



# Serenagen®

## Traditional Herbal Stress Management Formula

Serenagen® is a classic herbal stress management formula based on traditional Chinese medicine.

### Why Serenagen?

- Designed for individuals who have feelings of anxiety and have difficulty resting due to stress
- Formulated for individuals who may have feelings of being overheated and flushed when stressed
- Herbs traditionally used to address organs and systems involved in the stress response

**Form:** 60 or 120 Tablets  
**Serving Size:** 2 Tablets

Ingredient	Amount Per Serving
A 4:1 Proprietary Herbal Extract Blend of:	1 g
Rehmannia Root (Rehmannia glutinosa),	
Schisandra Fruit (Schisandra chinensis),	
Jujube Fruit (Ziziphus spinosa),	
Dong Quai Root (Angelica sinensis),	
Chinese Asparagus Root (Asparagus cochinchinensis),	
Ophiopogon Root (Ophiopogon japonicus),	
Scrophularia Root (Scrophularia ningpoensis),	
Asian Ginseng Root (Panax ginseng),	
Chinese Salvia Root (Salvia miltiorrhiza),	
Poria Fungus (Wolfiporia cocos),	
Polygala Root (Polygala tenuifolia),	
Platycodon Root (Platycodon grandiflorum)	

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take two tablets daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** If taking medication consult your healthcare practitioner before use. Keep out of the reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

Certain persons, considered experts, may disagree with one or more of the foregoing statements, but the same are deemed, nevertheless, to be based on sound and reliable authority. No such statements shall be construed as a claim or representation as to Metagenics products, that they are offered for the diagnosis, cure, mitigation, treatment or prevention of any disease.