

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: S0

Category D: Complementary medicine.

Discipline: Discipline Specific

33.7 Combination Product

PROPRIETARY NAME, STRENGTH, PHARMACEUTICAL FORM –

ULTRACLEAR® RENEW, 756 g Powder

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

- **ULTRACLEAR® RENEW** is available without a doctor's prescription.
- Nevertheless, you still need to use **ULTRACLEAR® RENEW** carefully to get the best results from it.
- Keep this leaflet. You may need to read it again.
- Do not share **ULTRACLEAR® RENEW** with any other person.
- Ask your pharmacist or healthcare professional if you need more information or advice.

WHAT IS IN THIS LEAFLET

- What **ULTRACLEAR® RENEW** is and what it is used for.
- What you need to know before you take **ULTRACLEAR® RENEW**.
- How to take **ULTRACLEAR® RENEW**.
- Possible side effects.
- How to store **ULTRACLEAR® RENEW**.
- Contents of the pack and other information.

WHAT ULTRACLEAR® RENEW IS AND WHAT IT IS USED FOR

ULTRACLEAR® RENEW offers advanced support for detoxification, aiding the body's natural alkalization and metabolism processes.

BEFORE YOU TAKE ULTRACLEAR® RENEW

If you are taking any chronic medication, do not use this product without consulting your healthcare provider. Do not take **ULTRACLEAR® RENEW** if you are hypersensitive (allergic) to any of the ingredients. If you have allergies, be sure to check with your healthcare professional before taking this supplement. **Surgery:** Stop taking **ULTRACLEAR® RENEW** at least two weeks before scheduled surgery.

Antibiotics: Take your antibiotics 2 hours before or after taking **ULTRACLEAR® RENEW**. **Laboratory tests:** Active ingredients in **ULTRACLEAR® RENEW** may alter the results of tests. Please tell your healthcare practitioner that you are taking **ULTRACLEAR® RENEW** before having any laboratory tests.

This medicine has not been evaluated by the SAHPRA for quality, safety, or intended use.

WHAT ULTRACLEAR® RENEW CONTAINS

Each one (1) scoop (18 g) of **ULTRACLEAR® RENEW** contains the following actives:

Dipotassium phosphate (providing elemental potassium 365,7 mg and elemental phosphorus 114,6 mg)
Glycine
L-Alanine
Magnesium (as Magnesium citrate)

Vitamin C (as Ascorbic acid)
Rice Protein Matrix and Polyphenols from Hops *Humulus lupulus* L. [Cone Extract (standardized to 2,5 % xanthohumol)]
Potassium (as Potassium citrate)
Broccoli (*Brassica oleracea* L. var. *italica*) [Sprout and Floret Powder (myrosinase activity 30 mg glucose/kg) providing 0,38 mg sulforaphane potential from 0,75 mg glucoraphanin]
Calcium (as Calcium citrate)
L-Glutamine
L-Lysine (as L-lysine HCl)
DL-Methionine
Pomegranate (*Punica granatum* L.) [Whole Fruit Extract standardized to 36 mg gallic acid equivalent (GAE)]
L-Cysteine (as N-Acetyl-L-Cysteine)
Prune (*Prunus domestica*) [Fruit Extract]
Taurine

L-Tyrosine
L-Arginine
Ornithine (as Ornithine HCl)

Inactive Ingredients: Bamboo fibre, black carrot juice (colour), citric acid, gum acacia, guar gum, hibiscus juice (colour), hydrogenated palm oil, medium-chain triglycerides, natural flavours, olive oil, pea protein isolate, rice maltodextrin, rice protein concentrate, silica and xanthan gum. **Contains Sweetener:** Luo Han Guo fruit (monk fruit) extract (0,08 g) **This product is gluten & dairy free and is non-GMO.**

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PREGNANCY AND BREASTFEEDING

Safety during pregnancy and breastfeeding has not been established, consult with your healthcare professional before use. If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult with your healthcare professional before taking this supplement.

TAKING OTHER MEDICINES WITH ULTRACLEAR® RENEW

Complementary medicine products contain ingredients which may interact with some medication. If you are taking any chronic medication, do not use this product without consulting your medical practitioner.

HOW TO TAKE ULTRACLEAR® RENEW

Do not share medicines prescribed for you with any other person. Always take **ULTRACLEAR® RENEW** exactly as described in this leaflet, or as your doctor, healthcare provider has instructed you. You should check with your doctor, pharmacist or healthcare provider if you are unsure.

DRIVING AND USING MACHINES

It is not always possible to predict to what extent **ULTRACLEAR® RENEW** may interfere with the daily activities of a patient. Patients should ensure that they do not engage in activities relating to requiring mental alertness, judgement and/or sound co-ordination and vision e.g. driving, riding, flying, sailing, operating machines/equipment, until they are aware of the measure to which **ULTRACLEAR® RENEW** may affect you.

Directions for use: Adults: Shake canister before scooping. Blend, shake or briskly stir about 1 level scoop (18 grams) into 240 ml of chilled water or juice once daily. For highly sensitive individuals, consider reducing consumption to half a scoop with 120 to 150 ml of chilled water or juice once daily during the first 3-4 days before starting a full daily dose, or as directed by your healthcare practitioner. **Do not take more than the recommended dose.**

IF YOU TAKE MORE ULTRACLEAR® RENEW THAN YOU SHOULD

In the event of overdosage, consult your doctor, pharmacist. Should none of these be available, contact the nearest hospital or poison control centre.

IF YOU FORGET TO TAKE ULTRACLEAR® RENEW

Do not take a double dose to make up for a missed dose.

POSSIBLE SIDE EFFECTS

ULTRACLEAR® RENEW may have side effects.

Should you have any of the following diagnosed conditions, consult with your healthcare professional before use: Bleeding disorders, Heart disease, Diabetes, Head and neck cancer, Weak and brittle bones (osteoporosis), Prostate cancer, An inherited eye condition that causes poor night vision and loss of side vision (retinitis pigmentosa), Stroke, Liver disease, Post-surgical stent placement, Weight loss surgery, Procedures to widen narrowed arteries (angioplasty), Seizure disorder. If you are taking the following medication, please consult with your healthcare practitioner before taking. Medications changed by the liver, Medications for cancer (Chemotherapy), blood clotting (Anticoagulant / Antiplatelet drugs), Warfarin (Coumadin), Antibiotics (Tetracycline antibiotics), Amiodarone (Cordarone), Phenobarbital (Luminal), Medications for high blood pressure (antihypertensive drugs), 5-Fluorouracil, Medications for diabetes (Antidiabetes drugs). If any of the following happens, stop using **ULTRACLEAR® RENEW** and tell your doctor or go to the casualty department at your nearest hospital: Allergic reactions— rash, itching/swelling (especially of the face/tongue/throat), severe dizziness, trouble breathing. These are all very serious effects. If you have them, you may have had a serious reaction to **ULTRACLEAR® RENEW**. You may need urgent medical attention or hospitalisation. Side effects that usually do not require medical attention (report to your healthcare professional if they continue): nausea/vomiting.

Not all side effects and interactions reported for **ULTRACLEAR® RENEW** are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor, pharmacist or healthcare professional.

REPORTING OF SIDE EFFECTS

If you experience side effects, talk to your doctor, pharmacist or other healthcare professional. You can also report side effects to SAHPRA via "6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications:

<https://www.sahpra.org.za/Publications/Index/8>. By reporting side effects, you can help provide more information on the safety of **ULTRACLEAR® RENEW**.

STORAGE AND DISPOSING OF ULTRACLEAR® RENEW

Store all medicines out of the reach of children. Store in a cool, dark place, below 25 °C. Protect from direct sunlight and heat. Store in the original packaging. Do not use after the expiry date stated on the bottle. Do not use **ULTRACLEAR® RENEW** if you notice visible signs of deterioration. Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

PRESENTATION OF ULTRACLEAR® RENEW

756 g: A white 1,75L HDPE jar with a white cap, induction seal, tamper shrink seal.

IDENTIFICATION OF ULTRACLEAR® RENEW – Fine, tan powder.

REGISTRATION NUMBER – To be allocated by SAHPRA upon registration.

ACCESS TO THE CORRESPONDING PROFESSIONAL INFORMATION

Scan QR code.

THIS LEAFLET WAS LAST REVISED ON

03 January 2025

