



Wellness Essentials® Men's Vitality

Targeted Support for Men's Health

Support vitality, libido, and overall wellness daily. Wellness Essentials Men's Vitality is formulated to target your unique nutritional needs to support men's health and maintain overall wellness

Why Wellness Essentials Men's Vitality?

- Multifaceted health support: PhytoMulti® the "smart multi" with essential nutrients and a proprietary blend of concentrated extracts and phytonutrients to help support cellular health and activate health potential.*
- Libido and healthy sexual function support: HisSynergy™ provides premium nutritional support for healthy male sexual function, libido, and vitality.*
- Testosterone and prostate health support: Testralin® provides key ingredients that may help promote healthy testosterone balance.*
- Cellular, immune and reproductive health support: Zinc A.G.™ is designed to be highly absorbable as a true amino chelate to help support cellular, immune and male reproductive health.*
- Heart health, mood, and overall health support:* OmegaGenics® EPA-DHA 500 is a quality-guaranteed omega-3 fatty acid formula manufactured and third-party tested to ensure greater purity.

Certain persons, considered experts, may disagree with one or more of the foregoing statements, but the same are deemed, nevertheless, to be based on sound and reliable authority. No such statements shall be construed as a claim or representation as to Metagenics products, that they are offered for the diagnosis, cure, mitigation, treatment or prevention of any disease.

Form: 30 Packets
Serving Size: 1 Packet

Ingredient:	Amount Per Serving
Calories	20
Calories from Fat	20
Total Fat	2g
Cholesterol less than 5 mg <2%*	<5mg
Vitamin A (50% from mixed carotenoids and 50% as retinyl acetate)	5000 IU
Vitamin C (as ascorbic acid and ascorbyl palmitate)	60 mg
Vitamin D (as cholecalciferol)	875 IU
Vitamin E (as d-alpha tocopheryl succinate)	50 IU
Vitamin K (as phytonadione)	60 mg
Thiamin (as thiamin mononitrate)	12.5 mg
Riboflavin	7.5 mg
Niacin (as niacinamide and niacin)	25 mg
Vitamin B6 (as pyridoxine HCl)	37.5 mg
Folate (as calcium L-5-methyltetrahydrofolate)	600 mcg
Vitamin B12 (as methylcobalamin)	115 mcg
Biotin	250 mcg
Pantothenic Acid (as D-calcium pantothenate)	37.5 mg
Iodine (as potassium iodide)	75 mcg
Magnesium (as magnesium citrate)	20 mg
Zinc (as zinc arginate, zinc glycinate, and zinc citrate)	30 mg
Selenium (as selenium aspartate and selenomethionine)	150 mcg
Copper (as copper citrate)	0.5 mg
Manganese (as manganese citrate)	0.25 mg
Chromium (as chromium polynicotinate)	100 mcg
Molybdenum (as molybdenum aspartate complex)	25 mcg
Tribulus (Tribulus terrestris) Fruit 10:1 Extract (containing saponins)	250 mg
Ashwagandha (Withania somnifera) Root 15:1 Extract (containing withanolides)	200 mg
Cowage (Mucuna pruriens) Seed Extract [standardized to 20% (10 mg) levodopa]	50 mg
Choline (as choline bitartrate)	12.5 mg
Inositol	12.5 mg
Lycopene	8 mg
Zeaxanthin	1 mg
Lutein	3 mg
Resveratrol (from Polygonum cuspidatum root extract)	5 mg
Proprietary Phytonutrient Blend of:	
Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 21.6 mg gallic acid equivalent (GAE)], grape seed extract, blueberry (Vaccinium spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (Cinnamomum cassia) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]	200 mg
Marine Lipid Concentrate	2 g
EPA (Eicosapentaenoic acid)	600 mg
DHA (Docosahexaenoic acid)	400 mg
Soybean Concentrate††	62.5 mg
Total Isoflavones (containing all forms of genistin, daidzin, and glycitin)	25 mg
Phytosterols (containing beta-sitosterol, stigmasterol, campesterol, and other plant sterols)	50 mg
Lignans [as secoisolariciresinol diglucosides, (SDG)] [from 125 mg flaxseed extract (Linum usitatissimum)]	25 mg
Decaffeinated††† Green Tea (Camellia sinensis) Leaf Extract [standardized to 60% (100 mg) catechins and 40% (67 mg) epigallocatechin gallate (EGCG)]	167 mg
Oleanolic Acid [from olive (Olea europaea) leaf extract]	5 mg
Turmeric (Curcuma longa) Rhizome Extract [standardized to 95% (75 mg) curcuminoids]	79 mg
Betaine (as betaine HCl)	37.5 mg

PhytoMulti:

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating [hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (colour)].

OmegaGenics EPA-DHA 500:

Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel shell (gelatin, glycerin, water), contains 2 percent or less of natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). Contains: Fish (anchovy, sardine, and mackerel).

Testralin:

Ingredients: Microcrystalline cellulose, decaffeinated††† green tea leaf extract, flax seed extract, turmeric rhizome extract, soy isoflavones (soy), phytosterols (soy), croscarmellose sodium, lycopene, betaine HCl, pyridoxine HCl, calcium silicate, selenomethionine, stearic acid (vegetable), zinc citrate, oleanolic acid, cholecalciferol, silica, calcium L-5-methyltetrahydrofolate, methylcobalamin, and coating [hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (colour)]. **Contains: Soy.**

HisSynergy:

Other Ingredients: Microcrystalline cellulose, capsule (hypromellose, water, sorbitol, and silica), magnesium stearate (vegetable), and silica.

Zinc A. G.:

Other Ingredients: Microcrystalline cellulose, capsule (hypromellose, water, sorbitol, and silica), silica, and magnesium stearate (vegetable).

Each packet contains: 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), 1 Testralin tablet (green), 1 Zinc A.G. capsule (cream), and 1 HisSynergy capsule (brown).

Directions: Take one packet daily or as directed by your healthcare practitioner.

Warning: If taking medication or other nutritional supplements, consult your healthcare practitioner. Excessive intake of vitamin A may be toxic and may contribute to osteoporosis. Keep out of the reach of children. Contains fish oil. Do not use if allergic to fish or fish oil.

Storage: Keep in a cool, dry place.

Products included are gluten-free

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