



OmegaGenicsTM Neuro 1000

Helps support cardiovascular,
cognitive, & eye health

Omega-3 fatty acids, also known as long-chain polyunsaturated fatty acids (PUFAs), are commonly found in oily fish such as herring, sardines, and mackerel. EPA and DHA provide considerable health benefits, and consuming products such as oily fish and marine oil supplements has been associated with good health throughout the lifespan.

The production of EPA and DHA in the human body from precursor fatty acids such as alpha-linolenic acid can be inefficient, so it is important to consume them on a regular basis. Unfortunately, the typical Western diet tends to be low in omega-3s. According to the National Health and Nutrition Examination survey (NHANES), more than 81% of adults in the United States had omega-3 concentrations below the levels associated with cardiovascular health.¹ Aggravating this problem is that omega-6 fatty acids are common in many foods that make up a large part of our diets, and omega-6s can interfere with the ratio and balance of omega fatty acids in the body. These factors make a strong case for regular supplementation of omega-3s.

OmegaGenics Neuro 1000 features a concentrated, purified source of omega-3 fatty acids. Each softgel provides a total of 750 mg DHA and 250 mg EPA.

DHA & cognition

Higher intakes of omega-3 fatty acids, particularly DHA, have been shown to support maintenance of healthy cognitive function. In one study, higher EPA and DHA status were positively associated with indices of cognitive performance and scores on tests of visual memory, executive function, and abstract thinking, with DHA showing a stronger association

DHA & brain health

Omega-3 fatty acids, particularly DHA, have been shown to support the maintenance of healthy brain and gray matter volume and brain structure. In several large cohort studies, including the Framingham Heart Study, lower omega-3 status was associated with lower total brain, hippocampal, and gray matter volume and higher white matter hyperintensity, with DHA showing the greatest effect.

The OmegaGenics Difference

Transparency

We go to great lengths to ensure a high level of quality and consistency in every batch, so you can feel confident that what's on the label is exactly what's in the bottle.

Sustainability

Our fish are always sourced from fisheries that observe best practices for protecting endangered species and their ocean environments.

To ensure the lowest environmental impact, we partner with Friends of the Sea—a third-party organization dedicated to the preservation of the marine habitat.

Extensive testing

Every batch is third-party tested by Eurofins, a leader in environment and biopharma product testing, for over 450 contaminants including heavy metals and PCBs. Beyond that, we perform in-house testing for microbial contaminants and conduct quality measures (softgel disintegration time, shelf stability, and taste and tolerance) to ensure safety and potency.

Every OmegaGenics formula makes a world of difference.

So can you.

Metagenics is proud to continue our partnership with Vitamin Angels, a charitable organization that helps provide nutritional support to protect the health of at-risk populations in need—specifically pregnant women, new mothers, and children under 5—in approximately 45 countries. In the last year, contributions from OmegaGenics product purchases helped over 100,000 children in need.

Form: 60 Softgels
Serving Size: 1 Softgel

Calories	15
Total Fat	1.5 g
Polyunsaturated Fat	1 g
Marine Lipid Concentrate	1.3 g
DHA (Docosahexaenoic acid triglyceride)	750 mg
EPA (Eicosapentaenoic acid triglyceride)	250 mg

Ingredients: Marine lipid concentrate (one or more of: anchovy, calamari, sardine, and mackerel oil), softgel shell (gelatin, glycerin, water), contains 2 percent or less of natural lemon flavours, rosemary extract, and mixed tocopherols and ascorbyl palmitate (antioxidants). Contains: Fish (anchovy, sardine, and mackerel).

Directions: Take one softgel 1-2 times daily or as directed by your healthcare practitioner. This product is non-GMO and gluten-free.

Warning: This product contains calamari, a mollusk shellfish. Please note that a subset of individuals with crustacean allergies may also react to mollusks.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.

Complementary Products

Mag L-Threonate:

Designed to help support cognitive health

Ceralin® Forte:

Foundation neuroprotection formula

