



# PhytoMulti Capsules

The Smart Multi in easy to swallow Capsules

**PhytoMulti** takes you beyond basic wellness support. It has a proprietary blend of 13 concentrated extracts and phytonutrients with scientifically tested biological activity to protect your cells and maintain DNA stability—activating your health potential like no other supplement.

## Why PhytoMulti Capsules?

- Intelligent blend of highly-concentrated, full-spectrum phytonutrients to help you achieve your maximum health potential
- Phytonutrient potential for cell protection and DNA stability, verified by sophisticated in vitro Total ORACFN and Comet assays
- Phytonutrients impact cell signaling to communicate healthy messages throughout the body
- Enhanced with select bioactive plant compounds—including lutein, zeaxanthin, lycopene, and resveratrol
- Optimized with essential vitamins and minerals for multidimensional health support
- Vegetarian capsules are made of plant-derived ingredients and are designed to be easy to swallow

**Form:** 60 Capsules  
**Serving Size:** 3 Capsules

Ingredient:	Amount Per Serving
Vitamin A [50% from mixed carotenoids and 50% as retinyl acetate]	10 000 IU
Vitamin C (as ascorbic acid and ascorbyl palmitate)	120 mg
Vitamin D (as cholecalciferol)	1000 IU
Vitamin E (as d-alpha tocopheryl succinate)	100 IU
Vitamin K (as phytonadione)	120 mcg
Thiamin (as thiamin mononitrate)	25 mg
Riboflavin	15 mg
Niacin (as niacinamide and niacin)	50 mg
Vitamin B6 (as pyridoxine HCl)	25 mg
Folate (as calcium L-5-methyltetrahydrofolate)	800 mcg
Vitamin B12 (as methylcobalamin)	200 mcg
Biotin	500 mcg
Pantothenic Acid (as D-calcium pantothenate)	75 mg
Iodine (as potassium iodide)	150 mcg
Magnesium (as magnesium citrate)	40 mg
Zinc (as zinc citrate)	15 mg
Selenium (as selenium aspartate)	100 mcg
Copper (as copper citrate)	1 mg
Manganese (as manganese citrate)	0.5 mg
Chromium (as chromium polynicotinate)	200 mcg
Molybdenum (as molybdenum aspartate complex)	50 mcg
Choline (as choline bitartrate)	25 mg
Inositol	25 mg
Lycopene	6 mg
Zeaxanthin	2 mg
Lutein 6 mg *	6 mg
Resveratrol (from Polygonum cuspidatum root extract)	10 mg
Proprietary Phytonutrient Blend of:	400 mg
Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 43.2 mg gallic acid equivalents (GAE)], grape seed extract [standardized to 90% polyphenols], blueberry (Vaccinium spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (Cinnamomum cassia) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]	

**Other Ingredients:** Microcrystalline cellulose, capsule (hypromellose, sodium copper chlorophyllin), stearic acid (vegetable), and magnesium stearate (vegetable).

**Directions:** Take one to three capsules once daily with food or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

Caution: If you are taking medication, consult your healthcare practitioner before use.

Certain persons, considered experts, may disagree with one or more of the foregoing statements, but the same are deemed, nevertheless, to be based on sound and reliable authority. No such statements shall be construed as a claim or representation as to Metagenics products, that they are offered for the diagnosis, cure, mitigation, treatment or prevention of any disease.