Metagenics

Tran-Q

Support for Stress Management

Tran-Q is a classic herbal stress management formula used in traditional Chinese medicine to relax the restless mind and body.

Why Tran-Q?

- Designed for individuals who have recurring thought patterns due to stress
- Traditionally used to help release tension in those who feel overwhelmed and physically tense
- Classically used to address multiple organs and systems involved in the stress response
- Ideal for those who are "stressed and worried"

Form: 60 Tablets
Serving Size: 1 Tablet

Ingredient:	Amount Per Serving
A 4:1† Proprietary Herbal Extract blend of: Polygala Root (Polygala tenuifolia), Jujube Fruit (Ziziphus spinosa), Poria Fungus (Poria cocos), Biota Seed (Biota orientalis), Gardenia Fruit (Gardenia jasminoides), Tangerine Peel (Citrus reticulata), Bai-Zhu Atractylodes Rhizome (Atractylodes macrocephala), Licorice Root (Glycyrrhiza uralensis), Platycodon Root (Platycodon grandiflorum), Rehmannia Root (Rehmannia glutinosa), Job's Tears Seed (Coix lachryma-jobi)	500 mg

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), and silica.

Directions: Take one tablet three times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free and vegetarian.

Caution: Do not use if pregnant or nursing. If taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

Certain persons, considered experts, may disagree with one or more of the foregoing statements, but the same are deemed, nevertheless, to be based on sound and reliable authority. No such statements shall be construed as a claim or representation as to Metagenics products, that they are offered for the diagnosis, cure, mitigation, treatment or prevention of any disease.