablet

Ingredient:	Amount Per Serving
Calories	5
Total Carbohydrate	2 g
Sugar Alcohol	1 g
Milk Protein Hydrolysate	150 mg

Other Ingredients: Sorbitol, fructose, casein tryptic hydrolysate (milk), natural flavours, Dutch processed cocoa, stearic acid (vegetable), silica, and guar gum. Contains: Milk.

Directions: Chew one tablet during times of stress or as directed by your healthcare provider. Do not exceed four tablets per day.

This product is non-GMO and gluten free.

Caution: Excessive consumption may cause drowsiness. If taking medication, consult your healthcare practitioner before use. Avoid use if taking benzodiazepine or consuming alcohol.

Warning: Do not use if pregnant or nursing.

Certain persons, considered experts, may disagree with one or more of the foregoing statements, but the same are deemed, nevertheless, to be based on sound and reliable authority. No such statements shall be construed as a claim or representation as to Metagenics products, that they are offered for the diagnosis, cure, mitigation, treatment or prevention of any disease.