

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: S0

Category D: Complementary medicine.

Discipline: Discipline Specific

33.7 Combination Product

PROPRIETARY NAME, STRENGTH, PHARMACEUTICAL FORM –

PHYTOMULTI® MULTIVITAMIN, 30 & 60 Tablets

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

- **PHYTOMULTI® MULTIVITAMIN** is available without a doctor's prescription.
- Nevertheless, you still need to use **PHYTOMULTI® MULTIVITAMIN** carefully to get the best results from it.
- Keep this leaflet. You may need to read it again.
- Do not share **PHYTOMULTI® MULTIVITAMIN** with any other person.
- Ask your pharmacist or healthcare professional if you need more information or advice.

WHAT IS IN THIS LEAFLET

- What **PHYTOMULTI® MULTIVITAMIN** is and what it is used for.
- What you need to know before you take **PHYTOMULTI® MULTIVITAMIN**.
- How to take **PHYTOMULTI® MULTIVITAMIN**.
- Possible side effects.
- How to store **PHYTOMULTI® MULTIVITAMIN**.
- Contents of the pack and other information.

WHAT PHYTOMULTI® MULTIVITAMIN CONTAINS

Each one (1) tablet of **PHYTOMULTI® MULTIVITAMIN** contains the following actives:

Proprietary Phytonutrient Blend of Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 21.6 mg gallic acid equivalents (GAE)], grape seed extract [standardized to 85% oligomeric proanthocyanidins], blueberry (Vaccinium spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (Cinnamomum cassia) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]	200 mg	Lutein [from Marigold flowers (Tagetes erecta)]	3 mg
Vitamin C (as Ascorbic acid and Ascorbyl palmitate)	60 mg	Lycopene	3 mg
Pantothenic Acid (as Calcium D-pantothenate)	37.5 mg	Zeaxanthin [from Marigold flowers (Tagetes erecta)]	1 mg
Vitamin E (as D-alpha tocopheryl succinate)	33.5 mg	Copper (as Copper citrate)	0.5 mg
Vitamin B3 (as Niacinamide and niacin)	25 mg	Manganese (as Manganese citrate)	0.25 mg
Magnesium (as Magnesium citrate)	20 mg	Vitamin A (50% from Mixed carotenoids and 50% as retinyl acetate)	1500 µg
Choline (as Choline bitartrate)	12.5 mg	Folate (as Calcium L-5-methyltetrahydrofolate)†	680 µg DFE
Myo-Inositol	12.5 mg	Vitamin H (Biotin)	250 µg
Vitamin B1 (as Thiamine mononitrate)	12.5 mg	Chromium (as Chromium polynicotinate)	100 µg
Vitamin B6 (as Pyridoxine HCl)	12.5 mg	Vitamin B12 (as Methylcobalamin)	100 µg
Vitamin B2 (Riboflavin)	7.5 mg	Iodine (as Potassium iodide)	75 µg
Zinc (as Zinc citrate)	7.5 mg	Vitamin K (as Phytonadione)	60 µg
Resveratrol (from Polygonum cuspidatum root extract)		Selenium (as Selenium aspartate)	50 µg
		Molybdenum (as Molybdenum aspartate complex)	25 µg
		Vitamin D (as Cholecalciferol)	12.5 µg (500 I.U.)

† As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

Inactive Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating/hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin [colour]. This product is dairy free and is non-GMO. CONTAINS CAFFEINE

WHAT PHYTOMULTI® MULTIVITAMIN IS AND WHAT IT IS USED FOR

PHYTOMULTI® MULTIVITAMIN offers a proprietary blend of 13 concentrated plant extracts and phytonutrients sourced from nature to support cellular health, healthy aging, nutritional balance, and daily wellbeing.



TAKING OTHER MEDICINES WITH PHYTOMULTI® MULTIVITAMIN

Complementary medicine products contain ingredients which may interact with some medication. If you are taking any chronic medication, do not use this product without consulting your medical practitioner. Consult a registered healthcare professional if you are taking any other medicine (such as lithium) including chronic, complementary, or traditional medicines; or have high blood pressure, glaucoma, and/or detrusor instability (overactive bladder syndrome). Consumption with other medicines (e.g. bitter orange extract, synephrine, octopamine, ephedra, ephedrine) which increase blood pressure is not recommended. Use of caffeine may result in sleep deprivation. Consumption with other caffeine-containing products or foods (e.g. medications, coffee, tea, colas, cocoa, guarana, maté) is not recommended.

HOW TO TAKE PHYTOMULTI® MULTIVITAMIN

Do not share medicines prescribed for you with any other person. Always take **PHYTOMULTI® MULTIVITAMIN** exactly as described in this leaflet, or as your doctor, healthcare provider has instructed you. You should check with your doctor, pharmacist or healthcare provider if you are unsure.

DRIVING AND USING MACHINES

It is not always possible to predict to what extent **PHYTOMULTI® MULTIVITAMIN** may interfere with the daily activities of a patient. Patients should ensure that they do not engage in activities relating to requiring mental alertness, judgement and/or sound co-ordination and vision e.g. driving, riding, flying, sailing, operating machines/equipment, until they are aware of the measure to which **PHYTOMULTI® MULTIVITAMIN** may affect you.

Directions for use:

Adults: Take one (1) tablet daily or as directed by your healthcare practitioner. Do not take more than the recommended dose.

IF YOU TAKE MORE PHYTOMULTI® MULTIVITAMIN THAN YOU SHOULD

In the event of overdose, consult your doctor, pharmacist. Should none of these be available, contact the nearest hospital or poison control centre.

IF YOU FORGET TO TAKE PHYTOMULTI® MULTIVITAMIN

Do not take a double dose to make up for a missed dose.

POSSIBLE SIDE EFFECTS

PHYTOMULTI® MULTIVITAMIN may have side effects.

Should you have any of the following diagnosed conditions, consult with your healthcare professional before use: Bleeding disorders, Heart disease, Diabetes, Head and neck cancer, Weak and brittle bones (osteoporosis), Prostate cancer, An inherited eye condition that causes poor night vision and loss of side vision (retinitis pigmentosa), Stroke, Liver disease, Post-surgical stent placement, Weight loss surgery, Procedures to widen narrowed arteries (angioplasty), Seizure disorder. If you are taking the following medication, please consult with your healthcare practitioner before taking. Medications changed by the liver, Medications for cancer (Chemotherapy), blood clotting (Anticoagulant / Antiplatelet drugs), Warfarin (Coumadin), Antibiotics for Cancer (Antitumor Antibiotics), Antibiotics (Tetracycline antibiotics, Amiodarone (Cardorone), Phenobarbital (Luminal), Medications for high blood pressure (antihypertensive drugs), 5-Fluorouracil, Medications for diabetes (Antidiabetes drugs). If any of the following happens, stop using **PHYTOMULTI® MULTIVITAMIN** and tell your doctor or go to the casualty department at your nearest hospital:

- Allergic reactions – rash, itching/swelling (especially of the face/tongue/throat), severe dizziness, trouble breathing.

These are all very serious effects. If you have them, you may have had a serious reaction to **PHYTOMULTI® MULTIVITAMIN**. You may need urgent medical attention or hospitalisation.

Side effects that usually do not require medical attention (report to your healthcare professional if they continue):

- nausea/vomiting.

Not all side effects and interactions reported for **PHYTOMULTI® MULTIVITAMIN** are included in this leaflet.

Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor, pharmacist or healthcare professional.

REPORTING OF SIDE EFFECTS

If you experience side effects, talk to your doctor, pharmacist or other healthcare professional. You can also report side effects to SAHPRA via "6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications:

<https://www.sahpra.org.za/Publications/Index/8>. By reporting side effects, you can help provide more information on the safety of **PHYTOMULTI® MULTIVITAMIN**.

STORAGE AND DISPOSING OF PHYTOMULTI® MULTIVITAMIN

Store all medicines out of the reach of children.

Store in a cool, dark place, below 25 °C.

Protect from direct sunlight and heat.

Store in the original packaging.

Do not use after the expiry date stated on the bottle.

Do not use **PHYTOMULTI® MULTIVITAMIN** if you notice visible signs of deterioration.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

PRESENTATION OF PHYTOMULTI® MULTIVITAMIN

30 TABLETS: A white 175 ml HDPE bottle with a white cap, induction seal, tamper shrink seal, wadding and silica gel sachet.

BEFORE YOU TAKE PHYTOMULTI® MULTIVITAMIN

If you are taking any chronic medication, do not use this product without consulting your healthcare provider. Do not take PHYTOMULTI® MULTIVITAMIN if you are hypersensitive (allergic) to any of the ingredients. If you have allergies, be sure to check with your healthcare professional before taking this supplement.

Surgery: Stop taking PHYTOMULTI® MULTIVITAMIN at least two weeks before scheduled surgery. **Antibiotics:** Take your antibiotics 2 hours before or after taking PHYTOMULTI® MULTIVITAMIN. **Laboratory tests:** Active ingredients in PHYTOMULTI® MULTIVITAMIN may alter the results of tests. Please tell your healthcare practitioner that you are taking PHYTOMULTI® MULTIVITAMIN before having any laboratory tests.

This medicine has not been evaluated by the SAHPRA for quality, safety, or intended use.

PREGNANCY AND BREASTFEEDING

Safety during pregnancy and breastfeeding has not been established, consult with your healthcare professional before use. If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult with your healthcare professional before taking this supplement.

Document Reference: PMV.PILCMP 01-25

PASİENT INLIGTINGSBLAD

SKEDULERINGSSTATUS [50]

Kategorie D: Komplementêre medisyne.

Dissipline: Dissiplinespesifiek

33.7 Kombinasie produk

HANDELSNAAM EN DOSEERVORM,

PHYTOMULTI® MULTIVITAMIN, 30 & 60 Tablette

LEES HIERDIE INLIGTINGSBLAD NOUKEURIG, WANT DIT BEVAT BELANGRIKE INLIGTING VIR U

- PHYTOMULTI® MULTIVITAMIN is beskikbaar sonder doktersvoorskrif.
- U moet steeds PHYTOMULTI® MULTIVITAMIN versigtig gebruik om die beste resultate daaruit te kry.
- Hou hierdie inligtingsblad. Miskien moet u dit weer lees.
- Moenie PHYTOMULTI® MULTIVITAMIN met enige ander persoon deel nie.
- Vra jou apteker of gesondheidsorgpraktisyn of jy meer inligting of advies benodig.

WAT IS IN HIERDIE INLIGTINGSBLAD

- Wat PHYTOMULTI® MULTIVITAMIN is en waarvoor dit gebruik word.
- Wat jy moet weet voordat jy PHYTOMULTI® MULTIVITAMIN neem.
- Hoe om PHYTOMULTI® MULTIVITAMIN te neem.
- Moontlike nuwe-effekte.
- Hoe om PHYTOMULTI® MULTIVITAMIN te bêre.
- Inhoud van die pak en ander inligting

WAT IS PHYTOMULTI® MULTIVITAMIN KAPSULEN EN WAARVOOR WORD DIT GEBUIK

PHYTOMULTI® MULTIVITAMIN bied 'n proprietêre mengsel van 13 gekonsentreerde plantekstrakte en fitonutriente afkomstig van die natuur om sellulêre gesondheid, gesonde veroudering, nutriënt balans en daaglikse welstand te ondersteun.

VOORDAT JY PHYTOMULTI® MULTIVITAMIN NEEM

As jy enige chroniese medisyne neem, moenie hierdie produk gebruik sonder om jou gesondheidsorgpraktisyn te raadpleeg nie. Moenie PHYTOMULTI® MULTIVITAMIN neem as jy hipersensitief (allergies) is vir enige van die bestanddele nie. As jy allergieë het, maak seker dat jy met jou gesondheidsorgpraktisyn gaan voordat jy hierdie aanvulling neem. **Chirurgie:** Hou op om PHYTOMULTI® MULTIVITAMIN ten minste twee weke voor die geskeduleerde operasie te neem. **Antibiotika:** Neem jou antibiotika 2 ure voor of na die neem van PHYTOMULTI® MULTIVITAMIN. **Laboratoriumtoets:** Aktiewe bestanddele in PHYTOMULTI® MULTIVITAMIN kan die resultate van toets verander. Vertel asseblief jou gesondheidsorgpraktisyn dat jy PHYTOMULTI® MULTIVITAMIN neem voordat jy enige laboratoriumtoets ondergaan. Hierdie medisyne is nie deur die SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie.

Hierdie medisyne is nie deur SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie.

BESTUUR EN GEBUIK VAN MASJIENE

Dit is nie altyd moontlik om te voorspel in watter mate PHYTOMULTI® MULTIVITAMIN die daaglikse aktiwiteite van 'n pasiënt kan belemmer nie. Pasiënte moet seker maak dat hulle nie betrokke raak by aktiwiteite wat verband hou met die vereiste van verstandelike waaksamheid, oordeel en/of gesonde koördinasie en visie nie, byvoorbeeld bestuur, ry, vlieg, seil, bedryfsmasjien/toerusting, totdat hulle bewus is van die mate waartoe PHYTOMULTI® MULTIVITAMIN jou beïnvloed.

60 TABLETS: A white 250 ml HDPE bottle with a white cap, induction seal, tamper shrink seal, wadding and silica gel sachet.

IDENTIFICATION OF PHYTOMULTI® MULTIVITAMIN

Green, coated, oblong tablet.

REGISTRATION NUMBER –

To be allocated by SAHPRA upon registration.

ACCESS TO THE CORRESPONDING PROFESSIONAL INFORMATION

Scan QR code.

THIS LEAFLET WAS LAST REVISED ON

02 January 2025

NAME AND ADDRESS OF REGISTRATION HOLDER

Distributed by:

Amipro Advanced Development Products (Pty) Ltd
Unit 3, Eastgate Business Park, 1 South Road, Eastgate Extension,
Sandton, 2146
Tel: 011-802-8101



NEEM VAN ANDER MEDISYNE SAAM MET PHYTOMULTI® MULTIVITAMIN

Komplementêre medisyne produkte bevat bestanddele wat met sommige medisyne 'n interaksie kan hê. As jy enige chroniese medisyne gebruik, moenie hierdie produk gebruik sonder om jou gesondheidsorgpraktisyn te raadpleeg nie. Raadpleeg 'n geregistreerde gesondheidspraktisyn as jy enige ander medisyne (soos litium) neem, insluitend chroniese, aanvullende of tradisionele medisyne; of hoë bloeddruk, gloukoom en / of detrusor-onstabieliteit (ooraktiewe blaasinstroom) het. Verbruik met ander medisyne (bv. bitter lemoen uittreksel, synephrine, octopamine, ephedra, efedrien) wat bloeddruk verhoog, word nie aanbeveel nie. Die gebruik van kafeïen kan lei tot slaaptkort. Verbruik met ander kafeïenbevattende produkte of voedsel (bv. medikasie, koffie, tee, colas, kakao, guarana, maté) word nie aanbeveel nie.

SWANGERSKAP EN BORSVOEDING

Veiligheid tydens swangerskap en borsvoeding is nie vasgestel nie, raadpleeg u gesondheidsorgpraktisyn voor gebruik. As u swanger is of borsvoed, dink dat u swanger is of beplan om 'n baba te hê, raadpleeg u gesondheidsorgpraktisyn voordat u hierdie aanvulling neem.

HOE OM PHYTOMULTI® MULTIVITAMIN TE NEEM

Moenie medisyne wat vir u voorgeskryf is, met enige ander persoon deel nie. Neem altyd PHYTOMULTI® MULTIVITAMIN presies soos beskryf in hierdie inligtingsblad, of soos u dokter, gesondheidsorgpraktisyn voorgeskryf het. Raadpleeg jou dokter, apteker of gesondheidsorgpraktisyn as jy onseker is.

Aanwysings vir gebruik:

Volwassenes: Neem een (1) tablet per dag of soos voorgeskryf deur jou gesondheidspraktisyn.

Moenie meer as die aanbevole dosis neem nie.

AS JY MEER PHYTOMULTI® MULTIVITAMIN NEEM AS WAT JY MOET

In die geval van oordosering, raadpleeg u dokter of apteker. Indien nie een hiervan beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

AS JY VERGEET OM PHYTOMULTI® MULTIVITAMIN TE NEEM

Moenie 'n dubbele dosis neem om op te maak vir 'n dosis wat oorgeslaan is nie.

MOONTLIKE NUWE-EFFEKTE

PHYTOMULTI® MULTIVITAMIN kan nuwe-effekte hê. Indien jy enige van die volgende gedagnoseerde toestande het, raadpleeg jou gesondheidsorgpraktisyn voor gebruik: bloedsuikerstoornis, hartsiektes, diabetes, kop- en nekanker, swak en bros bene (osteoporose), prostaatkanker, 'n oorerlike oogtoestand wat swak nagsig en verlies aan visie (retinitis pigmentosa) veroorsaak, beroerte, lewersiekte, post-chirurgiese stentplasing, Gewisverlieschirurgie, prosedures om veroude are (angioplastie) te verbreed, beslagleggingsversteuring. As jy die volgende medisyne neem, raadpleeg asseblief jou gesondheidspraktisyn voordat jy neem: medisyne vir kanker (Chemoterapie), bloedstolling (Antikoagulant / Antiplaatjie-middels), Warfarin (Coumadin), Antibiotika vir Kanker (Antitumor Antibiotika), Antibiotika (Tetrasielien antibiotika), Amiodarone (Cordaron), Fenobarbital (Luminal), medisyne vir hoë bloeddruk (antihipertensiewe middels), 5-Fluorouracil, medisyne vir diabetes (Antidiabetes dwelms). As enige van die volgende gebeur, hou op om PHYTOMULTI® MULTIVITAMIN te gebruik en vertel jou dokter of gaan na die ongevalle-afdeling by jou naaste hospitaal:

- Allergiese reaksies- uitslag, jeuk / swelling (veral van die gesig / tong / keel), erge duiseligheid, probleme met asemhaling;

Dit is alles baie ernstige gevolge. As jy dit het, het jy dalk 'n ernstige reaksie op PHYTOMULTI® MULTIVITAMIN gehad. Jy mag dalk dringende mediese hulp of hospitalisasie nodig hê.

Nuwe-effekte wat gewoonlik nie mediese hulp benodig nie (rapporteur aan u gesondheidsorgpraktisyn as dit voortduur):

- naarheid / braking.

WATTER PHYTOMULTI® MULTIVITAMIN BEVAT

Elke een (1) tablet van PHYTOMULTI® MULTIVITAMIN bevat die volgende aktiewe:

Proprietêre phytonutriëntmengsel: Sitrus bioflavonoïed kompleks [gestandaardiseer tot 45% hesperidin], groen koffieboon uittreksel [gestandaardiseer tot 45% chlorogene suur], granaat heel vrugte uittreksel [gestandaardiseer tot 21.6 mg galliensuur- ekwivalente (GAE)], druiwessaad uittreksel [gestandaardiseer tot 85% oligomere proantosianidiene], bloubessie (Vaccinium spp.) vrugte-uittreksel [gestandaardiseer tot 20% totale polifenole en 15% antosianiene], groen teeblaar uittreksel [gestandaardiseer tot 60% katekiene en 40% EGCG], bitter spanspek vrugte uittreksel, pruimedant vel uittreksel [gestandaardiseer tot 50% polifenole], waterkers lugdele 4: 1 uittreksel, Chinese kaneel (Cinnamomum cassia) basispoei, Indiese gom Arabiese boombas en kernhout uittreksel [gestandaardiseer tot 6% katekiene], roosmaryn uittreksel [gestandaardiseer tot 7.6% min som van karnosol + karnosiensuur], artjapokblaar uittreksel [bevat sinariene en chlorogene suur] Vitamiën C (as askorbiensuur en askorbipalmitaat) Pantoteensuur (as kalsium D- pantothenaat) Vitamiën E (as D-alfa- tokoferylakusinaat) Vitamiën B3 (as Niacinamide en niasien) Magnesium (as magnesiumsitraat) Cholien (as Cholienbitartaat) Myo-Inositol Vitamiën B1 (as tiamienmonositraat) Vitamiën B6 (as Pyridoxine HCl) Vitamiën B2 (riboflavien) Sink (as sinkisitraat) Resveratrol (van Polygonum cuspidatum wortel uittreksel)	200 mg	Luteien [van goudsblomboom (Tagetes erecta)]	3 mg
Vitamiën C (as askorbiensuur en askorbipalmitaat)	60 mg	Likopeen	3 mg
Pantoteensuur (as kalsium D- pantothenaat)	37,5 mg	Zeaxanthin [van goudsblomboom (Tagetes erecta)]	1 mg
Vitamiën E (as D-alfa- tokoferylakusinaat)	33,5 mg	Koper (as kopersitraat)	0,5 mg
Vitamiën B3 (as Niacinamide en niasien)	25 mg	Mangaan (as mangaansitraat)	0,25 mg
Magnesium (as magnesiumsitraat)	20 mg	Vitamiën A (50% van gemengde karotenoïede en 50% as retinietsetaat)	1500 µg
Cholien (as Cholienbitartaat)	12,5 mg	Folaat (as kalsium L-5- metietetrahydrofolaat)	680 µg DFE
Myo-Inositol	12,5 mg	Vitamiën H (Biotien)	250 µg
Vitamiën B1 (as tiamienmonositraat)	12,5 mg	Chroom (as chromopolinicotinaat)	100 µg
Vitamiën B6 (as Pyridoxine HCl)	12,5 mg	Vitamiën B12 (as metielkobalamien)	100 µg
Vitamiën B2 (riboflavien)	7,5 mg	Jodium (as kaliumjodied)	75 µg
Sink (as sinkisitraat)	7,5 mg	Vitamiën K (as Phytonadione)	60 µg
Resveratrol (van Polygonum cuspidatum wortel uittreksel)		Selenium (as Selenium aspartaat)	50 µg
		Molibdeen (as Molibdeen aspartaatkompleks)	25 µg
		Vitamiën D (as Cholecalciferol)	12,5 µg (500 IE)

† As Metafolin®. Metafolin® is 'n geregistreerde handelsmerk van Merck KGaA, Darmstadt Duitsland

Onaktiewe bestanddele: Mikrokrystallyne sellulose, kroskarmellosenatrium, sellulose, steariensuur (groente), silika en laag [hypromellose, mediumketting trigliseriede, hidroksi-propylselleulose en natriumkoperchlorofillien (kleurstof)]. Hierdie produk is suiwerly en is nie-GGO. BEVAT KAFÊËN

Nie alle nuwe-efekte en interaksies wat vir PHYTOMULTI® MULTIVITAMIN gerapporteer word, is by hierdie inligtingsblad ingesluit nie. Indien jou algemene gesondheid vererger of as jy enige nadelige effekte ervaar tydens die gebruik van hierdie medisyne, raadpleeg asseblief jou dokter, apteker of ander gesondheidsorgpraktisyn vir raad. As jy enige nuwe-efekte sien wat nie in hierdie inligtingsblad genoem word nie, stel asseblief jou dokter, apteker of gesondheidsorgpraktisyn in kennis.

AANMELDING VAN NUWE-EFFEKTE

As jy nuwe-efekte ervaar, praat met jou dokter, apteker of ander gesondheidsorgpraktisyn. U kan ook nuwe-efekte aan SAHPRA rapporteer via "6.04 Adverse Drug Reaction Reporting Form", wat aanlyn gevind word onder SAHPRA se publikasies:

<https://www.sahpra.org.za/Publications/Index/8>. Deur nuwe-efekte aan te meld, kan u help om meer inligting te verskaf oor die veiligheid van PHYTOMULTI® MULTIVITAMIN.

HOE OM PHYTOMULTI® MULTIVITAMIN TE BERÊ

Bêre alle medisyne buite bereik van kinders.

Bêre in 'n koel, donker plek, onder 25 °C.

Beskermt teen direkte sonlig en hitte.

Bêre in die oorspronklike verpakking.

Moet nie gebruik word na die vervaldatum wat op die bottel aangedui word nie.

Moenie PHYTOMULTI® MULTIVITAMIN gebruik as u sigbare tekens van agteruitgang opmerk nie.

Moenie ongebruikte medisyne in dreine of rioolstelsels (bv. toilette) weggooi nie.

AANBIEDING VAN PHYTOMULTI® MULTIVITAMIN

30 TABLETTE: 'n Wit 175 ml HDPE-bottel met 'n wit dop, induksiesêel, peuter-krimpsêel, watte en silikagetsakkie.

60 TABLETTE: 'n Wit 250 ml HDPE-bottel met 'n wit dopple, induksiesêel, peuter-krimpsêel, wattering en silikagetsakkie.

IDENTIFIKASIE VAN PHYTOMULTI® MULTIVITAMIN

Groen, bedekte, langwerpige tablet.

REGISTRASIONOMMER

Om deur SAHPRA toegeken te word by registrasie.

TOEGANG TOT DIE OOREENSTEMMENDE PROFESSIONELE**INLIGTING**

Skandeer QR-kode.

HIERDIE INLIGTINGSBLAD IS LAAS HERSIEN OP

02 Januarie 2025

NAAM EN ADRES VAN REGISTRASIEHOUDER

Versprei deur:

Amipro Advanced Development Products (Pty) Ltd
Unit 3, Eastgate Business Park, 1 South Road, Eastgate Extension,
Sandton, 2146

Tel: 011-802-8101

