

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS 50

Category D: Complementary medicine.

Discipline: Discipline Specific

33.7 Combination Product

PROPRIETARY NAME, STRENGTH, PHARMACEUTICAL FORM –

WELLNESS ESSENTIALS® MEN'S VITALITY,

30 Packs

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

- **WELLNESS ESSENTIALS® MEN'S VITALITY** is available without a doctor's prescription.
- Nevertheless, you still need to use **WELLNESS ESSENTIALS® MEN'S VITALITY** carefully to get the best results from it.
- Keep this leaflet. You may need to read it again.
- Do not share **WELLNESS ESSENTIALS® MEN'S VITALITY** with any other person.
- Ask your pharmacist or healthcare professional if you need more information or advice.

WHAT IS IN THIS LEAFLET

- What **WELLNESS ESSENTIALS® MEN'S VITALITY** is and what it is used for.
- What you need to know before you take **WELLNESS ESSENTIALS® MEN'S VITALITY**.
- How to take **WELLNESS ESSENTIALS® MEN'S VITALITY**.
- Possible side effects.
- How to store **WELLNESS ESSENTIALS® MEN'S VITALITY**.
- Contents of the pack and other information.

WHAT WELLNESS ESSENTIALS® MEN'S VITALITY CONTAINS

Each one (1) pack of WELLNESS ESSENTIALS® MEN'S VITALITY contains the

following actives:

Proprietary Phytonutrient Blend of:	200 mg	Vitamin A (as Mixed carotenoids)	750 µg
Citrus bioflavonoid complex (5:1 extract standardized to 45% hesperidin-in), Green coffee (<i>Coffea arabica</i>) [bean extract standardized to 45% chlorogenic acid], Pomegranate (<i>Punica granatum</i>) [Whole fruit 225:1 extract standardized to 21,6 mg gallic acid equivalents (GAE)], Grape seed extract (<i>Vitis vinifera</i>) [Seed 12:1 extract standardized to 85% oligomeric proanthocyanidins], Blueberry (<i>Vaccinium spp.</i>) [Fruit 70:1 extract standardized to 20% total polyphenols and 15% anthocyanins], Green tea (<i>Camellia sinensis</i>) [Leaf 25:1 extract standardized to 60% catechins and 40% EGCG], Bitter melon (<i>Momordica charantia</i>) [Fruit 10:1 extract], Prune skin (<i>Prunus domestica</i>) [Fruit 10:1 extract standardized to 50% polyphenols], Watercress (<i>Nasturtium officinale</i>) [aerial parts 4:1 extract], Chinese cinnamon (<i>Cinnamomum cassia</i>) [bark powder], Indian gum Arabic tree (<i>Acacia nilotica</i>) [Bark and heartwood 5:1 extract standardized to 6% catechins], Rosemary (<i>Rosmarinus folium</i>) [leaf 10:1 extract standardized to 7.6% min sum of carnosol+carnosic acid], Artichoke (<i>Cynara scolymus</i>) [Leaf extract containing cynarin and chlorogenic acid]		Vitamin H (as biotin)	250 µg
Vitamin C (as Ascorbic acid)	56 mg	Chromium (as Chromium polynicotinate)	100 µg
Vitamin B5 (as Calcium D-pantothenate)	37,5 mg	Vitamin B12 (as Methylcobalamin)	100 µg
Vitamin E (as D-alpha tocopheryl succinate)	33,5 mg	Iodine (as Potassium iodide)	75 µg
Magnesium (as Magnesium citrate)	20 mg	Vitamin K (as Phytonadione)	60 µg
Vitamin B3 (as Niacinamide)	18,75 mg	Selenium (as Selenium aspartate)	50 µg
Choline (as Choline bitartrate)	12,5 mg	Molybdenum (as Molybdenum aspartate complex)	25 µg
Myo-Inositol	12,5 mg	Vitamin D (as Cholecalciferol)	12,5 µg (500 I.U.)
Vitamin B1 (as thiamine mononitrate)	12,5 mg	Saw Palmetto (<i>Serenoa repens</i>) [Berry Extract standardized to 45% (144 mg) fatty acids and sterols]	320 mg
Vitamin B6 (as Pyridoxine HCl)	12,5 mg	Marine Lipid Concentrate [fish (sardine, anchovy, & mackerel) oil]	2,5 g
		EPA (Eicosapentaenoic acid)	860 mg
		DHA (Docosahexaenoic acid)	580 mg
		Other Omega-3 Fatty Acids	160 mg
Vitamin B2 (as Riboflavin)	7,5 mg	Tribulus (<i>Tribulus terrestris</i>) [Fruit 10:1 Extract standardized to 40% (100 mg) saponins]	250 mg
Zinc (as Zinc citrate)	7,5 mg	Ashwagandha (<i>Withania somnifera</i>) [Root 15:1 Extract standardized to 1% (2 mg) withanolides]	200 mg
Vitamin B3 (as Niacin)	6,25 mg	Stinging Nettle (<i>Urtica dioica</i>) [Root 10:1 Extract]	100 mg
Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	5 mg	Cowage (<i>Mucuna pruriens</i>) [Seed 15:1 extract standardized to 20% (10 mg) levodopa]	50 mg
Vitamin C (as Ascorbyl palmitate)	4 mg	Glycine	50 mg
Lutein (from Marigold flowers [<i>Tagetes erecta</i>])	3 mg	L-Alanine	50 mg
Lycopene	3 mg	L-Glutamic Acid	50 mg
Zeaxanthin (from Marigold flowers [<i>Tagetes erecta</i>])	1 mg	Vitamin B6 (as pyridoxine HCl)	10 mg
Copper (as Copper citrate)	0,5 mg	Zinc (as zinc citrate)	7,5 mg
Manganese (as Manganese citrate)	0,25 mg	Lycopene	2 mg



TAKING OTHER MEDICINES WITH WELLNESS ESSENTIALS® MEN'S VITALITY

Complementary medicine products contain ingredients which may interact with some medication. If you are taking any chronic medication, do not use this product without consulting your medical practitioner. Consult a registered healthcare professional if you are taking any other medicine (such as lithium) including chronic, complementary, or traditional medicines; or have high blood pressure, glaucoma, and/or detrusor instability (overactive bladder syndrome). Consumption with other medicines (e.g. bitter orange extract, synephrine, octopamine, ephedra, ephedrine) which increase blood pressure is not recommended. Use of caffeine may result in sleep deprivation. Consumption with other caffeine-containing products or foods (e.g. medications, coffee, tea, colas, cocoa, guarana, maté) is not recommended.

HOW TO TAKE WELLNESS ESSENTIALS® MEN'S VITALITY

Do not share medicines prescribed for you with any other person. Always take **WELLNESS ESSENTIALS® MEN'S VITALITY** exactly as described in this leaflet, or as your doctor, healthcare provider has instructed you. You should check with your doctor, pharmacist or healthcare provider if you are unsure.

DRIVING AND USING MACHINES

It is not always possible to predict to what extent **WELLNESS ESSENTIALS® MEN'S VITALITY** may interfere with the daily activities of a patient. Patients should ensure that they do not engage in activities relating to requiring mental alertness, judgement and/or sound co-ordination and vision e.g. driving, riding, flying, sailing, operating machines/equipment, until they are aware of the measure to which **WELLNESS ESSENTIALS® MEN'S VITALITY** may affect you.

Directions for use:

Adults: Take contents of one (1) packet daily or as directed by your healthcare practitioner. **Do not take more than the recommended dose.**

IF YOU TAKE MORE WELLNESS ESSENTIALS® MEN'S VITALITY THAN YOU SHOULD

In the event of overdosage, consult your doctor, pharmacist. Should none of these be available, contact the nearest hospital or poison control centre.

IF YOU FORGET TO TAKE WELLNESS ESSENTIALS® MEN'S VITALITY

Do not take a double dose to make up for a missed dose.

POSSIBLE SIDE EFFECTS

WELLNESS ESSENTIALS® MEN'S VITALITY may have side effects. Should you have any of the following diagnosed conditions, consult with your healthcare professional before use: Bleeding disorders, Heart disease, Diabetes, Head and neck cancer, Weak and brittle bones (osteoporosis), Prostate cancer, An inherited eye condition that causes poor night vision and loss of side vision (retinitis pigmentosa), Stroke, Liver disease, Post-surgical stent placement, Weight loss surgery, Procedures to widen narrowed arteries (angioplasty), Seizure disorder. If you are taking the following medication, please consult with your healthcare practitioner before taking. Medications changed by the liver, Medications for cancer (Chemotherapy), blood clotting (Anticoagulant / Antiplatelet drugs), Warfarin (Coumadin), Antibiotics for Cancer (Antitumor Antibiotics), Antibiotics (Tetracycline antibiotics), Amiodarone (Cordarone), Phenobarbital (Luminal), Medications for high blood pressure (Antihypertensive drugs), 5-Fluorouracil, Medications for diabetes (Antidiabetes drugs). If any of the following happens, stop using **WELLNESS ESSENTIALS® MEN'S VITALITY** and tell your doctor or go to the casualty department at your nearest hospital:

- Allergic reactions— rash, itching/swelling (especially of the face/tongue/throat), severe dizziness, trouble breathing.

These are all very serious effects. If you have them, you may have had a serious reaction to **WELLNESS ESSENTIALS® MEN'S VITALITY**. You may need urgent medical attention or hospitalisation.

Side effects that usually do not require medical attention (report to your healthcare professional if they continue):

- nausea/vomiting.

Not all side effects and interactions reported for **WELLNESS ESSENTIALS® MEN'S VITALITY** are included in this leaflet.

Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor, pharmacist or healthcare professional.

REPORTING OF SIDE EFFECTS

If you experience side effects, talk to your doctor, pharmacist or other healthcare professional. You can also report side effects to SAHPRA via "6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications:

<https://www.sahpra.org.za/Publications/Index/8>. By reporting side effects, you can help provide more information on the safety of

WELLNESS ESSENTIALS® MEN'S VITALITY.

STORAGE AND DISPOSING OF WELLNESS ESSENTIALS® MEN'S VITALITY

Store all medicines out of the reach of children.

Store in a cool, dark place, below 25 °C.

Protect from direct sunlight and heat.

Store in the original packaging.

Do not use after the expiry date stated on the bottle.

Do not use **WELLNESS ESSENTIALS® MEN'S VITALITY** if you notice visible signs of deterioration.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

Vitamin A (as Retinyl acetate)	750 µg	Vitamin D (as Cholecalciferol)	5 µg (200 I.U.)
Folate (as Calcium L-5-methyltetrahydrofolate)	400 µg		

PhytoMulti Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), coating [hypromellose medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color)], and silica. Sugar Free

OmegaGenics EPA-DHA 500 Other Ingredients:

Testrain Other Ingredients:

HisSynergy Other Ingredients:

This product is dairy free, gluten free and is non-GMO. CONTAINS CAFFEINE
WHAT WELLNESS ESSENTIALS® MEN'S VITALITY IS AND WHAT IT IS USED FOR
WELLNESS ESSENTIALS® MEN'S VITALITY offers a convenient way to support men's overall wellness, featuring essential nutrients that promote cellular and cardiovascular health in a convenient oncedaily sachet. It also includes targeted herbal blends designed to enhance vitality, resilience and support healthy prostate and urinary function.

BEFORE YOU TAKE WELLNESS ESSENTIALS® MEN'S VITALITY

If you are taking any chronic medication, do not use this product without consulting your healthcare provider. Do not take **WELLNESS ESSENTIALS® MEN'S VITALITY** if you are hypersensitive (allergic) to any of the ingredients. If you have allergies, be sure to check with your healthcare professional before taking this supplement.

Surgery: Stop taking **WELLNESS ESSENTIALS® MEN'S VITALITY** at least two weeks before scheduled surgery. **Antibiotics:** Take your antibiotics 2 hours before or 4 hours after taking **WELLNESS ESSENTIALS® MEN'S VITALITY**. **Laboratory tests:** Active ingredients in **WELLNESS ESSENTIALS® MEN'S VITALITY** may alter the results of tests. Please tell your healthcare practitioner that you are taking **WELLNESS ESSENTIALS® MEN'S VITALITY** before having any laboratory tests.

This medicine has not been evaluated by the SAHPRA for quality, safety, or intended use.

PREGNANCY AND BREASTFEEDING

Safety during pregnancy and breastfeeding has not been established, consult with your healthcare professional before use. If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult with your healthcare professional before taking this supplement.

PRESENTATION OF WELLNESS ESSENTIALS® MEN'S VITALITY
 Branded carton with individually packed packets.

IDENTIFICATION OF WELLNESS ESSENTIALS® MEN'S VITALITY
Each packet contains: 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 720 softgels (golden yellow), 1 HisSynergy tablet, 1 Ultra Concentrated Prostagren

REGISTRATION NUMBER –

To be allocated by SAHPRA upon registration.

ACCESS TO THE CORRESPONDING PROFESSIONAL INFORMATION
 Scan QR code.

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NAME AND ADDRESS OF REGISTRATION HOLDER

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PASIEËNT INLIGTINGSBLAD

SKEDULERINGSSTATUS^[50]

Kategorie D: Komplementêre medisyne.

Dissipline: Dissiplinespesifiek

33.7 Kombinasie produk

HANDELSNAAM EN DOSEERVORM,

WELLNESS ESSENTIALS® MEN'S VITALITY, 30 Pakkies

LEES HIERDIE INLIGTINGSBLAD NOUKEURIG, WANT DIT BEVAT BELANGRIKE

INLIGTING VIR U

- WELLNESS ESSENTIALS® MEN'S VITALITY** is beskikbaar sonder doktersvoorskrif.
- U moet steeds **WELLNESS ESSENTIALS® MEN'S VITALITY** versigtig gebruik om die beste resultate daaruit te kry.
- Hou hierdie inligtingsblad. Miskien moet u dit weer lees.
- Moenie **WELLNESS ESSENTIALS® MEN'S VITALITY** met enige ander persoon deel nie.
- Vra jou apteker of gesondheidsorgpraktisyn of jy meer inligting of advies benodig.

WAT IS IN HIERDIE INLIGTINGSBLAD

- Wat WELLNESS ESSENTIALS® MEN'S VITALITY** is en waarvoor dit gebruik word.
- Wat jy moet weet voordat jy **WELLNESS ESSENTIALS® MEN'S VITALITY** neem.
- Hoe om **WELLNESS ESSENTIALS® MEN'S VITALITY** te neem.
- Moontlike newe-effekte.
- Hoe om **WELLNESS ESSENTIALS® MEN'S VITALITY** te bêre.
- Inhoud van die pak en ander inligting

WAT IS WELLNESS ESSENTIALS® MEN'S VITALITY KAPSULES EN WAARVOOR WORD DIT GEBRUIK

WELLNESS ESSENTIALS® MEN'S VITALITY bied 'n gerieflike manier om ondersteun mans se algehele welstand, met noodsaaklike voedingstowwe wat Bevorder sellulêre en kardiovaskulêre gesondheid in 'n gerieflike sakkie een keer per dag. Dit sluit ook geteikende kruie mengsels in wat ontwerp is om vitaliteit, veerkragtigheid te verbeter en gesonde prostaat- en urinêre funksie te ondersteun.

VOORDAT JY WELLNESS ESSENTIALS® MEN'S VITALITY NEEM

As jy enige chroniese medisyne neem, moenie hierdie produk gebruik sonder om jou gesondheidsorgpraktisyn te raadpleeg nie. Moenie **WELLNESS ESSENTIALS® MEN'S VITALITY** neem as jy hipersensitief (allergies) is vir enige van die bestanddele nie. As jy allergiese het, maak seker dat jy met jou gesondheidsorgpraktisyn gaan voordat jy hierdie aanvulling neem. **Chirurgie:** Hou op om **WELLNESS ESSENTIALS® MEN'S VITALITY** ten minste twee weke voor die geskeduleerde operasie te neem.

Antibiotika: Neem jou antibiotika 2 ure voor of 4 ure na die neem van **WELLNESS ESSENTIALS® MEN'S VITALITY**. **Laboratoriumtoets:** Aktiewe bestanddele in **WELLNESS ESSENTIALS® MEN'S VITALITY** kan die resultate van toets verander. Vertel asseblief jou gesondheidsorgpraktisyn dat jy **WELLNESS ESSENTIALS® MEN'S VITALITY** neem voordat jy enige laboratoriumtoets ondergaan.

Hierdie medisyne is nie deur SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie.

BESTUUR EN GEBRUIK VAN MASJIEËN

Dit is nie altyd moontlik om te voorspel in watter mate **WELLNESS ESSENTIALS® MEN'S VITALITY** die daaglikse aktiwiteite van 'n pasiënt kan belemmer nie. Pasiënte moet seker maak dat hulle nie betrokke raak by aktiwiteite wat verband hou met die vereiste van verstandelike waaksaamheid, oordeel en/of gesonde koördinasie en visie nie, byvoorbeeld bestuur, vr, vlieg, seil, bedryfsmasjien/toerusting, totdat hulle bewus is van die mate waartoe **WELLNESS ESSENTIALS® MEN'S VITALITY** jou beïnvloed.

NEEM VAN ANDER MEDISYNE SAAM MET WELLNESS ESSENTIALS® MEN'S VITALITY

Komplementêre medisyne produkte bevat bestanddele wat met sommige medisyne 'n interaksie kan hê. As jy enige chroniese medisyne gebruik, moenie hierdie produk gebruik sonder om jou gesondheidsorgpraktisyn te raadpleeg nie. Raadpleeg 'n geregistreerde gesondheidspraktisyn as jy enige ander medisyne (soos litium) neem, insluitend chroniese, aanvullende of tradisionele medisyne; of hoë bloeddruk, gloukoom en / of detrusor-onstabiliteit (ooraktywiteit blaasinstroom) het. Verbruik met ander medisyne (bv. bitter lemoen uittreksel, synephrine, octopamine, ephedra, efedrien) wat bloeddruk verhoog, word nie aanbeveel nie. Die gebruik van kafeïen kan lei tot slaaptkort. Verbruik met ander kafeïenbevattende produkte of voedsel (bv. medikasie, koffie, tee, colas, kakao, guarana, maté) word nie aanbeveel nie.

SWANGERSKAP EN BORSVOEDING

Veiligheid tydens swangerskap en borsvoeding is nie vasgestel nie, raadpleeg u gesondheidsorgpraktisyn voor gebruik. As u swanger is of borsvoed, dink dat u swanger is of beplan om 'n babat te hê, raadpleeg u gesondheidsorgpraktisyn voordat u hierdie aanvulling neem.

HOE OM WELLNESS ESSENTIALS® MEN'S VITALITY TE NEEM

Moenie medisyne wat vir u voorgeskryf is, met enige ander persoon deel nie. Neem altyd **WELLNESS ESSENTIALS® MEN'S VITALITY** presies soos beskryf in hierdie inligtingsblad, of soos u dokter, gesondheidsorgpraktisyn voorgeskryf het. Raadpleeg jou dokter, apteker of gesondheidsorgpraktisyn as jy onseker is.

Aanwysings vir gebruik:

Volwasse: Neem die inhoud van een (1) pakkie daaglik of soos voorgeskryf deur jou gesondheidspraktisyn.

Moenie meer as die aanbevole dosis neem nie.

AS JY MEER WELLNESS ESSENTIALS® MEN'S VITALITY NEEM AS WAT JY MOET

In die geval van oordosering, raadpleeg u dokter of apteker. Indien nie een hiervan beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

AS JY VERGET OM WELLNESS ESSENTIALS® MEN'S VITALITY TE NEEM

Moenie 'n dubbele dosis neem om op te maak vir 'n dosis wat oorgeslaan is nie.

MOONTLIKE NEWE-EFFEKTE

WELLNESS ESSENTIALS® MEN'S VITALITY kan newe-effekte hê. Indien jy enige van die volgende diagnoseerde toestande het, raadpleeg jou gesondheidsorgpraktisyn voor gebruik: bloedingversteurings, hartskietes, diabetes, kop- en nekanker, swak en bros bene (osteoporose), prostaatkanker, 'n oererlike oogtoestand wat swak nagsig en verlies aan visie (retinitis pigmentosa) veroorsaak, beroerte, lewersiekte, post-chirurgiese stentplasing, Gewigsverlieschirurgie, prosedures om vernoude are (angioplastie) te verbreed, beslagleggingsversteuring. As jy die volgende medisyne neem, raadpleeg asseblief jou gesondheidspraktisyn voordat jy neem: , medisyne vir kanker (Chemoterapie), bloedstolling (Antikoagulant / Antiplatelet-middels), Warfarin (Coumadin), Antibiotika vir Kanker (Antitumor Antibiotika), Antibiotika (Tetrasiklien antibiotika), Amiodarone (Cordarone), Fenobarbital (Luminal), medisyne vir hoë bloeddruk (antihypertensiewe middels), 5-Fluorouracil, medisyne vir diabetes (Antidiabetiese dwelms). As enige van die volgende gebeur, hou op om **WELLNESS ESSENTIALS® MEN'S VITALITY** te gebruik en vertel jou dokter of gaan na die ongevallende afdeling by jou naaste hospitaal:

- Allergiese reaksies- uitslag, jeuk / swelling (veral van die gesig / tong / keel), erge duiseligheid, probleme met asemhaling;

WATER WELLNESS ESSENTIALS® MEN'S VITALITY BEVAT

Elke een (1) pakkie van WELLNESS ESSENTIALS® MEN'S VITALITY bevat die volgende aktiewe:

Eie Phytonutrient Blend van:	200 mg	Vitamiën A (as gemengde karoteniolede)	750 µg
Sitrus bioflavonoïed kompleks [5: 1 uittreksel gestandaardiseer tot 45% hesperid- in], Groen koffie (<i>Coffea arabica</i>) [boontjie uittreksel gestandaardiseer tot 45% chlorogeen suur], Granaat (<i>Punica granatum</i>) [heel vrugte 225: 1 uittreksel gestandaardiseer tot 21,6 mg galliensuur-derivaleente (GAE)], Druivesaad uittreksel [VIPS <i>vinifera</i>] [Saad 12:1 uittreksel gestandaardiseer tot 85% oligomere proantosianidiene], Bloubessie (<i>Vaccinium spp.</i>) [Vrugte 70: 1 uittreksel gestandaardiseer tot 20% totale polifenole en 15% antosianiene], Groen tee (<i>Camellia sinensis</i>) [Blaar 25: 1 uittreksel gestandaardiseer tot 60% katekiene en 40% EGCG], Bitter spanspek (<i>Momordica charantia</i>) [Vrugte 10: 1 uittreksel], Snoeiwel (<i>Prunus domestica</i>) [Vrugte 10: 1 uittreksel gestandaardiseer tot 50% polifenole], Waterkers (<i>Nasturtium officinale</i>) [lugdele 4: 1 uittreksel], Chinese kaneel (<i>Cinnamomum cassia</i>) [baaspeel], Indiese gom Arabiese boom (<i>Acacia nilotica</i>) [Bas en kernhout 5: 1 uittreksel gestandaardiseer tot 6% katekiene], Roommaryn (<i>Rosmarini folium</i>) [Blaar 10: 1 uittreksel gestandaardiseer tot 7,6% minimum som van karnosol + karnosiensuur], Artisjok (<i>Cynara scolymus</i>) [Blaarekstrak wat sinien en chlorogeen suur bevat]	Vitamiën B (as biotien)	250 µg	
Vitamiën C (as askorbiensuur)	56 mg	Chroom (as chromopolinicotinaat)	100 µg
Vitamiën B5 (as kalsium D-pantotenaat)	37,5 mg	Vitamiën B12 (as metielkobalamien)	100 µg
Vitamiën E (as D-alfa-tokoferylakoniataat)	33,5 mg	Jodium (as kaliumjodie)	75 µg
Magnesium (as magnesiumsitraat)	20 mg	Vitamiën K (as Phytonadione)	60 µg
Vitamiën B3 (as Niasinamide)	18,75 mg	Selenium (as Selenium aspartaat)	50 µg
Cholien (as Cholienbitartaat)	12,5 mg	Molibdeen (as Molibdeen aspartaatkompleks)	25 µg
Myo-inositol	12,5 mg	Vitamiën D (as Cholecalciferol)	12,5 µg (500 IE)
Vitamiën B1 (as tiamienmononitraat)	12,5 mg	Saagpalmetto (<i>Serenoa repens</i>) [Bessie-uittreksel gestandaardiseer tot 45% (144 mg) vetsure en sterole]	320 mg
Vitamiën B6 (as Pyridoxine HCl)	12,5 mg	Mariene lipiedkonsentraat [vis (sardien; ansjovis; en makriel) olie]	2,5 gram
		EPA (Eicosapentaensuur)	860 mg
		DHA (Dokosaheksaensuur)	580 mg
		Ander Omega-3-vetsure	160 mg
Vitamiën B2 (as riboflavin)	7,5 mg	Tribulus (<i>Tribulus terrestris</i>) [Vrugte 10:1 uittreksel gestandaardiseer tot 40% (100 mg) saponiene]	250 mg
Sink (as sinkitraat)	7,5 mg	Ashwagandha (<i>Withania somnifera</i>) [Wortel 15:1 uittreksel gestandaardiseer tot 1% (2 mg) withanolides]	200 mg
Vitamiën B3 (as niasien)	6,25 mg	Brandnetel (<i>Urtica dioica</i>) [Wortel 10:1 uittreksel]	100 mg
Resveratrol (van <i>Polygonum cuspidatum</i> wortel uittreksel)	5 mg	Cowage (<i>Mucuna pruriens</i>) [Saad 15:1 uittreksel gestandaardiseer tot 20% (10 mg) levodopa]	50 mg
Vitamiën C (as askorbylpalmiataat)	4 mg	Glisien	50 mg
Luteien [van goudsbloemflosers (<i>Taraxacum officinale</i>)]	3 mg	L-alanien	50 mg
Likopeen	3 mg	L-glutamiensuur	50 mg
Zeaxanthin (van goudsbloemflosers (<i>Taraxacum officinale</i>))	1 mg	Vitamiën B6 (as piridoksien HCl)	10 mg
Koper (as kopersitraat)	0,5 mg	Sink (as sinkitraat)	7,5 mg
Mangaan (as mangaansitraat)	0,25 mg	Likopeen	2 mg
Vitamiën A (as retinielasetaat)	750 µg	Vitamiën D (as Cholecalciferol)	5 µg (200 IE)
Folaat (as kalsium L-5-metieltetrahidofolaat)	400 µg		

PhytoMulti: Ander Bestanddele: Mikrokrystallyne sellulose, croskarmellose-natrium, sellulose, steariensuur (groente), laag [hypermellose-mediumknetting trigliersiede, hidroksipropylsellulose, en natriumkoper, chlorofillien (kleur)], en silika. Suikervry

OmegaGenics EPA-DHA 500 Ander bestanddele:

Testralin Ander Bestanddele:

Synergy Ander bestanddele:

Hierdie produk is suiwelvry, glutenvry en is nie-GGO. BEVAT PAFÉÏEN

Dit is alles baie ernstige gevolge. As jy dit het, het jy dalk 'n ernstige reaksie op WELLNESS ESSENTIALS® MEN'S VITALITY gehad. Jy mag dalk dringende mediese hulp of hospitalisasie nodig hê.

Neuwe-effekte wat gewoonlik nie mediese hulp benodig nie (rapporteur aan u gesondheidsorgpraktisyn as dit voortduur):

- naarheid / braking.

Nie alle nuwe-effekte en interaksies wat vir WELLNESS ESSENTIALS® MEN'S VITALITY gerapporteer word, is by hierdie inligtingsblad ingesluit nie. Indien jou algemene gesondheid vererger of as jy enige nadelige effekte ervaar tydens die gebruik van hierdie medisyne, raadpleeg asseblief jou dokter, apteker of ander gesondheidsorgpraktisyn vir raad. As jy enige nuwe-effekte sien wat nie in hierdie inligtingsblad genoem word nie, stel asseblief jou dokter, apteker of gesondheidsorgpraktisyn in kennis.

AANMELDING VAN NUWE-EFFEKTE

As jy nuwe-effekte ervaar, praat met jou dokter, apteker of ander gesondheidsorgpraktisyn. U kan ook nuwe-effekte aan SAHPRA rapporteer via "6.04 Adverse Drug Reaction Reporting Form", wat aanlyn gevind word onder SAHPRA se publikasies:

<https://www.sahpra.org.za/Publications/Index/8>. Deur nuwe-effekte aan te meld, kan u help om meer inligting te verskaf oor die veiligheid van WELLNESS ESSENTIALS® MEN'S VITALITY.

HOE OM WELLNESS ESSENTIALS® MEN'S VITALITY TE BEREÏ

Bêre alle medisyne buite bereik van kinders.

Bêre in 'n koel, donker plek, onder 25 °C.

Beskerm teen direkte sonlig en hitte.

Bêre in die oorspronklike verpakking. Moet nie gebruik word na die vervaldatum wat op die bottel aangedui word nie.

Moenie WELLNESS ESSENTIALS® MEN'S VITALITY gebruik as u sigbare tekens van agteruitgang opmerk nie.

Moenie ongebruikte medisyne in dreine of rioolstelsels (bv. toilette) weggooi nie.

AANBIEDING VAN WELLNESS ESSENTIALS® MEN'S VITALITY

Handelsmerkartoon met individueel verpakte pakkies.

IDENTIFIKASIE VAN WELLNESS ESSENTIALS® MEN'S VITALITY

Elke pakkie bevat: 1 PhytoMulti tablet (groen), 2 OmegaGenics EPA-DHA 720 softgels (goudgeel), 1 HisSynergy tablet, 1 Ultra Concentrated Prostagren

REGISTRASIE NUMMER

Om deur SAHPRA toegeken te word by registrasie.

TOEGANG TOT DIE OOREENSTEMMENDE PROFESSIONELE INLIGTING

Skandeer QR-kode.

HIERDIE INLIGTINGSBLAD IS LAAS HERSIEN OP

05 Februarie 2025

NAAM EN ADRES VAN REGISTRASIEHOUER**Versprei deur:**

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