



# Wellness Essentials Active

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## Why Wellness Essentials Active?

- Helps protect cells and maintain DNA stability with a proprietary blend of concentrated extracts and phytonutrients
- Provides a safer option for effective joint relief with a proprietary combination of selected plant components
- Provides broad joint health support with glucosamine, chondroitin, methylsulfonylmethane (MSM), and other nutrients
- Helps support healthy joints and other connective tissues by providing additional glucosamine, a naturally occurring compound in all connective tissues
- Supports heart health, mood, and overall health with quality-guaranteed omega-3 fatty acids manufactured and third-party tested in Norway to ensure greater purity.

**Form:** 30 Packets  
**Serving Size:** 1 Packet

Ingredient:	Amount Per Serving
Calories	20
Calories from Fat	20
Total Fat	3 g
Cholesterol less than	5 mg
Vitamin A (50% from mixed carotenoids and 50% as retinyl acetate)	5000 IU
Vitamin C (as ascorbic acid and ascorbyl palmitate)	90 mg
Vitamin D (as cholecalciferol)	500 IU
Vitamin E (as d-alpha tocopheryl succinate)	50 IU
Vitamin K (as phytonadione)	60 mcg
Thiamin (as thiamin mononitrate)	12.5 mg
Riboflavin	7.5 mg
Niacin (as niacinamide and niacin)	25 mg
Vitamin B6 (as pyridoxine HCl)	12.5 mg
Folate (as calcium L-5-methyltetrahydrofolate†)	400 mcg
Vitamin B12 (as methylcobalamin)	100 mcg
Biotin	250 mcg
Pantothenic Acid (as D-calcium pantothenate)	37.5 mg
Iodine (as potassium iodide)	75 mg
Magnesium (as magnesium citrate)	20 mg
Zinc (as zinc citrate)	15 mg
Selenium (as selenium aspartate and selenomethionine)	200 mcg
Copper (as copper citrate)	1.25 mg
Manganese (as manganese citrate)	1 mg
Chromium (as chromium polynicotinate)	100 mcg
Molybdenum (as molybdenum aspartate complex)	25 mcg
Potassium (from D-glucosamine sulfate potassium chloride)	120 mg
D-Glucosamine Sulfate (as D-glucosamine sulfate potassium chloride)	1.5 g
Methylsulfonylmethane (MSM)	500 mg
Chondroitin Sulfate	600 mg
Choline (as choline bitartrate)	12.5 mg
Inositol	12.5 mg
Lycopene	3 mg
Zeaxanthin	1 mg
Lutein	3 mg
Resveratrol (from Polygonum cuspidatum root extract)	5 mg
Proprietary Blend of:	350 mg
Tetrahydro-iso-alpha acids complex [from hops ( <i>Humulus lupulus</i> L.) cone extract]††,	
Rosemary ( <i>Rosmarinus officinalis</i> ) Leaf Extract, Oleanolic Acid [from olive ( <i>Olea europaea</i> )	
leaf extract]	
Oleanolic Acid (from olive leaf extract, <i>Olea europaea</i> )	200 mg
Proprietary Phytonutrient Blend of:	
Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract	
[standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to	
21.6 mg gallic acid equivalents (GAE)], grape seed extract [standardized to 90%	
polyphenols], blueberry ( <i>Vaccinium</i> spp.) fruit extract [standardized to 20% total	
polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60%	
catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardized to	
50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon ( <i>Cinnamomum</i>	
cassia) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to	
6% catechins], rosemary extract [standardized to 7.6% min sum of carnosol+carnosic	
acid], artichoke leaf extract [containing cynarin and chlorogenic acid]	
Marine Lipid Concentrate	2 g
EPA (Eicosapentaenoic acid)	600 mg
DHA (Docosahexaenoic acid)	400 mg

**PhytoMulti:**

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, silica, stearic acid (vegetable), and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

**OmegaGenics EPA-DHA 500:**

**Ingredients:** Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], gelatin, glycerin, purified water, natural lemon flavour, mixed tocopherols, rosemary extract, and ascorbyl palmitate. Contains: Fish (anchovy, sardine, and mackerel).

**Kaprex:**

**Other Ingredients:** Olive oil, gelatin, glycerin, yellow beeswax, water, and sodium copper chlorophyllin (colour).

**Glucosamine Sulfate 750:**

**Ingredients:** Glucosamine sulfate potassium chloride [crustacean shellfish (crab shells, shrimp)], microcrystalline cellulose, cellulose, ascorbic acid, stearic acid (vegetable), silica, croscarmellose sodium, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).  
**Contains: crustacean shellfish (crab shells, shrimp).**

**ChondroCare:**

**Ingredients:** Glucosamine sulfate potassium chloride [crustacean shellfish (crab shells, shrimp)], microcrystalline cellulose, chondroitin sulfate, methylsulfonylmethane, cellulose, croscarmellose sodium, stearic acid (vegetable), selenomethionine, zinc citrate, silica, copper citrate, manganese citrate, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Contains: crustacean shellfish (crab shells, shrimp).**

Each packet contains: 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), 3 ChondroCare tablets (white), 1 Kaprex softgel (dark green), and 1 Glucosamine Sulfate 750 tablet (off-white).

**Directions:** Take one packet daily or as directed by your healthcare practitioner.

**Products included are non-GMO and gluten free.**

**Caution:** Do not use if allergic to fish or shellfish. Do not use before surgery.

Certain persons, considered experts, may disagree with one or more of the foregoing statements, but the same are deemed, nevertheless, to be based on sound and reliable authority. No such statements shall be construed as a claim or representation as to Metagenics products, that they are offered for the diagnosis, cure, mitigation, treatment or prevention of any disease.