

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: S0
Category D: Complementary medicine.
Discipline: Discipline Specific
33.7 Combination Product



PROPRIETARY NAME, STRENGTH, PHARMACEUTICAL FORM –

PHYTOMULTI® MULTIVITAMIN with Iron,

30 & 60 Tablets

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

- **PHYTOMULTI® MULTIVITAMIN WITH IRON** is available without a doctor's prescription. Nevertheless, you still need to use **PHYTOMULTI® MULTIVITAMIN WITH IRON** carefully to get the best results from it.
- Keep this leaflet. You may need to read it again.
- Do not share **PHYTOMULTI® MULTIVITAMIN WITH IRON** with any other person.
- Ask your pharmacist or healthcare professional if you need more information or advice.

WHAT IS IN THIS LEAFLET

- What **PHYTOMULTI® MULTIVITAMIN WITH IRON** is and what it is used for. What you need to know before you take **PHYTOMULTI® MULTIVITAMIN WITH IRON**.
- How to take **PHYTOMULTI® MULTIVITAMIN WITH IRON**. Possible side effects. How to store **PHYTOMULTI® MULTIVITAMIN WITH IRON**. Contents of the pack and other information.

WHAT PHYTOMULTI® MULTIVITAMIN WITH IRON CONTAINS

Each one (1) tablet of PHYTOMULTI® MULTIVITAMIN WITH IRON contains the following actives:

Proprietary Phytonutrient Blend of Citrus bioflavonoid complex [5:1 extract standardized to 45% hesperidin], Green coffee (Coffea arabica) [bean extract standardized to 45% chlorogenic acid], Pomegranate (Punica granatum) [Whole fruit 225:1 extract standardized to 21.6 mg gallic acid equivalents (GAE)], Grape seed extract (Vitis vinifera) [Seed 12:1 extract standardized to 85% oligomeric proanthocyanidins], Blueberry (Vaccinium spp.) [Fruit 70:1 extract standardized to 20% total polyphenols and 15% anthocyanins], Green tea (Camellia sinensis) [Leaf 25:1 extract standardized to 60% catechins and 40% EGCG], Bitter melon (Momordica charantia) [Fruit 10:1 extract], Prune skin (Prunus domestica) [Fruit 10:1 extract standardized to 50% polyphenols], Watercress (Nasturtium officinale) [aerial parts 4:1 extract], Chinese cinnamon (Cinnamomum cassia) [bark powder], Indian gum Arabic tree (Acacia nilotica) [Bark and heartwood 5:1 extract standardized to 6% catechins], Rosemary (Rosmarini folium) [Leaf 10:1 extract standardized to 7.6% min sum of carnosol+ carnosic acid], Artichoke (Cynara scolymus) [Leaf extract containing cynarin and chlorogenic acid]	200 mg	Lycopene	3 mg
Vitamin C (as Ascorbic acid & Ascorbyl palmitate);	60 mg	Zeaxanthin [from Marigold flowers (Tagetes erecta)]	1 mg
Vitamin B5 (as Calcium D-pantothenate)	37,5 mg	Copper (as Copper citrate)	0,5 mg
Vitamin E (as D-alpha tocopheryl succinate)	33,5 mg	Manganese (as Manganese citrate)	0,25 mg
Vitamin B3 (as Niacinamide & Niacin)	25 mg	Vitamin A (as Mixed carotenoids)	750 mcg
Magnesium (as Magnesium citrate)	20 mg	Vitamin A (as Retinyl acetate)	750 mcg
Choline (as Choline bitartrate)	12,5 mg	Folate (as Calcium L-5-methyltetrahydrofolate)	400 mcg
Myo-Inositol	12,5 mg	Vitamin H (as biotin)	250 mcg
Vitamin B1 (as thiamine mononitrate)	12,5 mg	Chromium (as Chromium polycitronate)	100 µg
Vitamin B6 (as Pyridoxine HCl)	12,5 mg	Vitamin B12 (as Methylcobalamin)	100 µg
Iron (as Ferrous bis-glycinate)	9 mg	Iodine (as Potassium iodide)	75 µg

TAKING OTHER MEDICINES WITH PHYTOMULTI® MULTIVITAMIN WITH IRON

Complementary medicine products contain ingredients which may interact with some medication. If you are taking any chronic medication, do not use this product without consulting your medical practitioner. Consult a registered healthcare professional if you are taking any other medicine (such as lithium) including chronic, complementary, or traditional medicines; or have high blood pressure, glaucoma, and/or detrusor instability (overactive bladder syndrome). Consumption with other medicines (e.g. bitter orange extract, synephrine, octopamine, ephedra, ephedrine) which increase blood pressure is not recommended. Use of caffeine may result in sleep deprivation. Consumption with other caffeine-containing products or foods (e.g. medications, coffee, tea, cola, cocoa, guarana, maté) is not recommended.

HOW TO TAKE PHYTOMULTI® MULTIVITAMIN WITH IRON

Do not share medicines prescribed for you with any other person. Always take **PHYTOMULTI® MULTIVITAMIN WITH IRON** exactly as described in this leaflet, or as your doctor, healthcare provider has instructed you. You should check with your doctor, pharmacist or healthcare provider if you are unsure.

DRIVING AND USING MACHINES

It is not always possible to predict to what extent **PHYTOMULTI® MULTIVITAMIN WITH IRON** may interfere with the daily activities of a patient. Patients should ensure that they do not engage in activities relating to requiring mental alertness, judgement and/or sound co-ordination and vision e.g. driving, riding, flying, sailing, operating machines/equipment, until they are aware of the measure to which **PHYTOMULTI® MULTIVITAMIN WITH IRON** may affect you.

Directions for use:

Adults: Take one (1) tablet daily or as directed by your healthcare practitioner. Do not take more than the recommended dose.

IF YOU TAKE MORE PHYTOMULTI® MULTIVITAMIN WITH IRON THAN YOU SHOULD

In the event of overdose, consult your doctor, pharmacist. Should none of these be available, contact the nearest hospital or poison control centre.

IF YOU FORGET TO TAKE PHYTOMULTI® MULTIVITAMIN WITH IRON

Do not take a double dose to make up for a missed dose.

POSSIBLE SIDE EFFECTS

PHYTOMULTI® MULTIVITAMIN WITH IRON may have side effects. Should you have any of the following diagnosed conditions, consult with your healthcare professional before use: Bleeding disorders, Heart disease, Diabetes, Head and neck cancer, Weak and brittle bones (osteoporosis), Prostate cancer, An inherited eye condition that causes poor night vision and loss of side vision (retinitis pigmentosa), Stroke, Liver disease, Post-surgical stent placement, Weight loss surgery, Procedures to widen narrowed arteries (angioplasty), Seizure disorder. If you are taking the following medication, please consult with your healthcare practitioner before taking. Medications changed by the liver, Medications for cancer (Chemotherapy), blood clotting (Anticoagulant / Antiplatelet drugs), Warfarin (Coumadin), Antibiotics for Cancer (Antitumor Antibiotics), Antibiotics (Tetracycline antibiotics), Amiodarone (Cordarone), Phenobarbital (Luminal), Medications for high blood pressure (antihypertensive drugs), 5-Fluorouracil, Medications for diabetes (Antidiabetes drugs). If any of the following happens, stop using **PHYTOMULTI® MULTIVITAMIN WITH IRON** and tell your doctor or go to the casualty department at your nearest hospital:

- Allergic reactions— rash, itching/swelling (especially of the face/tongue/throat), severe dizziness, trouble breathing.

These are all very serious effects. If you have them, you may have had a serious reaction to **PHYTOMULTI® MULTIVITAMIN WITH IRON**. You may need urgent medical attention or hospitalisation.

Side effects that usually do not require medical attention (report to your healthcare professional if they continue):

- nausea/vomiting.

Not all side effects and interactions reported for **PHYTOMULTI® MULTIVITAMIN WITH IRON** are included in this leaflet.

Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor, pharmacist or healthcare professional.

REPORTING OF SIDE EFFECTS

If you experience side effects, talk to your doctor, pharmacist or other healthcare professional. You can also report side effects to SAHPRA via "6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications:

<https://www.sahpra.org.za/Publications/Index/8>. By reporting side

effects, you can help provide more information on the safety of **PHYTOMULTI® MULTIVITAMIN WITH IRON**.

STORAGE AND DISPOSING OF PHYTOMULTI® MULTIVITAMIN WITH IRON

Store all medicines out of the reach of children.

Store in a cool, dark place, below 25 °C.

Protect from direct sunlight and heat.

Store in the original packaging.

Do not use after the expiry date stated on the bottle.

Do not use **PHYTOMULTI® MULTIVITAMIN WITH IRON** if you notice visible signs of deterioration.

Vitamin B2 (as Riboflavin)	7,5 mg	Vitamin K (as Phytionadione)	60 µg
Zinc (as Zinc citrate)	7,5 mg	Selenium (as Selenium aspartate)	50 µg
Resveratrol (from Polygonum cuspidatum root extract)	5 mg	Molybdenum (as Molybdenum aspartate complex)	25 µg
Lutein (from Marigold flowers (Tagetes erecta))	3 mg	Vitamin D (as Cholecalciferol)	12,5 µg (500 I.U.)

Inactive Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating/hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (colour). **This product is dairy free and is non-GMO. CONTAINS CAFFEINE WHAT PHYTOMULTI® MULTIVITAMIN WITH IRON IS AND WHAT IT IS USED FOR**

PHYTOMULTI® MULTIVITAMIN WITH IRON offers a proprietary blend of 13 concentrated plant extracts and phytonutrients sourced from nature to support cellular health, healthy aging, nutritional balance, and daily wellbeing. **BEFORE YOU TAKE PHYTOMULTI® MULTIVITAMIN WITH IRON**

If you are taking any chronic medication, do not use this product without consulting your healthcare provider. Do not take **PHYTOMULTI® MULTIVITAMIN WITH IRON** if you are hypersensitive (allergic) to any of the ingredients. If you have allergies, be sure to check with your healthcare professional before taking this supplement. **Surgery:** Stop taking **PHYTOMULTI® MULTIVITAMIN WITH IRON** at least two weeks before scheduled surgery. **Antibiotics:** Take your antibiotics 2 hours before or after taking **PHYTOMULTI® MULTIVITAMIN WITH IRON**. **Laboratory tests:** Active ingredients in **PHYTOMULTI® MULTIVITAMIN WITH IRON** may alter the results of tests. Please tell your healthcare practitioner that you are taking **PHYTOMULTI® MULTIVITAMIN WITH IRON** before having any laboratory tests. This medicine has not been evaluated by the SAHPRA for quality, safety, or intended use.

PREGNANCY AND BREASTFEEDING

Safety during pregnancy and breastfeeding has not been established, consult with your healthcare professional before use. If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult with your healthcare professional before taking this supplement.

Document Reference: PMWVI.PILCMP 01-25

PASIËNT INLIGTINGSBLAD

SKEDULERINGSSTATUS [\[50\]](#)

Kategorie D: Komplementêre medisyne.
Dissipline: Dsissiplinespesifiek
33.7 Kombinasie produk

HANDELSNAAM EN DOSEERVORM,

PHYTOMULTI® MULTIVITAMIN WITH IRON, 30 & 60 Tablette

LEES HIERDIE INLIGTINGSBLAD NOUKEURIG, WANT DIT BEVAT BELANGRIKE INLIGTING VIR U

- **PHYTOMULTI® MULTIVITAMIN WITH IRON** is beskikbaar sonder doktersvoorskrif.
- U moet steeds **PHYTOMULTI® MULTIVITAMIN WITH IRON** versigtig gebruik om die beste resultate daaruit te kry.
- Hou hierdie inligtingsblad. Miskien moet u dit weer lees.
- Moenie **PHYTOMULTI® MULTIVITAMIN WITH IRON** met enige ander persoon deel nie.
- Vra jou apteker of gesondheidsorgpraktisyn of jy meer inligting of advies benodig.

WAT IS IN HIERDIE INLIGTINGSBLAD

- Wat **PHYTOMULTI® MULTIVITAMIN WITH IRON** is en waarvoor dit gebruik word. Wat jy moet weet voordat jy **PHYTOMULTI® MULTIVITAMIN WITH IRON** neem.
- Hoe om **PHYTOMULTI® MULTIVITAMIN WITH IRON** te neem.
- Moontlike nuwe-effekte. Hoe om **PHYTOMULTI® MULTIVITAMIN WITH IRON** te bêre. Inhoud van die pak en ander inligting

WAT IS PHYTOMULTI® MULTIVITAMIN WITH IRON KAPSULES EN WAARVOOR WORD DIT GEBRUIK

PHYTOMULTI® MULTIVITAMIN WITH IRON bied 'n proprietêre mengsel van 13 gekonsentreerde plantekstrakte en fitonutriënte afkomstig van die natuur om sellêre gesondheid, gesonde veroudering, nutriënt balans en daaglikse welstand te ondersteun.

VOORDAT JY PHYTOMULTI® MULTIVITAMIN WITH IRON NEEM

As jy enige chroniese medisyne neem, moenie hierdie produk gebruik sonder om jou gesondheidsorgpraktisyn te raadpleeg nie. Moenie **PHYTOMULTI® MULTIVITAMIN WITH IRON** neem as jy hipersensitief (allergies) is vir enige van die bestanddele nie. As jy allergieë het, maak seker dat jy met jou gesondheidsorgpraktisyn gaan voordat jy hierdie aanvulling neem. **Chirurgie:** Hou op om **PHYTOMULTI® MULTIVITAMIN WITH IRON** ten minste twee weke voor die geskeduleerde operasie te neem. **Antibiotika:** Neem jou antibiotika 2 ure voor of na die neem van **PHYTOMULTI® MULTIVITAMIN WITH IRON**.

Laboratoriumtoets: Aktiewe bestanddele in **PHYTOMULTI® MULTIVITAMIN WITH IRON** kan die resultate van toets verander. Vertel asseblief jou gesondheidsorgpraktisyn dat jy **PHYTOMULTI® MULTIVITAMIN WITH IRON** neem voordat jy enige laboratoriumtoets ondergaan.

Hierdie medisyne is nie deur die SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie. Hierdie medisyne is nie deur SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie.

BESTUUR EN GEBRUIK VAN MASIËNE

Dit is nie altyd moontlik om te voorspel in watter mate **PHYTOMULTI® MULTIVITAMIN WITH IRON** die daaglikse aktiwiteite van 'n pasiënt kan belemmer nie. Pasiënte moet seker maak dat hulle nie betrokke raak by aktiwiteite wat verband hou met die eerste van verstandelike waaksaamheid, oordeel en/of gesonde kognisie en visie nie, byvoorbeeld bestuur, ry, vlieg, seil, bedryfsmasjien/toerusting, totdat hulle bewus is van die mate waartoe **PHYTOMULTI® MULTIVITAMIN WITH IRON** jou beïnvloed.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

PRESENTATION OF PHYTOMULTI® MULTIVITAMIN WITH IRON

30 TABLETS: A white 175 ml HDPE bottle with a white cap, induction seal, tamper shrink seal, wadding and silica gel sachet.

60 TABLETS: A white 250 ml HDPE bottle with a white cap, induction seal, tamper shrink seal, wadding and silica gel sachet.

IDENTIFICATION OF PHYTOMULTI® MULTIVITAMIN WITH IRON Green, coated, oblong tablet.

REGISTRATION NUMBER –

To be allocated by SAHPRA upon registration.

ACCESS TO THE CORRESPONDING PROFESSIONAL INFORMATION

Scan QR code.

THIS LEAFLET WAS LAST REVISED ON

02 January 2025

NAME AND ADDRESS OF REGISTRATION HOLDER

Distributed by:

Amipro Advanced Development Products (Pty) Ltd
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Tel: 011-802-8101



NEEM VAN ANDER MEDISYNE SAAM MET PHYTOMULTI® MULTIVITAMIN WITH IRON

Komplementêre medisyne produkte bevat bestanddele wat met sommige medisyne 'n interaksie kan hê. As jy enige chroniese medisyne gebruik, moenie hierdie produk gebruik sonder om jou gesondheidsorgpraktisyn te raadpleeg nie. Raadpleeg 'n geregistreerde gesondheidspraktisyn as jy enige ander medisyne (soos litium) neem, insluitend chroniese, aanvullende of tradisionele medisyne; of hoë bloeddruk, gloukoom en / of detrusor-onstabieliteit (oorkaktiewe blaassindroom) het. Verbruik met ander medisyne (bv. bitter lemoen uitreksel, synephrine, octopamine, ephedra, efedrien) wat bloeddruk verhoog, word nie aanbeveel nie. Die gebruik van kafeïen kan lei tot slaaptkort. Verbruik met ander kafeïenbevattende produkte of voedsel (bv. medikasie, koffie, tee, colas, kakao, guarana, maté) word nie aanbeveel nie.

SWANGERSKAP EN BORSVOEDING

Veiligheid tydens swangerskap en borsvoeding is nie vasgestel nie, raadpleeg u gesondheidsorgpraktisyn voor gebruik. As u swanger is of borsvoed, dink dat u swanger is of beplan om 'n baba te hê, raadpleeg u gesondheidsorgpraktisyn voordat u hierdie aanvulling neem.

HOE OM PHYTOMULTI® MULTIVITAMIN WITH IRON TE NEEM

Moenie medisyne wat vir u voorgeskryf is, met enige ander persoon deel nie. Neem altyd **PHYTOMULTI® MULTIVITAMIN WITH IRON** presies soos beskryf in hierdie inligtingsblad, of soos u dokter, gesondheidsorgpraktisyn voorgeskryf het. Raadpleeg jou dokter, apteker of gesondheidsorgpraktisyn as jy onseker is.

Aanwysings vir gebruik: Volwasse: Neem een (1) tablet per dag of soos voorgeskryf deur jou gesondheidspraktisyn. **Moenie meer as die aanbevele dosis neem nie.**

AS JY MEER PHYTOMULTI® MULTIVITAMIN WITH IRON NEEM AS WAT JY MOET

In die geval van oordosering, raadpleeg u dokter of apteker. Indien nie en hiervan beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

AS JY VERGET OM PHYTOMULTI® MULTIVITAMIN WITH IRON TE NEEM

Moenie 'n dubbele dosis neem om op te maak vir 'n dosis wat oorgeslaan is nie.

MOONTLIKE NUWE-EFFEKTE

PHYTOMULTI® MULTIVITAMIN WITH IRON kan nuwe-effekte hê. Indien jy enige van die volgende gedagnoseerde toestande het, raadpleeg jou gesondheidsorgpraktisyn voor gebruik:

bloedingsversteurings, hartsiektes, diabetes, kop- en nekanker, swak en bros bene (osteoporose), prostaatanker, 'n oorerflike oogtoestand wat swak nagsig en verlies aan visie (retinitis pigmentosa)

veroorzaak, beroerte, lewersiekte, post-chirurgiese stentplasing, Gewigsverlieschirurgie, prosedures om veroude are (angioplastie) te verbreed, bestaeggingsversteuring. As jy die volgende medisyne neem, raadpleeg asseblief jou gesondheidspraktisyn voordat jy neem:

medisyne vir kanker (Chemoterapie), bloedstolling (Antikoagulant / Antiplaatjie-middels), Warfarin (Coumadin), Antibiotika vir Kanker (Antitumor Antibiotika), Antibiotika (Tetrasikline antibiotika),

Amiodarone (Cordarone), Fenobarbital (Luminal), medisyne vir hoë bloeddruk (antihypertensiewe middels), 5-Fluorouracil, medisyne vir diabetes (Antidiabetiese dwelms). As enige van die volgende gebeur, hou op om **PHYTOMULTI® MULTIVITAMIN WITH IRON** te gebruik en vertel jou dokter of gaan na die ongevalle-afdeling by jou naaste hospitaal: Allergiese reaksies- uitslag, jeuk / swelling (veral van die gesig / tong / keel), erge duiseligheid, probleme met asemhaling;

Dit is alles baie ernstige gevolge. As jy dit het, het jy dalk 'n ernstige reaksie op **PHYTOMULTI® MULTIVITAMIN WITH IRON** gehad. Jy mag dalk dringende mediese hulp of hospitalisasie nodig hê.

Nuwe-effekte wat gewoonlik nie mediese hulp benodig nie (rapporteer aan u gesondheidsorgpraktisyn as dit voortduur): naardheid / braking.

WATTER PHYTMULTI® MULTIVITAMIN WITH IRON BEVAT

Eke een (1) tablet van PHYTMULTI® MULTIVITAMIN WITH IRON bevat die volgende aktiewe:

Eie Phytonutrient Blend van: Citrus bioflavonoïed kompleks [5: 1 uittrekstel gestandaardiseer tot 45% hesperidin], Groen koffie (Coffea racibica) [doontjie uittrekstel gestandaardiseer tot 45% chlorogeen suur], Granaat (Punica granatum) [Heel vrugte 225: 1 uittrekstel gestandaardiseer tot 21,6 mg galliensuur-ekwivalente (GAE)], Druivesaad uittrekstel (Vitis vinifera) [Saad 12: 1 uittrekstel gestandaardiseer tot 85% algemene proantosiandiene], Bioubessie (Vaccinium spp.) [Vrugte 70: 1 uittrekstel gestandaardiseer tot 20% totale polifenole en 15% antosiandiene], Groen tee (Camellia sinensis) [Blaar 25: 1 uittrekstel gestandaardiseer tot 60% katekine en 40% EGCG], Bitter spanspek (Momordica charantia) [Vrugte 10: 1 uittrekstel], Snoelie (Prunus domestica) [Vrugte 10: 1 uittrekstel gestandaardiseer tot 50% polifenole], Waterkers (Nasturtium officinale) [lugtelie 4: 1 uittrekstel], Chinese kaneel (Cinnamomum cassia) [baspoer], Indiese gom Arabiese boom (Acacia mitchala) [Bas en kerhout 5: 1 uittrekstel gestandaardiseer tot 6% katekine], Roosmaryn (Rosmarini folium) [Blaar 10: 1 uittrekstel gestandaardiseer tot 7,6% minimum som van karnosol + karnosiensuur], Artisjok (Cynara scolymus) [Blaarekstrak wat sinariene en chlorogeen suur bevat]	200 mg	Likopeen	3 mg
Vitamiën C (as askorbiensuur en askorbipalmitaat)	60 mg	Zeaxanthin [van goudbloemlosers (Tagetes erecta)]	1 mg
Vitamiën B5 (as kalsium D-pantothenaat)	37,5 mg	Koper (as koperstraat)	0,5 mg
Vitamiën E (as D-alfa-tokoferylsuksinaat)	33,5 mg	Mangaan (as mangaansitraat)	0,25 mg
Vitamiën B3 (as Niacinamide & Niacin)	25 mg	Vitamiën A (as gemengde karotenolede)	750 mcg
Magnesium (as magnesiumsitraat)	20 mg	Vitamiën A (as retiniesetaat)	750 mcg
Cholien (as Cholienbitartraat)	12,5 mg	Folaat (as kalsium L-5-metielietetrahidrofolaat)	400 mcg
Myo-inositol	12,5 mg	Vitamiën H (as biotien)	250 mcg
Vitamiën B1 (as tiamienmononittraat)	12,5 mg	Chroom (as chroompolinicotinaat)	100 mcg
Vitamiën B6 (as Pyridoxine HCl)	12,5 mg	Vitamiën B12 (as metielkobalamien)	100 µg
Yster (as ysterhoudende bis-glycinaat)	9 mg	Jodium (as kaliumjodied)	75 µg
Vitamiën B2 (as riboflavin)	7,5 mg	Vitamiën K (as Phytonadione)	60 µg
Sink (as sinksittraat)	7,5 mg	Selenium (as Selenium aspartaat)	50 µg

Inaktiewe bestanddele: Mikrokristallyne sellulose, kroskarmellosenaatrium, sellulose, steariensuur (groente), silika en laag [Hypromellose, mediumketting triglisieriede, hidrokispropylselleulose en natriumkoperchlorofillien (kleurstof)]. **Hierdie produk is suiwelvry en is nie-GGO. BEVAT KAFÉÏEN**

Nie alle nuwe-effekte en interaksies wat vir PHYTMULTI® MULTIVITAMIN WITH IRON gerapporteer word, is by hierdie inligtingsblad ingesluit nie. Indien jou algemene gesondheid vererger of as jy enige nadelige effekte ervaar tydens die gebruik van hierdie medisyne, raadpleeg asseblief jou dokter, apteker of ander gesondheidsorgpraktisyn vir raad. As jy enige nuwe-effekte sien wat nie in hierdie inligtingsblad genoem word nie, stel asseblief jou dokter, apteker of gesondheidsorgpraktisyn in kennis.

AANMELDING VAN NUWE-EFFEKTE

As jy nuwe-effekte ervaar, praat met jou dokter, apteker of ander gesondheidsorgpraktisyn. U kan ook nuwe-effekte aan SAHPRA rapporteer via "6.04 Adverse Drug Reaction Reporting Form", wat aanlyn gevind word onder SAHPRA se publikasies:

<https://www.sahpra.org.za/Publications/Index/8>. Deur nuwe-effekte aan te meld, kan u help om meer inligting te verskaf oor die veiligheid van PHYTMULTI® MULTIVITAMIN WITH IRON.

HOE OM PHYTMULTI® MULTIVITAMIN WITH IRON TE BERÛ

Bêre alle medisyne buite bereik van kinders.

Bêre in 'n koel, donker plek, onder 25 °C.

Beskermt teen direkte sonlig en hitte.

Bêre in die oorspronklike verpakking.

Moet nie gebruik word na die vervaldatum wat op die bottel aangedui word nie.

Moenie PHYTMULTI® MULTIVITAMIN WITH IRON gebruik as u sigbare tekens van agteruitgang opmerk nie.

Moenie ongebruikte medisyne in dreine of rioolstelsels (bv. toilette) weggooi nie.

AANBIEDING VAN PHYTMULTI® MULTIVITAMIN WITH IRON

30 TABLETTE: 'n Wit 175 ml HDPE-bottel met 'n wit dop, induksieseel, peuter-krimpspeël, watte en silikagelsakkie.

60 TABLETTE: 'n Wit 250 ml HDPE-bottel met 'n wit doppie, induksieseel, peuterkrimpspeël, wattering en silikagelsakkie.

IDENTIFIKASIE VAN PHYTMULTI® MULTIVITAMIN WITH IRON

Groen, bedekte, langwerpe tablet.

REGISTRASIONOMMER

Om deur SAHPRA toegeken te word by registrasie.

TOEGANG TOT DIE OORREENSTEMMENDE PROFESSIONELE INLIGTING Skandeer QR-kode.

HIERDIE INLIGTINGSBLAD IS LAAS HERSIEN OP

02 Januarie 2025

NAAM EN ADRES VAN REGISTRASIEHOUER

Versprei deur:

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