

PROFESSIONAL INFORMATION

SCHEDULING STATUS: **S0**

Category D: Complementary medicine.

Discipline: Health Supplement

34.8 Polyphenols

PROPRIETARY NAME, STRENGTH, PHARMACEUTICAL FORM –

QUERCETIN, 60 Capsules

COMPOSITION

Each one (1) capsule of QUERCETIN contain the following actives:

Quercetin 500 mg

Inactive Ingredients: Capsule (hydroxypropylmethylcellulose), magnesium stearate (vegetable), microcrystalline cellulose and silica.

This product is suitable for vegetarians, gluten and dairy free (Sugar Free)

PHARMACOLOGICAL CLASSIFICATION

Complementary Medicine

INDICATION & PHARMACOLOGICAL ACTION

QUERCETIN is designed to support your immune system, support heart and blood vessel health, and fight off damaging free radicals with its powerful antioxidant capabilities.

Ingredients	Uses for ingredient
Quercetin	Antioxidant and anti-inflammatory properties, supporting immune health and reducing symptoms associated with allergies.

CONTRA INDICATIONS:

If you are taking any chronic medication, do not use this product without consulting your healthcare professional. Do not take QUERCETIN if you are hypersensitive (allergic) to any of the ingredients. If you have allergies, be sure to check with your healthcare professional before taking this supplement.

Surgery: Stop taking QUERCETIN at least two weeks before scheduled surgery.

Antibiotics: Take your antibiotics 2 hours before or after taking QUERCETIN.

Laboratory tests: Active ingredients in QUERCETIN may alter the results of tests. Please tell your healthcare practitioner that you are taking QUERCETIN before having any laboratory tests.

WARNING AND SPECIAL PRECAUTIONS

Should you have any of the following diagnosed conditions, consult with your healthcare professional before use: kidney disorders. If you are taking the following medication, please consult with your healthcare professional before taking: Blood thinners (e.g., Warfarin), Cytochrome P450 substrates (e.g., certain statins), Antihypertensive medications, Chemotherapy drugs, Immunosuppressants. If any of the following happens, stop using QUERCETIN and tell your doctor or go to the casualty department at your nearest hospital:

- Allergic reactions— rash, itching/swelling (especially of the face/tongue/throat), severe dizziness, trouble breathing;



These are all very serious effects. If you have them, you may have had a serious reaction to QUERCETIN. You may need urgent medical attention or hospitalisation.

Side effects that usually do not require medical attention (report to your healthcare professional if they continue):

- Gastrointestinal discomfort, headaches.

These are all very serious effects. If you have them, you may have had a serious reaction to QUERCETIN. You may need urgent medical attention or hospitalisation.

Seek advice from a healthcare professional if you have any medical condition. Discontinue use immediately should any adverse reaction occur.

Read this leaflet carefully because it contains important information for you. This product is available without a doctor's prescription.

- Keep this leaflet. You may need to read it again.
- Do not share medication with any other person.
- Ask your pharmacist if you need more information or advice.
- You must consult a doctor should your condition worsen or does not improve.

DO NOT USE THIS PRODUCT:

- If you are hypersensitive (allergic) to any of the ingredients listed.
- Do not accept this package if seals are broken.

INTERACTIONS

Always tell your healthcare professional if you are taking any other medicine. It is possible that exposure of certain supplement ingredients may interfere with certain medications. (See **Warnings & Special precautions**)

DOSAGE AND DIRECTIONS FOR USE

Adults: Take 1 (one) capsule one to two times daily or as directed by your healthcare practitioner.

Do not take more than the recommended dose.

SIDE EFFECTS

Should your general health worsen, or if you experience any untoward effects while being exposed to this product, please consult your doctor, pharmacist or other healthcare professional for advice.

KNOWN SYMPTOMS OF OVER DOSAGE AND PARTICULARS OF ITS TREATMENT

See side-effects.

Treatment:

Discontinue use and consult your doctor, pharmacist or other healthcare professional for advice.

STORAGE INSTRUCTION

Store in a cool, dark place, below 25 °C.

Protect from direct sunlight and heat.

Store in the original bottle.

Keep the bottle tightly closed.

Replace the protective cap after each use.

Do not use after the expiry date stated on the bottle.

Do not use QUERCETIN if you notice visible signs of deterioration.

IDENTIFICATION

Clear vegetable capsule with yellow granules.

PRESENTATION

A white 175 ml HDPE bottle with a white cap, induction seal, tamper shrink seal, wadding and silica gel sachet.

REGISTRATION NUMBER

To be allocated by SAHPRA upon registration.

This medicine has not been evaluated by SAHPRA for quality, safety, or intended use.

NAME AND BUSINESS ADDRESS OF APPLICANT

Distributed by:

Ampiro Advanced Development Products (Pty) Ltd
Unit 3, Eastgate Business Park, 1 South Road, Eastgate Extension,
Sandton, 2146
Tel: 011-802-8101

DATE OF PUBLICATION

To be allocated by the regulatory authority.

PROFESIONELE INLIGTINGSBLAD

SKEDULERINGSSTATUS: 50

Kategorie D: Komplementêre medisyne.

Dissipline: Gesondheidsaanvulling

34.8 Polifenole

HANDELSNAAM EN DOSEERVORM,

QUERCETIN, 60 Kapsules

SAMESTELING

Elke (1) kapsule QUERCETIN bevat die volgende aktiewe stowwe:
Quercetin 500 mg

Onaktiewe bestanddele: Kapsule (hidroksiopropylmetiellselulose), magnesiumstearaat (groente), mikrokristallyne selulose en silika.

Hierdie produk is geskik vir vegetariërs, gluten- en suiwelvry (suikervry)

FARMAKOLOGIESE KLASIFIKASIE

Komplementêre medisyne

AANDUIDING EN FARMAKOLOGIESE WERKING

QUERCETIN is ontwerp om jou immuunstelsel te ondersteun, hart- en bloedvatgesondheid te ondersteun en skadelike vrye radikale te beveg met sy kragtige antioksidantvermoëns.

Dit is alles baie ernstige gevolge. As jy dit het, het jy dalk 'n ernstige reaksie op **QUERCETIN** gehad. Jy sal dalk dringende mediese hulp of hospitalisasie nodig hê.

Nuwe-effekte wat gewoonlik nie mediese hulp nodig nie (rapporteer aan jou gesondheidsorgpraktisyn as hulle voortduur):

- Gastro-intestinale ongemak, hoofpyn.
- Dit is alles baie ernstige gevolge. As u dit het, het u moontlik 'n ernstige reaksie op **QUERCETIN** gehad. Miskien het u dringende mediese hulp of hospitalisasie nodig.
- Raadpleeg 'n gesondheidsorgpraktisyn as u enige mediese toestand het.
- Staak gebruik onmiddellik indien enige nadelige reaksie plaasvind.
- Lees hierdie inligtingsblad aandagtig deur, want dit bevat belangrike inligting vir u.
- Hierdie produk is beskikbaar sonder doktersvoorskrif.
- Hou hierdie inligtingsblad. Miskien moet u dit weer lees.
- Moenie medisyne met enige ander persoon deel nie.
- Vra jou apteker of jy meer inligting of advies nodig.
- Jy moet 'n dokter raadpleeg indien jou toestand vererger of nie verbeter nie.

MOENIE HIERDIE PRODUK GEBRUIK NIE:

- As jy hipersensitief (allergies) is vir enige van die bestanddele wat gelys word.
- Jy moet nie hierdie produk aanvaar as seëls gebreek word nie.

INTERAKSIES

Vertel altyd jou gesondheidsorgpraktisyn as jy enige ander medisyne gebruik. Dit is moontlik dat blootstelling van sekere aanvullingsbestanddele met sekere medisyne 'n interaksie mag hê. (Sien **Waarskuwings en Spesiale Voorsorgmaatreëls**)

DOSIS EN AANWYSINGS VIR GEBRUIK

Volwasse Neem 1 (een) kapsule een tot twee keer per dag, of soos voorgeskryf deur jou gesondheidspraktisyn.

Moenie meer as die aanbevole dosis neem nie.

NUWE-EFFEKTE

Indien jou algemene gesondheid vererger of as jy enige nadelige effekte ervaar tydens die gebruik van hierdie aanvulling, raadpleeg asseblief jou dokter, apteker of ander gesondheidsorgpraktisyn vir raad. As jy enige nuwe-effekte sien wat nie in hierdie inligtingsblad genoem word nie, stel asseblief jou dokter, apteker of gesondheidsorgpraktisyn in kennis.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN

Sien nuwe-effekte.

Behandeling:

Staak gebruik en raadpleeg jou dokter, apteker of ander gesondheidsorgpraktisyn vir advies.

BERGING INSTRUKSIE

Bêre in 'n koel, donker plek, onder 25 °C.

Beskermt teen direkte sonlig en hitte.

Bêre n die oorspronklike bottel.

Hou die bottel styf toe.

Vervang die beskermende dop na elke gebruik.

Moet nie gebruik word na die vervaldatum wat op die bottel aangedui word nie.

Moenie **QUERCETIN** gebruik as u sigbare tekens van agteruitgang opmerk nie.

IDENTIFIKASIE

Deursigtig groentekapsule met geel korrels.

AANBIEDING

'n Wit 175 ml HDPE-bottel met 'n wit dop, induksiesel, peuterkrimpseël, spons en silikagelsakkie.

REGISTRASIE NOMMER

Om by registrasie deur SAHPRA toegeken te word.

Hierdie medisyne is nie deur SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie.

NAAM EN BESIGHEIDSADRES VAN APPLIKANT

Versprei deur:

Amipro Advanced Development Products (Pty) Ltd
Unit 3, Eastgate Business Park, 1 South Road,
Eastgate Extension,
Sandton, 2146,
Tel: 011- 802-8101

DATUM VAN PUBLIKASIE

Om deur die regulerende owerheid toegeken te word.

Bestanddele	Gebruik vir bestanddeel
Quercetin	Antioksidante en anti-inflammatoriese eienskappe, wat immuunsgondheid ondersteun en simptome wat met allergieë geassosieer word, verminder.

KONTRA-INDIKASIES:

As jy enige chroniese medisyne neem, moenie hierdie produk gebruik sonder om jou gesondheidsorgpraktisyn te raadpleeg nie. Moenie **QUERCETIN** neem as jy hipersensitief (allergies) is vir enige van die bestanddele nie. As jy allergieë het, maak seker dat jy met jou gesondheidsorgpraktisyn gaan praat voordat jy hierdie aanvulling neem. **Chirurgie:** Hou op om **QUERCETIN** ten minste twee weke voor die geskeduleerde operasie te neem. **Antibiotika:** Neem jou antibiotika 2 ure voor of na die neem van **QUERCETIN**.

Laboratoriumtoets: Aktiewe bestanddele in **QUERCETIN** kan die resultate van toets verander. Vertel asseblief jou gesondheidsorgpraktisyn dat jy **QUERCETIN** neem voordat jy enige laboratoriumtoets ondergaan.

WAARSKUWING EN SPESIALE VOORSORGMATREËLS

Indien jy enige van die volgende gediagnoseerde toestande het, raadpleeg jou gesondheidsorgpraktisyn voor gebruik: nierafwykings. As jy die volgende medisyne neem, raadpleeg asseblief jou gesondheidspraktisyn voordat jy neem: Bloedverdunner (bv. Warfarin), Sitochroom P450-substrate (bv. sekere staniene), Antihipertensiewe medikasie, Chemoterapiemiddels, Immuunonderdrukkers. As enige van die volgende gebeur, hou op om **QUERCETIN** te gebruik en vertel jou dokter of gaan na die ongevalle-afdeling by jou naaste hospitaal:

- Allergiese reaksies- uitslag, jeuk / swelling (veral van die gesig / tong / keel), erge duiseligheid, probleme met asemhaling,;